



# City of Santa Clara

## Meeting Agenda

### Senior Advisory Commission

---

Monday, July 23, 2018

10:00 AM

Senior Center - 1303 Fremont  
Street Santa Clara, CA 95050

---

#### CALL TO ORDER AND ROLL CALL

#### CONSENT CALENDAR

18-1029 [Senior Advisory Commission Minutes of June 25, 2018](#)

***Recommendation:*** Approve the Senior Advisory Commission Minutes of  
June 25, 2018

#### PUBLIC PRESENTATIONS

#### GENERAL BUSINESS

18-1018 [Senior Advisory Commission draft 2018-19 Work Plan & Goals](#)

#### STAFF REPORT

#### COMMISSIONERS REPORT

#### ADJOURNMENT

The next regular scheduled meeting is August 27, 2018

#### Public Presentations

Members of the public are provided an opportunity to directly address the Board, Commissions or Committee on items of public interest that are within the jurisdiction of the Board, Commissions or Committee, and any item listed on the agenda. For meetings held in the Council Chambers, please note the speaker timing lights located on the podium. A green light indicates the beginning of the time period, a yellow light will appear when 30 seconds remain, and a red light will appear and a buzzer will sound at the end of the time period. Groups are encouraged to appoint a single spokesperson, but all speakers should avoid repetitive comments. You may be requested to fill out a speaker card and/or give your name when you speak, but are not required to do either to address the Board, Commissions or Committee. Please note that the Board, Commissions or Committee cannot take action on an item of business not appearing on the agenda. The only exceptions are if the Board, Commissions or Committee determines that one of the following emergency situations exist: Work stoppage or other activity which severely impairs public health, safety or both, as determined by a majority of the members of the Board, Commissions or Committee; Crippling disaster which severely impairs public health, safety, or both, as determined by the majority of the Board, Commissions or Committee; or Upon a determination by a two-thirds vote of the Board, Commissions or Committee, or, if less than two thirds of the members are present, that the need to take action arose after the agenda was posted; or the item was posted for a prior meeting of the Board, Commissions or Committee occurring not more than five (5) calendar days prior to the date action is taken. In the event of a public presentation, the Board, Commissions or Committee or its staff may briefly respond to statements made or questions asked, or may proceed to the next item of business or adjourn. The communication not acted on shall be accepted by the Board, Commissions or Committee for placement on the agenda for the following Board, Commissions or Committee meeting, if requested by the citizen. Electronic presentations should be submitted to the liaison department to enable screening for compatibility and viruses. Contact the liaison department to ascertain when the material should be submitted. Written materials should be submitted to the liaison department to allow the City to copy such materials. Contact the liaison department to ascertain when the material should be submitted. Any written materials submitted during the meeting should include sufficient copies for the Board, Commissions or Committee and the public.

#### Americans with Disabilities Act (ADA)

In accordance with the Americans with Disabilities Act of 1990, the City of Santa Clara will ensure that all existing facilities will be made accessible to the disabled. Modifications in policies, procedures and/or practices will be made as necessary to ensure access for all individuals with a disability. Individuals with disabilities are encouraged to contact the City's ADA Office at (408) 615-3000 to discuss meeting accessibility. In order to allow participation by individuals with severe allergies, environmental illness, multiple chemical sensitivity or related disabilities, please do not wear scented products to meetings at City facilities. For meetings held in the Council Chambers, individuals with a hearing impairment should note that the Council Chamber is equipped with a headset system which allows one to hear more clearly from any seat in the room. Please ask a City staff member present at the meeting for details. Upon request by a person with a disability, meeting agendas and writings distributed during the meeting that are public records will be made available in an appropriate alternative format. Please contact the City Clerk's Office at 408-615- 2220 with your request.

#### Appeal of Council/Board/Commission/Committee Action

Pursuant to Government Code section 65009, any challenge of Public Hearing matters in court may be limited to only those issues raised at the Public Hearing, or in writing submitted before or at the Public Hearing. Any challenge to a Public Hearing matter must be filed in accordance with the provisions of Civil Code section 1094.6, including applicable time limitations.



