

City of Santa Clara Parks & Recreation Department

# Activity Guide

Fall 2019



**City of  
Santa Clara**

The Center of What's Possible

[www.SantaClaraCA.gov](http://www.SantaClaraCA.gov)

Featured photo... 2018 Senior Center BBQ





# City of Santa Clara

The Center of What's Possible

Parks & Recreation Department  
[www.SantaClaraCA.gov](http://www.SantaClaraCA.gov)

1500 Warburton Avenue  
Santa Clara, CA 95050  
(408) 615-2260  
[PRCustomerServe@SantaClaraCA.gov](mailto:PRCustomerServe@SantaClaraCA.gov)

The Parks & Recreation Department's mission is to support a vibrant, active quality of life for all ages, abilities, and interests of the Santa Clara community through excellent parks and recreational facilities, community services, programs, and events.

## **Santa Clara City Council**

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Patricia M. Mahan, Teresa O'Neill, Kathy Watanabe

## **City Manager**

Deanna J. Santana

## **Director of Parks & Recreation**

James Teixeira

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## **Senior Advisory Commission**

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Carolyn Seeger







# City of Santa Clara Parks & Recreation

## Community Recreation Center (CRC)

969 Kiely Boulevard, Santa Clara

### Open Hours:

Monday-Thursday, 8:00 am-8:00 pm

Friday, 8:00 am-5:00 pm

Saturday, 9:00 am-12:00 pm

Class Registration & Park Reservations

(408) 615-3140

Roberta Jones Junior Theatre

(408) 615-3161

## Parks

City Hall Administration Office

(408) 615-2260

Raymond G. Gamma Dog Park Hotline

(408) 615-3144

Mission City Memorial Park

(408) 615-3790

## Santa Clara Golf & Tennis

Santa Clara Golf & Tennis Club

(408) 980-9515

Santa Clara Tennis Center

(408) 247-0178

## Senior Center

1303 Fremont Avenue, Santa Clara

(408) 615-3170

Therapeutic Recreation Services

(408) 615-3169

## Teen Center

2446 Cabrillo Avenue, Santa Clara

(408) 615-3740

## Walter E. Schmidt Youth Activity Center (YAC)

2450 Cabrillo Avenue, Santa Clara

(408) 615-3760

Skate Park

(408) 615-3191

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City of Santa Clara Parks & Recreation



@santaclaracityparks



City of Santa Clara

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# Community Events

## **SANTA CLARA ART & WINE FESTIVAL CENTRAL PARK SATURDAY & SUNDAY, SEPTEMBER 14 & 15**

Join us at the thirty-ninth annual Santa Clara Art and Wine Festival in beautiful Central Park, 969 Kiely Boulevard. This spectacular annual event is held from 10:00 am-6:00 pm on Saturday, 10:00 am-5:00 pm on Sunday, and offers something for everyone.

Start the morning in a peaceful setting and partake in a delicious pancake breakfast at the Pavilion. Spend your afternoon browsing among a variety of 175 arts and crafts booths, with items ranging from fine paintings to toys, jewelry, ceramics, and more.

Sip and savor premium wines or craft beer in the shaded beer tent. Satisfy your taste buds in "Food Alley" where two-dozen local community groups will cook up international food favorites such as tri-tip sandwiches, Irish nachos, Philly cheese steak, and kettle corn, just to name a few. You are sure to leave with a full belly!

Enjoy continuous stellar live entertainment on three stages throughout Central Park. Cheer on a variety of talented community groups as they perform on the Meadow Stage. The Kids Kingdom Stage provides entertainment for even the youngest member of your family to enjoy. This year's Pavilion entertainment lineup sizzles like never before with toe-tapping music to appeal to any listener.

Don't forget to check out Kids Kingdom. With something for everyone, it's sure to impress the whole family. Enjoy a variety of rides and attractions, grab lunch at the Food Court, enjoy entertainment on the Kids Kingdom Stage, have your face painted, visit the Fire Safety Trailer, explore Toddler Town, and much more!

Admission to the festival is free. Proceeds benefit local charities. For further information, visit our website at [www.SantaClaraArtandWine.com](http://www.SantaClaraArtandWine.com) or call the Community Recreation Center at (408) 615-3140.

### **PAVILION STAGE ENTERTAINMENT SCHEDULE Saturday, September 14**

10:15-11:15 am	Angelique Lucero (Singer/Songwriter)
11:45 am-1:00 pm	Daze On The Green (Classic Rock)
1:30-3:00 pm	Mustache Harbor (Soft Rock Explosion)
3:45-6:00 pm	The Spazmatics (80's Show Band)

### **Sunday, September 15**

10:00-11:00 am	MyST (Classic Favorites)
11:30 am-12:45 pm	Cocktail Monkeys (Classic Rock & Contemporary Pop)
1:15-2:30 pm	Funky Latin Orchestra (Funky Latin Jazz)
3:15-5:00 pm	Pop Rocks (Dance Party)



## **CHILDREN'S HALLOWEEN PARTY WALTER E. SCHMIDT YOUTH ACTIVITY CENTER THURSDAY, OCTOBER 31 3:00-6:00 PM**

Happy Halloween! Come celebrate Halloween at our annual SPOOKTACULAR party, sponsored by the Santa Clara Parks & Recreation Department. This FREE event is held at the Walter E. Schmidt Youth Activity Center (YAC), 2450 Cabrillo Avenue. The party includes carnival games, bounce houses, arts and crafts, costume contest, and lots of treats! Also, come visit the Fire Department, Police Department, and Library booths. Refreshments will be sold by the Youth Commission. Preschool age children through 5<sup>th</sup> grade are welcome to participate. Everyone is encouraged to come in costume. For more information, contact the YAC at (408) 615-3760.

