



AGENDA

Monday, January 22, 2018

Santa Clara Senior Center, Room 149

10:00 a.m. – 12:00 p.m., Regular Meeting

1. Call to Order and Roll Call
2. Approval of Agenda
3. Approval of November 27 Meeting Minutes
4. Correspondence & Announcements
5. Old Business
 - A. Holiday Tree Lighting – Friday, December 1
 - i. Commission involvement – Information booths
 - B. Commission 2017 Work Plan & Goals
 - i. “Be Strong, Live Long” Health & Wellness Fair (Commissioner McCauley)
 - ii. Elder Abuse Workshops (Commissioner Estrada/Garcia) - update
 - iii. Brain Health (Commissioner Orme/Buck) - update
 - iv. Age-Friendly City (All)
 - v. ADA (Commissioner Orme/Toledo) - update
6. New Business
 - A. Senior Needs Assessment – Key Findings report
7. Staff Reports
8. Commissioner Reports
9. Conference Attendance Reports
10. Public Presentation

Adjournment to next regular scheduled meeting: February 26, at 10:00 a.m., Room 149

Public Notice

Public Presentations

- Members of the public are provided an opportunity to directly address the Board, Commissions or Committee on items of public interest that are within the jurisdiction of the Board, Commissions or Committee, and any item listed on the agenda.
- For meetings held in the Council Chambers, please note the speaker timing lights located on the podium. A green light indicates the beginning of the time period, a yellow light will appear when 30 seconds remain, and a red light will appear and a buzzer will sound at the end of the time period.
- Groups are encouraged to appoint a single spokesperson, but all speakers should avoid repetitive comments.
- You may be requested to fill out a speaker card and/or give your name when you speak, but are not required to do either to address the Board, Commissions or Committee.
- Please note that the Board, Commissions or Committee cannot take action on an item of business not appearing on the agenda. The only exceptions are if the Board, Commissions or Committee determines that one of the following emergency situations exist:
 - Work stoppage or other activity which severely impairs public health, safety or both, as determined by a majority of the members of the Board, Commissions or Committee; Crippling disaster which severely impairs public health, safety, or both, as determined by the majority of the Board, Commissions or Committee; or Upon a determination by a two-thirds vote of the Board, Commissions or Committee, or, if less than two thirds of the members are present, that the need to take action arose after the agenda was posted; or the item was posted for a prior meeting of the Board, Commissions or Committee occurring not more than five (5) calendar days prior to the date action is taken.
- In the event of a public presentation, the Board, Commissions or Committee or its staff may briefly respond to statements made or questions asked, or may proceed to the next item of business or adjourn. The communication not acted on shall be accepted by the Board, Commissions or Committee for placement on the agenda for the following Board, Commissions or Committee meeting, if requested by the citizen.
- Electronic presentations should be submitted to the liaison department to enable screening for compatibility and viruses. Contact the liaison department to ascertain when the material should be submitted.
- Written materials should be submitted to the liaison department to allow the City to copy such materials. Contact the liaison department to ascertain when the material should be submitted. Any written materials submitted during the meeting should include sufficient copies for the Board, Commissions or Committee and the public.
- ***Americans with Disabilities Act (ADA)***
 - In accordance with the Americans with Disabilities Act of 1990, the City of Santa Clara will ensure that all existing facilities will be made accessible to the disabled. Modifications in policies, procedures and/or practices will be made as necessary to ensure access for all individuals with a disability.
 - Individuals with disabilities are encouraged to contact the City's ADA Office at (408) 615-3000 to discuss meeting accessibility.
 - In order to allow participation by individuals with severe allergies, environmental illness, multiple chemical sensitivity or related disabilities, please do not wear scented products to meetings at City facilities.
 - For meetings held in the Council Chambers, individuals with a hearing impairment should note that the Council Chamber is equipped with a headset system which allows one to hear more clearly from any seat in the room. Please ask a City staff member present at the meeting for details.
 - Upon request by a person with a disability, meeting agendas and writings distributed during the meeting that are public records will be made available in an appropriate alternative format. Please contact the City Clerk's Office at (408) 615-2220 with your request.
- ***Appeal of Council/Board/Commission/Committee Action***

Pursuant to Government Code section 65009, any challenge of Public Hearing matters in court may be limited to only those issues raised at the Public Hearing, or in writing submitted before or at the Public Hearing. Any challenge to a Public Hearing matter must be filed in accordance with the provisions of Civil Code section 1094.6, including applicable time limitations.



Commissioners Present: Commissioner Wanda Buck
Commissioner Bobbi Estrada
Commissioner Alma Garcia
Commissioner Grant McCauley
Commissioner Sam Orme
Commissioner Nancy Toledo

Excused: Commissioner Carolyn Seeger

Councilmember(s) Teresa O'Neill, Councilmember

Staff: Kimberly Castro, Recreation Manager
Jennifer Herb, Recreation Supervisor

Guests: Frank Kadlecek, Community Member

Matters for Council Action: None

1. Call to Order/Roll Call

The meeting was called to order by Chair Bobbie Estrada at 10:05 a.m.