# City of Santa Clara

1500 Warburton Avenue  
Santa Clara, CA 95050  
santaclaraca.gov  
@SantaClaraCity

## Agenda Report

---

18-1029

Agenda Date: 7/23/2018

---

### **REPORT TO SENIOR ADVISORY COMMISSION**

#### **SUBJECT**

Senior Advisory Commission Minutes of June 25, 2018

#### **RECOMMENDATION**

Approve the Senior Advisory Commission Minutes of June 25, 2018

Prepared by: Jennifer Herb, Recreation Supervisor  
Reviewed by: Kimberly Castro, Recreation Manager  
Approved by: James Teixeira, Director of Parks and Recreation

#### **ATTACHMENTS**

1. Draft Minutes of the Senior Advisory Commission June 25, 2018



**Commissioners Present:** Commissioner Wanda Buck  
Commissioner Bobbi Estrada  
Commissioner Alma Garcia  
Commissioner Grant McCauley  
Commissioner Carolyn Seeger  
Commissioner Nancy Toledo

**Excused:** Excused - Commissioner Sam Orme

**Councilmember(s)** Council Member Teresa O'Neill

**Staff:** Kimberly Castro, Recreation Manager  
Jennifer Herb, Recreation Supervisor

**Guests:** Ken Sinclair – community member  
Joan Cabral – community member

---

**Matters for Council Action:** None

---

**1. Call to Order/Roll Call**

- A. The meeting was called to order by Chair Bobbi Estrada at 10:08 a.m.
- i. Present (6) – Commissioners Buck, Estrada, Garcia, McCauley, Seeger, and Toledo.
  - ii. Excused (1) – Commissioner Orme.

**2. Consent Calendar**

- A. Senior Advisory Commission Minutes of May 21, 2018  
On a motion by Commissioner Seeger, and a second by Commissioner Toledo, the Commission approved the minutes for the regular meeting.
- i. Aye (5) - Commissioners Estrada, Garcia, McCauley, Seeger, and Toledo.
  - ii. Excused (1) - Commissioner Orme.
  - iii. Abstain (1) - Commissioner Buck.

**3. Public Presentations**

- A. Ken Sinclair expressed the need for additional street corner curb cuts in residential areas.

**4. General Business**

- A. Senior Advisory Commission 2017-18 Work Plan & Goals update
- i. Develop opportunities to promote Health and Wellness

- Host “Be Strong, Live Long” Health & Wellness Fair – May 2018 (Commissioner McCauley) – Commissioners reported continued positive feedback from the event.
  - Promote “Brain Health” through research article, and events – Commissioner Buck commented on the importance of mindfulness.
- ii. Promote Elder Fraud Workshops Quarterly (Commissioners Estrada/Garcia) – Commissioners commented on the wonderful presentation by the City’s IT Department. There were 40 plus people in attendance, and the information was helpful, timely, and applicable. The Commission is interested in a follow-up presentation including actual use of the Computer Lab at the Senior Center.
  - iii. Champion implementation of the World Health Organization’s “Age-Friendly City Initiative” in Santa Clara (All) – Recreation Manager Castro informed the Commission that staff are finishing the Senior Needs Assessment report. The Commission inquired about signage to indicate the City’s Age-Friendly designation, and suggested additional publicity to inform the community about becoming an Age-Friendly City.
  - iv. Send two (2) representatives to attend the City’s ADA Committee meetings (Commissioner Orme and Toledo) – Commissioner Toledo reported that the June meeting was canceled. Council Member O’Neill reported that the City Manager’s Office is looking to improve Committee efficiency.
- B. Senior Advisory Commission Election of Chair and Vice Chair – Commissioner Buck nominated Commissioner Estrada for Chair, seconded by Commissioner Seeger. Commissioner Toledo nominated Commissioner McCauley for Chair, seconded by Commissioner Garcia. The vote was split three (3) in favor of Commissioner Estrada and three (3) in favor of Commissioner McCauley. Commissioner McCauley declined nomination, and Commissioner Estrada was elected as Chair. Commissioner Toledo nominated Commission McCauley for Vice Chair, seconded by Commissioner Seeger. The Commission voted 6-0 in favor of Commissioner McCauley as Vice Chair.
- C. Senior Advisory Commission 2018-19 Work Plan & Goals – The Commission reviewed the 2017-18 Work Plan & Goals and offered potential goals for the 2018-19 year using the eight (8) domains of the Age-Friendly City guidelines. The Commission expressed interest in continuing: support Health and Wellness by sponsoring the annual “Be Strong, Live Long Health & Wellness Fair,” support and advocacy for the “sandwich generation,” promotion of Elder Fraud Prevention Workshops, implementation of the Senior Needs Assessment findings, and participation in the City’s Pedestrian Master Plan.