# Infant, Toddler, & Early Ed. Classes

## CREATIVE ARTS

### BIG HANDS, LITTLE HANDS

This arts and crafts class is a perfect way for parents and children to work together, creating artwork that comes to life. Have fun with theme days and colorful, at-your-own-pace craft projects. This lively class will bring out the imagination in each participant: parents and children alike! Fee includes one adult and one child.

Ages: At least 2 but less than 6

<b>B. BISHOP • CRC</b>			<b>RES / NON-RES</b>
17624	W	5:30 PM-6:15 PM	Sep 25-Nov 13 \$99 / \$122
17625	W	6:30 PM-7:15 PM	Sep 25-Nov 13 \$99 / \$122

### MY BUDDY & ME'S MESSY MADNESS

Go ahead, make a mess! Children are encouraged to play and explore in their own way in order for them to grow and develop. Children will be presented with opportunities to develop fine motor skills while using paint and playing with shaving cream, glitter, glue, beading, sticker art, crayons, markers, play dough, and color block puzzles. Fee includes one adult and one child.

Ages: At least 2 1/2 but less than 6

<b>K. LUJAN-VERDUGO • CRC</b>			<b>RES / NON-RES</b>
17623	F	9:30 AM-10:15 AM	Sep 27-Nov 22 \$111 / \$137
17686	F	10:30 AM-11:15 AM	Sep 27-Nov 22 \$111 / \$137

### MY FIRST ART CLASS

Explore 5 different art stations each week where making a mess is part of the process. Projects are age-appropriate, with the children having the freedom to explore materials at their own pace and in their own way. Art projects continue to change all year long. The class ends on a musical note with singing and dancing. This is a parent participation class, caregivers welcome. Aprons are provided. A materials fee is payable to the instructor the first day of class; please check your receipt for amount due.

Ages: At least 1 1/2 but less than 4

<b>J. GREENWOOD • CRC</b>			<b>RES / NON-RES</b>
17821	M	9:30 AM-10:30 AM	Sep 23-Nov 4 \$83 / \$104

Ages: At least 2 but less than 5

<b>J. GREENWOOD • CRC</b>			<b>RES / NON-RES</b>
17822	M	10:45 AM-11:45 AM	Sep 23-Nov 4 \$83 / \$104

## DANCE

### BALLET & ACROBATICS

Let your dancer learn how to tumble and twirl in this fun combination dance class! Students will learn elementary ballet technique, including pliés, jetés, and pirouettes, along with acrobatic movements that will help your dancer gain flexibility and coordination.

Ages: At least 4 but less than 7

<b>L. SHEEHY &amp; STAFF • CRC</b>			<b>RES / NON-RES</b>
17658	T	11:15 AM-12:00 PM	Sep 24-Dec 17 \$156 / \$195

### BALLET & JAZZ

Dancers in this class will learn ballet barre basics, center floor movements, and will be introduced to ballet terminology. This combination class helps develop coordination and flexibility in conjunction with the fun music and stylized moves of a jazz class.

Ages: At least 3 but less than 6

<b>L. SHEEHY &amp; STAFF • CRC</b>			<b>RES / NON-RES</b>
17735	Th	2:45 PM-3:30 PM	Sep 26-Dec 19 \$132 / \$165

### BALLET & TAP

Ballet & Tap is a great class for dancers to gain balance and grace while having a great time! Students will learn basic tap steps including shuffles, flaps, and rhythm combinations, as well as elementary ballet movements such as pliés, jetés, and pirouettes.

Ages: At least 3 but less than 6

<b>L. SHEEHY &amp; STAFF • CRC</b>			<b>RES / NON-RES</b>
17662	T	2:45 PM-3:30 PM	Sep 24-Dec 17 \$156 / \$195

Ages: At least 4 but less than 7

<b>L. SHEEHY &amp; STAFF • CRC</b>			<b>RES / NON-RES</b>
17661	M	3:45 PM-4:30 PM	Sep 23-Dec 16 \$132 / \$165

### BEGINNER BALLET

This class is perfect as a stepping-stone from Pre-Ballet to Ballet I, or ideal for the dancer who has never taken ballet before. New dancers will learn the basics so they can advance with a solid understanding of ballet terms, positions, and steps. Dancers with a basic foundation will learn more terms and steps as well as master their positions before advancing further.

