City of Santa Clara The Center of What's Possible

SENIOR ADVISORY COMMISSION

Santa Clara Senior Center 1303 Fremont Street Santa Clara, CA

AGENDA Monday, February 26, 2018 Santa Clara Senior Center, Room 149 10:00 a.m. – 12:00 p.m., Regular Meeting

- 1. Call to Order and Roll Call
- 2. Approval of Agenda
- 3. Approval of January 22 Meeting Minutes
- 4. Correspondence & Announcements
- 5. Old Business
 - A. Senior Needs Assessment Key Findings report
 - B. Commission 2017 Work Plan & Goals
 - Support "Be Strong, Live Long" Health & Wellness Fair (Commissioner McCauley) - update
 - ii. Promote Elder Fraud Workshops (Commissioner Estrada/Garcia) update
 - iii. Develop opportunities to promote Brain Health (Commissioner Orme/Buck) update
 - iv. Champion Age-Friendly Initiative (All) update
- 6. New Business none
- 7. Staff Reports
- 8. Commissioner Reports
- 9. Conference Attendance Reports
- 10. Public Presentation

Adjournment to next regular scheduled meeting: March 26, at 10:00 a.m., Room 149

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Public Notice

Public Presentations

- Members of the public are provided an opportunity to directly address the Board, Commissions or Committee on items of public interest that are within the jurisdiction of the Board, Commissions or Committee, and any item listed on the agenda.
- For meetings held in the Council Chambers, please note the speaker timing lights located on the podium. A green light indicates the beginning of the time period, a yellow light will appear when 30 seconds remain, and a red light will appear and a buzzer will sound at the end of the time period.
- Groups are encouraged to appoint a single spokesperson, but all speakers should avoid repetitive comments.
- You may be requested to fill out a speaker card and/or give your name when you speak, but are not required to do either to address the Board, Commissions or Committee.
- Please note that the Board, Commissions or Committee cannot take action on an item of business not appearing on the agenda. The only exceptions are if the Board, Commissions or Committee determines that one of the following emergency situations exist:
- Work stoppage or other activity which severely impairs public health, safety or both, as determined by a majority of the members of the Board, Commissions or Committee; Crippling disaster which severely impairs public health, safety, or both, as determined by the majority of the Board, Commissions or Committee; or Upon a determination by a two-thirds vote of the Board, Commissions or Committee, or, if less than two thirds of the members are present, that the need to take action arose after the agenda was posted; or the item was posted for a prior meeting of the Board, Commissions or Committee occurring not more than five (5) calendar days prior to the date action is taken.
- In the event of a public presentation, the Board, Commissions or Committee or its staff may briefly respond to statements made or questions asked, or may proceed to the next item of business or adjourn. The communication not acted on shall be accepted by the Board, Commissions or Committee for placement on the agenda for the following Board, Commissions or Committee meeting, if requested by the citizen.
- Electronic presentations should be submitted to the liaison department to enable screening for compatibility and viruses. Contact the liaison department to ascertain when the material should be submitted.
- Written materials should be submitted to the liaison department to allow the City to copy such materials. Contact the liaison department to ascertain when the material should be submitted. Any written materials submitted during the meeting should include sufficient copies for the Board, Commissions or Committee and the public.
- Americans with Disabilities Act (ADA)
- In accordance with the Americans with Disabilities Act of 1990, the City of Santa Clara will ensure that all existing facilities will be made accessible to the disabled. Modifications in policies, procedures and/or practices will be made as necessary to ensure access for all individuals with a disability.
- Individuals with disabilities are encouraged to contact the City's ADA Office at (408) 615-3000 to discuss meeting accessibility.
- In order to allow participation by individuals with severe allergies, environmental illness, multiple chemical sensitivity or related disabilities, please do not wear scented products to meetings at City facilities.
- For meetings held in the Council Chambers, individuals with a hearing impairment should note that the Council Chamber is equipped with a headset system which allows one to hear more clearly from any seat in the room. Please ask a City staff member present at the meeting for details.
- Upon request by a person with a disability, meeting agendas and writings distributed during the meeting that are public records will be made available in an appropriate alternative format. Please contact the City Clerk's Office at (408) 615-2220 with your request.
- Appeal of Council/Board/Commission/Committee Action
 - Pursuant to Government Code section 65009, any challenge of Public Hearing matters in court may be limited to only those issues raised at the Public Hearing, or in writing submitted before or at the Public Hearing. Any challenge to a Public Hearing matter must be filed in accordance with the provisions of Civil Code section 1094.6, including applicable time limitations.



REVISED DRAFT MINUTES OF THE SENIOR ADVISORY COMMISSION

Santa Clara Senior Center Santa Clara, CA Monday, January 22, 2018, at 10:00 a.m.

