

9-26-2017

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City of Santa Clara
The Center of What's Possible

MINUTES OF THE SENIOR ADVISORY COMMISSION

Santa Clara Senior Center
Santa Clara, CA

Monday, July 24, 2017, at 10:00 a.m.

Commissioners Present: Commissioner Wanda Buck
Commissioner Bobbi Estrada
Commissioner Grant McCauley
Commissioner Sam Orme
Commissioner Nancy Toledo

Excused: Commissioner Alma Garcia

Staff: Mallory Von Kugelgen, Health and Wellness Coordinator
Kimberly Castro, Recreation Manager

Guests: None

Matters for Council Action: None

1. Call to Order/Roll Call

The meeting was called to order by Chair Bobbie Estrada at 10:01 a.m.

2. Public Presentation - none

3. Approval of the Agenda

Upon call to order, a motion by Commissioner Orme, seconded by Commissioner Toledo, the Commission approved (5-0) the order of the agenda.

4. Approval of May 22 meeting minutes

On a motion by Commissioner Toledo, and a second by Commissioner Buck, the commission approved (5-0) the minutes for the regular meeting as amended of June 26, 2017.

- Item 7B Committee Report/Brain Health should be revised to read: The Commissioners shared their thoughts about the TED Talk presentation. A suggestion was made that the link be made available on Channel 15.

5. Correspondence/Communications

A. Health and Wellness Coordinator Von Kugelgen reported that there will be a presentation on a mixed-use development in the City of Santa Clara that will include 151 senior apartment homes. The Senior Advisory Commission (SAC) and the public will be informed in advance when that meeting date is known.

6. Old Business

- A. Election of Officers
 - i. Chair – Bobbi Estrada
 - ii. Vice-chair – Sam Orme
 - iii. Secretary – Grant McCauley

7. Committee Reports

A. Elder Abuse – (Commissioner Estrada/Garcia)

- i. Commissioner Estrada shared that handouts have been provided with Crime Prevention Tips and Elder Abuse Resource Brochure.
- ii. On a motion by Commissioner Toledo and seconded by Commissioner Buck, the Commission approved (5-0) that the Elder Abuse Task force host quarterly meetings, with the first two topics being financial abuse and home entry ruses.
- iii. Commissioner Estrada will contact the Elder Abuse Taskforce to schedule speakers.
- iv. Health and Wellness Coordinator Von Kugelgen reported that room 149 and 232 are available depending on the day/time.

B. Brain Health – (Commissioner Orme/Buck)

- i. Commissioner Buck shared a Harvard study article published in the National Enquirer that listed medications used to help treat symptoms of Alzheimer's disease, but the best prevention is physical and mental exercise. Commissioner Buck will work with the library to compile a list of helpful publications about brain health.

C. Age-Friendly – (All)

- i. Recreation Manager Kim Castro commented on what a great recognition event it was at the City Council meeting on June 27.
- ii. The County will be promoting its Age-Friendly activities at the International Association of Gerontology and Geriatrics conference in San Francisco on July 24. Recreation Manager Kim Castro will be getting a copy of their handout for our City at that conference.

D. ADA – (Commissioner Orme/Toledo)- None

8. New Business

A. 2017-2018 Goals –

- i. The Elder Abuse Committee approved two goals today.
- ii. The Commission would like to continue the support of the annual Health & Wellness Fair, May 2018
- iii. Commissioner Toledo commented that the Age Friendly goals are unclear. She reminded the Commission that goals need to be specific, measurable, and with a timeline.
- iv. Commissioners would like time set aside at the August meeting to write out and approve the year's goals.

B. Senior Center BBQ, July 27—Senior Advisory Commission involvement

- i. Commissioners Buck, Toledo and McCauley will attend Senior Center BBQ on July 27, 2017.
- ii. The Commission decided to host a table to provide a flyer with SAC goals/achievements, as a way to promote the SAC.

9. Staff Reports

A. Ice Cream Social – Wednesday, August 30, 11:00 a.m. – 1:00 p.m.

- i. Health and Wellness Coordinator Von Kugelgen reminded the Commission about the upcoming Ice Cream Social.
 - \$1.00 for seniors, and \$2.00 for everyone else.
 - Health and Wellness Coordinator Von Kugelgen asked if any Commissioners were planning on attending.

B. Aging Services Collaborative will be hosting presentations in the fall by Patrick Arbore, PhD, from the Institute on Aging Suicide Prevention, on senior bullying and the Seniors Agenda will be presenting on Age Friendly policies and how to advocate for them.

- C. Recreation Manager Castro updated the Commission on the progress with the Senior Needs Assessment. 800 responses were received.
- D. City to address July 4th Fireworks poor performance of fireworks
- E. Mallory was elected to Aging Services Collaborative Leadership Council.

10. Commissioner Reports

- A. Commissioner Orme presented that he has learned that the FBI does tracking of Elder Abuse and posed possibly getting an FBI Agent to do a presentation. Commissioner Orme also informed the Commission that the Commonwealth Club will have a presentation on Age Friendly City on July 24.

11. Conference and Attendance Reports

- A. Senior's Agenda Network Summit is on August 30 from 1:00 p.m. – 4:00 p.m., at the Campbell Adult Community Center. Speaker Moira O'Neil will share her experience as a researcher on the Reframing Aging Project.

12. Adjournment

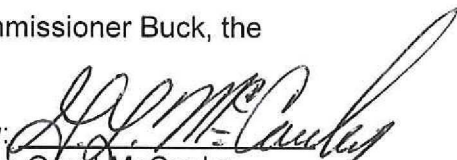
On a motion by Commissioner Toledo and seconded by Commissioner Buck, the Commission (5-0) adjourned the meeting at 11:35 a.m.

Prepared by:



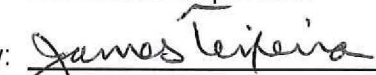
Jennifer Herb
Recreation Supervisor

Reviewed by:



Grant McCauley
Commission Secretary

Submitted by:



James Teixeira
Director of Parks and Recreation