



- Commissioners Present:** Commissioner Wanda Buck
Commissioner Bobbi Estrada
Commissioner Alma Garcia
Commissioner Sam Orme
Commissioner Nancy Toledo
- Commissioners Excused:** Commissioner Grant McCauley
- Staff:** Mallory von Kugelgen, Health and Wellness Coordinator
Omeed Adib, Office Specialist II
Lauren Council, TRS Recreation Coordinator
- Guests:** Frank Kadlecek, Sourcewise Advisory Council
Glenda Cresap – Executive Director, Heart of the Valley
Priscilla Haynes – Executive Santa Clara Methodist
Retirement Foundation
Debi Davis - City Council member
Ayesha Charagulla – Center for Age-Friendly Excellence
(CAFÉ)
Diana Miller - Program Manager, Senior's Agenda, Santa
Clara County Department of Aging and Adult Services

Matters for Council Action: Recommend (5-0-2) that Council adopt a resolution of support for the City of Santa Clara apply to become an Age-Friendly City through the World Health Organization.

1. **Call to Order/Roll Call**
The meeting was called to order by Chair Wanda Buck at 10:08 am.
2. **Public Presentation**
Frank Kadlecek, representative on the Sourcewise Advisor Council, shared **Growing Older, A Resource Guide for Families**, distributed by Senator Jim Beall's office. Frank also reported that Senior Center volunteer Peter Chen passed away. He recognized Peter's long years of service at the Senior Center and support of seniors.
3. **Approval of Minutes**
On a motion by Commissioner Garcia, and a second by Commissioner Buck, the Commission approved (5-0) the minutes for the regular meeting of August 29, 2016.
4. **Approval of the Agenda**
Upon call to order, a motion by Commissioner Buck, seconded by Commissioner Estrada, the Commissioner approved (5-0), to move Agenda Item 7B and 7Bi New Business Age-

Friendly Planning to the beginning of the agenda to accommodate Council Member Davis' schedule.

5. Correspondence/Communications (out of order)

A. Health and Wellness Coordinator Von Kugelgen informed the Commission that City Council will be conducting dinner meetings with City commissions and committees. The date for the Senior Advisory Commission is still pending, but looks to be in December.

6. Committee Reports (out of order)

A. Santa Clara Health & Wellness Fair – Commissioner McCauley absent. No report.

B. Age Friendly Cities – Commissioner Orme and McCauley: discussed in new business.

C. Elder Abuse Workshop – Commissioner Garcia and Estrada: would like more information on how to better coordinate events for the public in coordination with the Senior Center, so as not to be redundant or to conflict. Health and Wellness Coordinator Von Kugelgen referred them to Supervisor Herb.

D. Brain Improvement – Commissioner Orme and McCauley: Commissioner Orme would still like a presentation by Dr. Patti Simone, Santa Clara University, but is unsure on where progress on that stands, and would also like to change the name of this committee to Brain Health. Commissioner Buck requested that this discussion be tabled until another meeting when Commissioner McCauley can participate.

7. New Business (out of order)

A. Council Member Davis walked the Commissioners through the WHO Age Friendly application. Questions in the application were reviewed. Further work will be needed to complete the application. On a motion made by Commissioner Buck, and seconded by Commissioner Estrada the Senior Advisory Commission recommended (5-0-2) that Council adopt a resolution of support for the City of Santa Clara apply to become an Age-Friendly City through the World Health Organization.

B. Flu shots by the Santa Clara County Department of Public Health will be offered at the Santa Clara Senior Center on Tuesday, October 4, 2016, 10:00 am – 12:00 pm, in Room 222. Free to all ages 18+. Kaiser patients will need to receive their shots from Kaiser.

8. Old Business (out of order)

A. 2016 -2017 goals – Commissioner Buck suggest that the Commission may wish to revisit our goals at the next meeting after the work we do on Age Friendly.

B. Senior Center Health and Wellness Fair, May 2017 – The event will be held on May 20 from 10:00 am – 2:00 pm. Commissioner McCauley is heading the subcommittee. Health and Wellness Coordinator Von Kugelgen suggests partnering with the Santa Clara Women's League, who is submitting a grant to Kaiser for some funding. Commissioner Toledo suggests a "tech assistance" booth that could help seniors download apps and access reliable health information. Commissioner Estrada and Commissioner Garcia would like to include an Elder Abuse prevention booth.

C. San Carlos Senior Center Tour – Supervisor Herb is requesting a few Tuesday dates from the San Carlos Senior Center and will work with the Senior Advisory Commission to find a date that works for the Commissioners.

9. Staff Reports (out of order)

A. Health and Wellness Coordinator Von Kugelgen reported that the Art & Wine Festival went well.

B. Health and Wellness Coordinator Von Kugelgen informed the Commission that the Tree Lighting event will be held on Friday, December 2 from 5:00 - 9:00 pm, in Central Park. The Commission is invited to participate as volunteers at the event.

C. Health and Wellness Coordinator Von Kugelgen shared two good resources for learning about senior community issues:

- Senior's Agenda meetings, which are twice a year (next meeting on January 24, 2016)
- Aging Services Collaborative, which meets quarterly.
- Both organizations provide good overviews of current aging issues and activities, as well as topical speakers and networking opportunities. Both meetings are well attended by professionals in the aging community and are well worth the time to attend. Contact Health and Wellness Coordinator Von Kugelgen for more information.

10. Commissioner Reports - none

11. Conference and Attendance Reports - none

12. Adjournment

Motion by Commissioner Estrada, seconded by Commissioner Toledo, the Commission (5-0-2) adjourned the meeting in honor of Peter Chen, at 12:00 pm.

Prepared by: _____
Jennifer Herb
Recreation Supervisor

Reviewed by: _____
Grant McCauley
Commission Secretary

Submitted by: _____
Jennifer Herb
Recreation Supervisor