

City of Santa Clara Parks & Recreation Department

# "Be Strong, Live Long"

## Health & Wellness Fair

Friday, May 18

10:00 am - 1:00 pm

At Fremont Park

(located next to the Senior Center)

**PARKING IS LIMITED—CARPOOLING IS RECOMMENDED**

### You Don't Want to Miss:

- Free Skin Exams - Kaiser's Mobile Clinic
- Free Vision & Hearing Screenings - Santa Clara Lion's Club
- Free Blood Pressure Checks - SC Health & Wellness Program

**Plus over 30 exhibitors MORE and a BBQ Lunch**

Event Sponsored By: Santa Clara Senior Advisory Commission and...



**City of  
Santa Clara**  
The Center of What's Possible

~see reverse side for list of exhibitors~

Santa Clara Senior Center ~ 1303 Fremont St. ~ (408) 615-3170

# A BBQ Lunch will be available for \$5.00, beginning at 11:30 am

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## List of Exhibitors

(Subject to Change)

### Screenings

Mobile Health Van for free skin exams—  
Kaiser Permanente's Comprehensive Cancer  
Care Center

Free Vision & Hearing Checks—Santa Clara  
Lions, Santa Clara Chapter

Free Blood Pressure Screening—SC Senior  
Center Health & Wellness Program

### City of Santa Clara Exhibitors

SC Environmental Programs  
SC Fire Department  
SC Housing & Community Services  
SC Library Bookmobile  
SC Mission City Memorial Park  
SC Police Department  
SC Public Works—Traffic & Engineering  
SC Senior Advisory Commission  
SC Senior Center:  
    Ceramics  
    Garden Club  
    Health & Wellness Program  
    Lapidary  
    Let's Talk Travel Program  
    Mindfulness Group  
    Volunteering Program  
    Woodshop

### Community Exhibitors

Alcoholics Anonymous  
Alzheimer's Activity Center  
Bay Area Funeral Consumers Association  
Better Business Bureau  
Bill Wilson Center  
Breathe California of the Bay Area  
Elder Abuse Task Force  
Heart of the Valley  
Institute on Aging—Friendship Line &  
    Home Care  
Live Oak Adult Daycare  
NAMI—Santa Clara County  
Project Sentinel  
Santa Clara Valley Beekeepers Guild  
Silicon Valley Animal Control Authority  
(SVACA)  
Silicon Valley Independent Living Center  
Silicon Valley Power  
Sourcewise  
The Health Trust DSM  
UC Master Gardeners  
Valley Transit Authority (VTA)