## **5. Staff Reports**

- A. None

## **6. Commissioner Reports**

- A. Commissioner Toledo suggested that the Commission send a get well card to former Commissioner Frank Kadlecek.
- B. Commissioner McCauley shared a recent conversation about the “sandwich generation” and how many of his friends were taking care of their parents.
- C. Commissioner Seeger commented on articles showing a correlation between brain health and the power of the body.

## **7. Adjournment**

- A. Adjournment to the next scheduled meeting: July 23, 2018, at 10:00 am, Room 149
- i. The meeting was adjourned at 11:30 am
  - ii. A motion was made by Commissioner Garcia, seconded by Commissioner Buck to adjourn the meeting
    - Aye (6) - Commissioners Buck, Estrada, Garcia, McCauley, Seeger, and Toledo
    - Excused (1) – Commissioner Orme

Prepared by: \_\_\_\_\_  
Jennifer Herb  
Recreation Supervisor

Reviewed by: \_\_\_\_\_  
Grant McCauley  
Commission Secretary

Submitted by: \_\_\_\_\_  
James Teixeira  
Director of Parks and Recreation



## Agenda Report

18-1018

Agenda Date: 7/23/2018

### **SUBJECT**

Senior Advisory Commission draft 2018-19 Work Plan & Goals

### **BACKGROUND**

At the June 25, 2017 Senior Advisory Commission meeting, the Commission brainstormed projects and activities for the 2018-19 Work Plan. The draft plan was created through discussion of current trends relating to the senior population. The following goals are of interest based on priority and community needs:

- Develop opportunities to promote Health and Wellness
  - Host “Be Strong, Live Long” Health & Wellness Fair - May 2019
  - Support the “Sandwich” generation through activities, events, and education opportunities
- Promote Quarterly Elder Fraud Prevention Workshops
- Champion implementation of the Senior Needs Assessment findings
- Send two (2) representatives to attend the City’s ADA Committee
- Send two (2) representatives to attend the Pedestrian Master Plan Committee

### **DISCUSSION**

Beginning in August, the Senior Advisory Commission will provide monthly updates on the status of the Work Plan Goals for the year. Commissioners will participate in projects based on interest and availability.

- A. Develop opportunities to promote Health and Wellness
  - Commissioner McCauley will provide a verbal update on the “Be Strong, Live Long” Health & Wellness Fair
  - Commissioners will provide a verbal update on the support of the “Sandwich generation” through activities, events, and education opportunities
- B. Promote Elder Fraud Prevention Workshops
  - Commissioners will provide a verbal update on the promotion of Elder Fraud Prevention Workshops in the areas of emotional, financial, internet safety and other relevant topics.
- C. Champion implementation of the Senior Needs Assessment findings
  - Commissioners will discuss the findings of the Senior Needs Assessment and potential recommendations for City consideration.
- D. Send two (2) representatives to attend the City’s ADA Committee
  - Commissioners will provide a verbal update.
- E. Send two (2) representatives to attend the Pedestrian Master Plan Committee
  - Commissioners will provide a verbal update.

### **ENVIRONMENTAL REVIEW**

The action being considered does not constitute a “project” within the meaning of the California Environmental Quality Act (“CEQA”) pursuant to CEQA Guidelines section 15378(b)(5) in that it is a

governmental organizational or administrative activity that will not result in direct or indirect changes in the environment.

**PUBLIC CONTACT**

Public contact was made by posting the Senior Advisory Commission's agenda on the City's official -notice bulletin board outside City Hall Council Chambers. A complete agenda packet is available on the City's website and in the City Clerk's Office at least 72 hours prior to a Regular Meeting and 24 hours prior to a Special Meeting. A hard copy of any agenda report may be requested by contacting the City Clerk's Office at (408) 615-2220, email [clerk@santaclaraca.gov](mailto:clerk@santaclaraca.gov) [<mailto:clerk@santaclaraca.gov>](mailto:clerk@santaclaraca.gov) or at the public information desk at any City of Santa Clara public library.

Prepared by: Jennifer Herb, Recreation Supervisor

Reviewed by: Kimberly Castro, Recreation Manager

Approved by: James Teixeira, Director of Parks & Recreation