Commissioners Present: Commissioner Wanda Buck

Commissioner Grant McCauley Commissioner Sam Orme Commissioner Carolyn Seeger

Commissioner Nancy Toledo

Excused: Commissioner Estrada

Commissioner Garcia

Councilmember(s) Kathy Watanabe, Councilmember

Staff: Kimberly Castro, Recreation Manager

Jennifer Herb, Recreation Supervisor

Mallory von Kugelgen, Health & Wellness Coordinator

Guests: Kristin Ko, Applied Survey Research

Matters for Council Action: None

1. Call to Order/Roll Call

The meeting was called to order by Vice-Chair Sam Orme at 10:05 a.m.

2. Approval of the Agenda

On a motion by Commissioner Buck, and seconded by Commissioner McCauley, the Commission approved (5-0) the order of the agenda.

3. Approval of November 27 meeting minutes

On a motion by Commissioner Buck, and a second by Commissioner Seeger, the Commission approved (5-0) the minutes for the regular meeting.

4. Correspondence/Communications -

A. Supervisor Herb informed the Commission about the upcoming Pedestrian Safety Workshop at the Senior Center, in partnership with the Police Department, on February 6 at 10:30 a.m.

5. Old Business

- A. Holiday Tree Lighting Friday, December 1, 2017
- i. Commission involvement –Information Booths the Commission thought the event was well organized with good entertainment. The Commission said the event was well attended and noticed many young families. A couple of suggestions for next year included more food options and possibly a dessert booth, as well as announcements made on the main stage regarding lost items.

B. Commission Fiscal Year 2017-18 Work Plan & Goals

- Support Health and Wellness Fair (Commissioner McCauley) Supervisor Herb informed the Commission that the Lyon's Club confirmed they will be bringing the Vision/Hearing Screening Trailer. Other confirmations are Santa Clara County Senior Nutrition Program, Institute on Aging, and Mindfullness.
- ii. Champion Age-Friendly Initiative (All) Recreation Manager Castro shared update on the Senior Needs Assessment under new business.
- iii. Promote Elder Fraud Workshops Quarterly (Commissioners Estrada/Garcia) Supervisor Herb asked for feedback on the Careful Consumer Presentation on Friday, December 15, 2017. Commissioner Toledo thought the information was basic, but helpful for those that have consumer issues. Supervisor Herb informed the Commission that she is working with the IT Department to offer the next workshop focusing on internet safety, to be offered in March.
- iv. Develop opportunities to promote Brain Health for seniors (Commissioners Orme/Buck) Commissioner Orme and Buck will be meeting with Health & Wellness Coordinator von Kugelgen to discuss ways to partner with the Health & Wellness team and promote Brain Health. The Commission will decide at the February meeting as to whether or not they'll collapse the Brain Health goal into another goal.
- v. Represent Senior Advisory Commission on ADA Committee Quarterly (Commissioners Toledo/Orme) Commissioner Orme and Toledo shared information from the January 18 meeting. Commissioner Toledo shared, "it's enlightening and encouraging to see how engaged the Parks and Recreation Department and other City Departments are at making Santa Clara better." Commissioner Toledo shared the example about the new drinking fountains being installed in parks, providing Hi-Lo and pet drinking heights.

6. New Business

A. Senior Needs Assessment, Key Findings report – Recreation Manager Castro provided the Commission with a Data Snapshot of the findings from the Senior Needs Assessment. The Commission will be invited to attend the Community Partner meeting on February 15, when Applied Survey Research will be presenting the full Key Findings report.

7. Staff Reports

- A. Recreation Supervisor Herb reminded the Commission about the new HAWK lights on El Camino and Lafayette, and informing them on how they work from the pedestrian as well as the driver's standpoint.
- B. Recreation Supervisor Herb informed the Commission about the new Active Living Every Day class at the Senior Center that will begin on March 1. The evidence based program will be offered three (3) times throughout the year, through a grant from NRPA.
- C. Recreation Supervisor Herb shared with the Commission that the Health & Wellness program partnered with Santa Clara Police Department to have an officer join the Senior Center Walk-a-Block program on January 17. As participants strolled through the park, Santa Clara Police Department officers shared ways to take steps to increase awareness and protect yourself when you're on the move.

8. Commissioner Reports

- A. Commissioner Orme asked for feedback on the joint meeting with Council in December. Commissioner Seeger said that she enjoyed the meeting and found it helpful. Commissioner Buck shared that she liked connecting with everyone. Commissioner Orme shared that he'd like to be better prepared to share the goals and work plan of the Commission.
- B. Commissioner Toledo shared that the Library is partnering with the County using Med-Project, a medication disposal program using mail-back packets. These packets are available upon request. She suggested that the Senior Center inquire about having them available at the front desk.

9. Conference and Attendance Reports – none

10. Public Presentation - none

11. Adjournment

On a motion by Commissioner Buck and seconded by Commissioner Toledo, the Commission (5-0) adjourned the meeting at 12:05 p.m.

| Prepared by: | | Reviewed by: | |
|---------------|----------------------------------|--------------|----------------------|
| . , – | Jennifer Herb | · | Grant McCauley |
| | Recreation Supervisor | | Commission Secretary |
| Submitted by: | | | |
| • | James Teixeira | | |
| | Director of Parks and Recreation | | |