



Commissioners Present: Commissioner Wanda Buck
Commissioner Bobbi Estrada
Commissioner Alma Garcia
Commissioner Grant McCauley
Commissioner Sam Orme
Commissioner Nancy Toledo

Staff: Jennifer Herb, Recreation Supervisor
Kimberly Castro, Recreation Manager

Guests: None

Matters for Council Action: None

1. Call to Order/Roll Call

The meeting was called to order by Chair Wanda Buck at 10:08 am.

2. Public Presentation - None

3. Approval of Minutes

On a motion by Commissioner Estrada, and a second by Commissioner Toledo, the Commission approved (6-0) the minutes for the regular meeting of September 26, 2016.

4. Approval of the Agenda

Upon call to order, a motion by Commissioner Buck, seconded by Commissioner Garcia, the Commissioner approved (6-0) the order of the agenda

5. Correspondence/Communications – None

6. Old Business

A. Flu shots at the Senior Center - October 4, 10:00 am – 12:00 pm – Supervisor Herb reported that the Senior Center had a good turnout for the service.

B. Age-Friendly Planning

- i. World Health Organization Application – Council member Davis worked with the Commission to walk them through the questions.

7. Committee Reports

A. Santa Clara Health & Wellness Fair – Commissioner McCauley is waiting to make contact with Health and Wellness Coordinator Mallory von Kugelgen. Commissioner Toledo suggested that the Tech Booth offer assistance with setting up security passwords and questions, as well as promote the Linkages program.

B. Age Friendly Cities – Recreation Manager Castro informed the Commission that the motion to Council will be on the October 25 agenda, and encouraged all of the

commissioners to attend the meeting. Commissioner Estrada thanked Commissioner Orme for his efforts involved in this project. Commissioner Toledo inquired whether the initiative could also involve younger ages and referred to safe routes for children walking to school. Commissioner Buck also added that she would like to see grandparents taking care of children included.

C. Elder Abuse Workshop – Commissioner Estrada shared with the Commission that she attended the Cyber Security Workshop at City Hall, which provided information on scams. Commissioner Garcia shared information about immigrant groups being targeted. Commissioner Orme shared information about a new scam from your internet provider.

D. Brain Improvement - Commissioner Orme shared an advertisement for medication which claims to help improve brain function, and inquired about how one would go about verifying whether or not it's a legitimate medication. Commissioner Toledo showed the Commission a National Geographic publication titled, "Your Brain – 100 Things You Didn't Know."

8. New Business

A. Senior Advisory Commission vacancy – Supervisor Herb informed the Commission that the application deadline for the vacant position is November 8, and asked members to reach out to contacts and encourage them to apply.

B. Senior Center Craft Fair, November 12 - Supervisor Herb informed the Commission about the upcoming event held from 9:00 am – 2:00 pm, and asked that the help promote the event.

C. Advocacy Training through the California Alliance for Retired Americans – Supervisor Herb shared that Agents for Change is beginning recruitment for the Advocacy Training.

9. Staff Reports

A. Tree Lighting held on Friday, December 2 from 5:00 - 9:00 pm, in Central Park. The Commission is invited to participate as volunteers at the event.

B. Carli Park playground recommendation – Supervisor Herb notified the Commission about the new playground "Forest" theme, recommended by the Parks and Recreation Commission.

C. Senior Center polling place, November 8 – Supervisor Herb reminded the Commission that the Senior Center will be a polling place on November 8.

D. Tour of San Carlos Senior Center – Supervisor Herb inquired about a date that works for the whole Commission. The group decided on November 28, after the Senior Advisory Meeting. Supervisor Herb will work with San Carlos Senior Center staff to organize the tour.

10. Commissioner Reports

A. Commissioner Garcia:

- i. Reported that there's a new article on the Santa Clara University Website, as to "How to be a Good Neighbor."
- ii. Shared information about an article in the San Jose Mercury, discussing a website for seniors, that offers resources to provide assistance with needs around the hours. Commissioner Orme informed the Commission that he has used a similar service.

B. Commissioner McCauley:

- i. Informed the Commission that the Mission City Community Fund will be honoring Council Member Marsalli on November 4, at the Great America Pavilion.

11. Conference and Attendance Reports

A. Supervisor Herb informed the Commission about the California Parks and Recreation Society Conference in March, 2017 and encouraged them to look into it if they were interested in attending.

12. Adjournment

On a motion by Commissioner Estrada and seconded by Commissioner Orme, the Commission (6-0) adjourned the meeting at 11:43 am.

Prepared by: _____

Jennifer Herb
Recreation Supervisor

Reviewed by: _____

Grant McCauley
Commission Secretary

Submitted by: _____

James Teixeira
Director of Parks and Recreation