



**Commissioners Present:** Commissioner Wanda Buck  
Commissioner Bobbi Estrada  
Commissioner Alma Garcia  
Commissioner Grant McCauley  
Commissioner Sam Orme  
Commissioner Nancy Toledo

**Excused:** None

**Staff:** Jennifer Herb, Recreation Supervisor  
Kimberly Castro, Recreation Manager

**Guests:** Council Member, Patricia Mahan  
Susan – Community Member

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**Matters for Council Action:** None

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**1. Call to Order/Roll Call**

The meeting was called to order by Chair Wanda Buck at 10:01 a.m.

**2. Public Presentation**

A. TED Talk – Lisa Genova, American Neuroscientist and author of “Still Alice”

i. “What You Can Do to Prevent Alzheimer’s”

- The Senior Advisory Commissioners shared their thoughts about the presentation. A suggestion was made that the link be made available on Channel 15.

**3. Approval of the Agenda**

Upon call to order, a motion by Commissioner Estrada, seconded by Commissioner Toledo, the Commission approved (6-0) the order of the agenda.

**4. Approval of May 22 meeting minutes**

On a motion by Commissioner Estrada, and a second by Commissioner Garcia, the commission approved (6-0) the minutes for the regular meeting of May 22, 2017.

**5. Correspondence/Communications**

A. Supervisor Herb informed the Commission that Commissioner Birch has resigned from the Senior Advisory Commission due to relocating to the Central Valley.

**6. Old Business**

A. “Be Strong, Live Long,” Health & Wellness Fair – Commissioner McCauley informed the Commission that he is still getting great feedback from people who attended the event.

## **7. Committee Reports**

- A. Elder Abuse Workshop – Commissioner Estrada and Garcia are working to put together speaker presentations at the Senior Center, beginning in the fall. Commissioner Garcia shared handouts listing possible topics and resources with the rest of the Commission. Commissioner Estrada and Garcia asked Supervisor Herb for assistance booking a room at the Senior Center.
- B. Brain Health – discussed after the TED Talk.
- C. Age-Friendly – Supervisor Herb reminded the Commission that City Council will be acknowledging the Commission for their efforts to become an Age-Friendly City at the June 27 City Council meeting. Commissioner Toledo mentioned attending the ADA committee and being impressed with hearing from the Parks and Recreation Director, James Teixeira, about the park projects that the Parks and Recreation Department is working on. She shared with the Commission that the upgraded parks will be “age-friendly, not just for seniors, but for all ages and abilities.”

## **8. New Business**

- A. Election of officers – The Commission held elections for the positions of Chair, Vice-chair, and Secretary.
  - i. Chair – Bobbi Estrada
  - ii. Vice-chair – Sam Orme
  - iii. Secretary – Grant McCauley
- B. 2017-2018 Goals – The Commission is interested in continuing with the existing projects and agreed to talk about dates and times for projects to be completed, at the July meeting. The Commission also inquired about adding senior center visits and the Health and Wellness Fair to the list of goals. The Commission also expressed an interest in having a presence at Senior Center events like the BBQ’s and Ice Cream Social.

## **9. Staff Reports**

- A. Supervisor Herb updated the Commission on the progress with the Senior Needs Assessment. The deadline is July 14.
- B. Recreation Manager Castro informed the Commission that Council would be recognizing July as Parks and Recreation Month at the June 27 meeting.

## **10. Commissioner Reports**

- A. Commissioner Toledo shared a few copies of a book from the National Institute on Aging. She also asked for the ADA committee to be added to the agenda, as well as providing a list of names of those working on specific committees.
- B. Commissioner Orme inquired about using eNotify to let seniors know about upcoming Senior Advisory Commission meetings.

**11. Conference and Attendance Reports – none**

**12. Adjournment**

On a motion by Commissioner Garcia and seconded by Commissioner Birch, the Commission (6-0) adjourned the meeting at 11:20 a.m.

Prepared by: \_\_\_\_\_

Jennifer Herb  
Recreation Supervisor

Reviewed by: \_\_\_\_\_

Grant McCauley  
Commission Secretary

Submitted by: \_\_\_\_\_

James Teixeira  
Director of Parks and Recreation