2. Approval of the Agenda

On a motion by Commissioner Buck, and seconded by Commissioner Toledo, the Commission approved (6-0) the order of the agenda.

3. Approval of October 23 meeting minutes

On a motion by Commissioner Orme, and a second by Commissioner McCauley, the Commission approved (6-0) the minutes for the regular meeting.

4. Correspondence/Communications –

- A. Supervisor Herb shared an eNotify with the Commission regarding Preventing Package Thefts during the holiday season.
- B. Supervisor Herb informed the Commission about an upcoming Website Redesign Community Meeting on November 30, 2017, at the Senior Center, from 5:30 – 6:30 p.m.
- C. Supervisor Herb shared additional information regarding the Santa Clara Police Department City-Wide Survey. The full report will be released to City Council in May/June 2018. The year-long process will include the survey as well as community panel and focus groups.

5. Old Business

- A. Commission Fiscal Year 2017-18 Work Plan & Goals
 - i. Support Health and Wellness Fair (Commissioner McCauley) – Supervisor Herb informed the Commission that Save the Date emails are going out to the list of resource vendors that participated last year, as well as new vendors. Staff is utilizing

- the Age-Friendly domains as a guide to ensure that all areas are covered by resource vendors. Supervisor Herb confirmed with the Commission that they are interested in being greeters and Event Hosts during the event, as well as assisting with marketing.
- ii. Champion Age-Friendly Initiative (All) – Recreation Manager Castro shared that Santa Clara County is the first county to have all its cities recognized as Age-Friendly. There will be a Senior Needs Assessment meeting at the beginning of January to go over key findings which will be reported at the January Senior Advisory Commission meeting. A meeting will then be scheduled with Community Partners to also go over the key findings.
 - iii. Promote Elder Fraud Workshops Quarterly (Commissioners Estrada/Garcia) – Supervisor Herb was able to secure a speaker for a Careful Consumer Presentation on Friday, December 15, 2017, at 10:30 a.m. The speaker is from the Santa Clara County District Attorney's Office. Commissioner Garcia shared a link to a 3-minute video from the Elder Fraud Department.
 - iv. Develop opportunities to promote Brain Health for seniors (Commissioners Orme/Buck) – Commissioner Orme shared that he was able to secure the instructor from the Senior Center Mindfulness class to offer mindfulness exercise at the Health & Wellness Fair. Commissioner Buck shared that she is able to use mindfulness to help manage pain. Commissioner Toledo asked that information be shared with the Senior Center patrons on a regular basis, through the Senior Center Newsletter or similar avenue. The Commission would like to discuss possibly collapsing the Brain Health goal into another goal at the January meeting.
 - v. Represent Senior Advisory Commission on ADA Committee quarterly (Commissioners Toledo/Orme) – next meeting is scheduled for December 14, 2017.

6. New Business

- A. Holiday Tree Lighting – Friday, December 1, 2017, from 5:00 – 9:00 p.m.
 - i. Senior Advisory involvement – Commissioners McCauley, Seeger, and Toledo will be assisting in the Information Booths during the event.
- B. Discuss potential Intergenerational Panel in collaboration with Youth Commission – Supervisor Herb shared with the Commission that the Youth Commission is interested in co-hosting an intergenerational panel discussion with the Senior Advisory Commission in March. The Senior Advisory Commission expressed an interest. Supervisor Herb will follow up with Youth Commission Staff Liaison Jon Kawada.

7. Staff Reports

- A. Recreation Supervisor Herb reminded the Commission that the Holiday Tree Lighting event will be on Friday at Central Park, and encouraged everyone to attend.

8. Commissioner Reports

- A. Commissioner Buck shared her experience and frustration of a broken collarbone, and the importance of educating seniors on Home Healthcare options.
- B. Commissioner Garcia shared her positive experience with the Adventures to Go Travel Program as well as the Dining Out Lunch Program. She encouraged the Commission to sign up for a trip or take part in the lunch program at the Senior Center.
- C. Commissioner McCauley commented that the Craft Fair on November 11, 2017, was a success, and that he and Commissioner Seeger enjoyed hosting the raffle table throughout the event.

9. Conference and Attendance Reports – none

10. Public Presentation

- A. Sourcewise representative Frank Kadlecek informed the Commission that the next Sourcewise meeting will be held on Monday, December 4, 2017. Frank also informed the Commission that he is looking for volunteers for the Tax-Assistance Program which will begin on February 2, 2018, at the Senior Center.

11. Adjournment

On a motion by Commissioner Garcia and seconded by Commissioner McCauley, the Commission (6-0) adjourned the meeting at 12:00 p.m.

Prepared by: _____
Jennifer Herb
Recreation Supervisor

Reviewed by: _____
Grant McCauley
Commission Secretary

Submitted by: _____
James Teixeira
Director of Parks and Recreation

DRAFT