



AGENDA

Monday, June 26, 2017

Santa Clara Senior Center, Room 149

10:00 a.m. – 12:00 p.m., Regular Meeting

1. Call to Order and Roll Call
2. Public Presentation
 - A. TED Talk
 - i. Lisa Genova, "What You Can Do To Prevent Alzheimer's"
3. Approval of Agenda
4. Approval of May 22 meeting minutes
5. Correspondence & Announcements
6. Old Business
 - A. "Be Strong, Live Long," Health & Wellness Fair
7. Committee Reports
 - A. Elder Abuse Workshops
 - B. Brain Health
 - C. Age-Friendly City
8. New Business
 - A. Election of Officers
 - i. Chair
 - ii. Vice-chair
 - iii. Secretary
 - B. 2017-2018 Goals
9. Staff Reports
10. Commissioner Reports
11. Conference Attendance Reports
12. Adjournment to next regular scheduled meeting: July 24, at 10:00 a.m., Rm. 149



Commissioners Present: Commissioner Elphinstone Birch
Commissioner Wanda Buck
Commissioner Bobbi Estrada
Commissioner Alma Garcia
Commissioner Grant McCauley
Commissioner Sam Orme
Commissioner Nancy Toledo

Excused: None

Staff: Jennifer Herb, Recreation Supervisor
Kimberly Castro, Recreation Manager

Guests: None

Matters for Council Action: None

1. Call to Order/Roll Call

The meeting was called to order by Chair Wanda Buck at 10:03 a.m.

2. Public Presentation - None

3. Approval of the Agenda

Upon call to order, a motion by Commissioner Estrada, seconded by Commissioner Garcia, the Commission approved (7-0) to move New Business up to item 6.

4. Approval of April 24 meeting minutes

On a motion by Commissioner Estrada, and a second by Commissioner Garcia, the commission approved to have a discussion about the minutes. On a motion by Commissioner Estrada, and a second by Commissioner Birch, the commission approved (7-0) the minutes for the regular meeting of April 24, 2017.

5. Correspondence/Communications - None

6. New Business

- A. "Be Strong, Live Long," Health & Wellness Fair – Commissioner McCauley thanked the Commission for their help with the event, stating that he was very pleased with how it turned out. The rest of the Commissioner echoed his sentiments. Supervisor Herb asked the Commission to provide feedback in the form of "what when well, and what would we want to change." The feedback will be used for the planning of next year's event.

7. Old Business

- A. Senior Needs Assessment/GAP Analysis - Recreation Manager Castro walked the Commission through accessing the survey online. She also talked about the difference between the last survey, which was conducted back in 2009, and the current survey. As times change, so does the community. The goal is to get an up-to-date "picture" of what the community looks like in 2017. This survey will be translated into Vietnamese and Spanish. The Senior Center is looking for assistance with Portuguese, Mandarin, and Korean translation. Focus groups will be held for non-English speaking individuals. The survey will be available through July 14.
- B. NorCal Senior Symposium – No Commissioners were able to attend.

8. Committee Reports

- A. Santa Clara Health & Wellness Fair – See item 6
- B. Elder Abuse Workshop – Commissioner Garcia reported that she talked to the representative from Elder Abuse Taskforce at the Health and Wellness Fair. The representative directed her to the website which provided a wealth of information such as handouts.
- C. Brain Health - Commissioner Orme informed the Commission about a TED Talk by Lisa Genova, author of "Still Alice," Preventing Alzheimer's. Commissioner Orme asked the Commission if they might be interested in seeing the TED Talk. They all agreed. Supervisor Herb suggested that they show the video at the beginning of the next Senior Advisory meeting and invite the public.
- D. Age-Friendly – Recreation Manager Castro informed the Commission that she spoke to the World Health Organization and the City's application is in the next batch.

9. Staff Reports

- A. Supervisor Herb provided an update on the improved Computer Lab and the access to complete publications such as the New York Times, and websites such as Ancestry.com.
- B. Recreation Manager Castro updated the Commission on the playground remodels at Machado, Briarwood, and Montague, Parks.

10. Commissioner Reports

- A. Commissioner Estrada asked for clarification about the meeting in May. Supervisor Herb informed her that the Commission has met in May over the past years. Commissioner Estrada also talked about her concern with budget cuts to Medicare/Medicaid.
- B. Orme shared information from an article in the Mercury News about healthcare coverage and the statistics showing that individuals without coverage tend to die earlier. Commissioner Orme is interested in seeing what the results are in the Senior Needs Assessment, regarding healthcare coverage.

11. Conference and Attendance Reports – none

12. Adjournment

On a motion by Commissioner Garcia and seconded by Commissioner Birch, the Commission (6-0) adjourned the meeting at 11:20 a.m.

Prepared by: _____
Jennifer Herb
Recreation Supervisor

Reviewed by: _____
Grant McCauley
Commission Secretary

Submitted by: _____
James Teixeira
Director of Parks and Recreation

DRAFT