

## **Be Prepared**

The CERT Training Program offers disaster preparedness and team response training focused on the basic skills most commonly used in disasters.

### Can You Survive?

The answer is YES you can — if you are prepared. The key to surviving the aftermath of any disaster is planning ahead.

#### Who Can Be Part of CERT?

- ◆ Individuals who live or work in Santa Clara
- ◆ Neighborhood groups and associations
- ♦ Church groups
- ◆ Community organizations
- City employee groups and departments
- ♦ Business groups
- ♦ Must be a minimum of 16 years old



#### **Learn More**

For more information about CERT, to see the schedule for upcoming classes or to register, please reach out to us at:

SantaClaraCA.gov/CERT

Visit SantaClaraCA.gov/CERT Call the Office of Emergency Services at 408-615-4942 Email FDCert@SantaClaraCA.gov







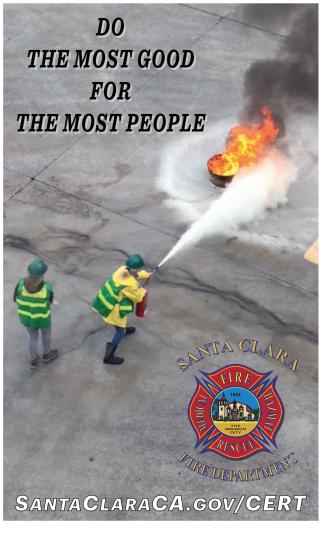
Santa Clara Office of Emergency Services 1500 Warburton Avenue Santa Clara, CA 95050

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# SANTA CLARA C.E.R.T. Training Program





### **Goal of the Program**

The Community Emergency Response Team (C.E.R.T.) Training Program is designed to help the City of Santa Clara be self-sufficient after a major disaster by developing a core of citizen responders trained in basic emergency skills.

After completing this program, you will be able to function as a member of a team or as a leader of on-site volunteers.

# **Program History**

As we all know, the Loma Prieta earthquake was not the "Big One" that was predicted. It was a wake-up call — a warning to get prepared. That night, thousands of people throughout the Bay Area volunteered to help. These spontaneous volunteers had little or no knowledge of disaster skills.

In 1995, in order to leverage this volunteer enthusiasm, the Santa Clara Fire Department began a community training program in basic disaster skills.



#### **Class Outline**

The Santa Clara CERT Training Program consists 21 hours of classroom and hands-on training classes taught by professional firefighters with extensive experience in emergency response. Training includes a wide variety of topics to prepare you for a disaster. Topics include:

- Earthquake awareness
- Personal, family and workplace preparation
- Non-structural hazard mitigation
- Emergency assistance team concept
- Terrorism and CERT
- Utility control when and how to shut it off
- Hazardous materials recognition
- Fire extinguisher use
- Disaster medicine
- Triage How to decide who to treat and when
- Assessment and care of minor injuries
- Burns
- Building damage recognition
- Light search and rescue techniques
- Lifting heavy objects
- Leadership structure
- Team response and management
- Disaster psychology
- Hands-on disaster exercise

# Do the Most Good For the Most People

Both the Loma Prieta and Northridge earthquakes have demonstrated the importance of civilian volunteers during a disaster.

Spontaneous volunteers are always first on the scene to conduct initial search, rescue and first aid. Santa Clara CERT trained personnel will communicate effectively and participate in disaster response efforts.



# Are YOU Ready?

Sixty-three people lost their lives in the 1989 Loma Prieta earthquake and the devastation was felt throughout the Bay Area.

#### But this was not the "BIG ONE"

The U.S. Geological Survey predicts there is a 72% chance that the Bay Area will be struck by a major earthquake within the next 30 years. When the BIG ONE hits, emergency services will be overwhelmed by the number of calls. It may be up to 72 hours before help can arrive.