Ages: At least 4 but less than 7

<b>K. DAVEY • CRC</b>			<b>RES / NON-RES</b>
17592	Th	3:10 PM-3:40 PM	Sep 26-Nov 21 \$84 / \$105

### DANCIN' FUN!

The class uses fun music and props to keep your active toddler moving and grooving to his/her favorite toddler tunes. Adult participation is required.

Ages: At least 1 1/2 but less than 4

<b>L. SHEEHY &amp; STAFF • CRC</b>			<b>RES / NON-RES</b>
17669	T	10:45 AM-11:15 AM	Sep 24-Dec 17 \$135 / \$169

### HIP HOP MINIS!

Get ready to bounce, wiggle, and shake! Hip Hop Minis is a fun, high-energy class guaranteed to get your little dancer movin' and groovin'. Dancers will learn basic hip hop moves to fun children's music, while improving coordination and rhythm.



Ages: At least 3 but less than 6  
**L. SHEEHY & STAFF • CRC**  
 17673 M 11:00 AM-11:30 AM Sep 23-Dec 16 **RES / NON-RES**  
 \$114 / \$143

**MY BUDDY & ME BALLET**

This class, designed for you and your little dancer, utilizes a variety of props and age appropriate music to assist in introducing basic ballet skills. One adult per child must attend.

Ages: At least 1 1/2 but less than 4  
**L. SHEEHY & STAFF • CRC**  
 17677 M 10:30 AM-11:00 AM Sep 23-Dec 16 **RES / NON-RES**  
 \$114 / \$143

Ages: At least 1y 10m but less than 4  
**K. DAVEY • CRC**  
 17593 Th 10:30 AM-11:00 AM Sep 26-Nov 21 **RES / NON-RES**  
 \$84 / \$105

Ages: At least 2 but less than 4  
**K. DAVEY • CRC**  
 17594 Sa 10:30 AM-11:00 AM Sep 28-Nov 23 **RES / NON-RES**  
 \$95 / \$119

**PRE-BALLET**

Students will learn basic dance terms, ballet positions, movements, patterns, and techniques based on class level.

Ages: At least 3 but less than 5  
**K. DAVEY • CRC**  
 17597 Sa 11:00 AM-11:30 AM Sep 28-Nov 23 **RES / NON-RES**  
 \$95 / \$119

Ages: At least 3 but less than 6  
**K. DAVEY • CRC**  
 17596 Th 11:30 AM-12:00 PM Sep 26-Nov 21 **RES / NON-RES**  
 \$84 / \$105

**PRE-BALLET & ACROBATICS**

Let your dancer learn how to tumble and twirl in this fun preschool-aged dance class! Students will learn ballet basics including pliés, tendus, and ballet positions along with acrobatic movements that will help your little dancer gain flexibility and coordination.

Ages: At least 3 but less than 5  
**L. SHEEHY & STAFF • CRC**  
 17678 T 10:00 AM-10:45 AM Sep 24-Dec 17 **RES / NON-RES**  
 \$156 / \$195

**PRE-BALLET & TAP**

Participants will learn introductory ballet and tap steps while dancing to fun, age-appropriate music! During the ballet portion of the class, your dancer will learn pliés, passés, and positions. While tapping their little toes, dancers will be introduced to shuffles, alligator steps, and flaps.

Ages: At least 3 but less than 6  
**L. SHEEHY & STAFF • CRC**  
 17679 M 11:30 AM-12:15 PM Sep 23-Dec 16 **RES / NON-RES**  
 \$132 / \$165  
 17680 Sa 9:30 AM-10:15 AM Sep 28-Dec 14 **RES / NON-RES**  
 \$132 / \$165

**TINY TOTS BALLET**

This class, which was developed specifically for younger children, uses props and lots of fun music while introducing ballet skills. This is not a parent participation class.

Ages: At least 1 1/2 but less than 4  
**L. SHEEHY & STAFF • CRC**  
 17684 M 10:00 AM-10:30 AM Sep 23-Dec 16 **RES / NON-RES**  
 \$114 / \$143

Ages: At least 2 but less than 4  
**K. DAVEY • CRC**  
 17599 Th 11:00 AM-11:30 AM Sep 26-Nov 21 **RES / NON-RES**  
 \$84 / \$105

**HOLIDAY**

**BREAKFAST WITH SANTA: PAJAMA PARTY**

You'd better watch out, you'd better not cry, better not pout, I'm telling you why: Santa Claus is coming to Santa Clara. A tasty



pancake breakfast will be provided by the Boy Scout Troop 349. Children will take a photo with Santa and his elves and create unique holiday crafts and ornaments. Bring the entire family to get into the holiday spirit! Children are encouraged to come dressed in their favorite Christmas pajamas. Children must be accompanied by an adult; minimum one adult per family. Pre-registration is required and each family member must register. So come on out, whether you've been naughty or nice, and make this event your new family tradition.

Ages: 1 and up  
**RECREATION STAFF • SENIOR CENTER**  
 17355 Sa 9:00 AM-11:00 AM Dec 7 **RES / NON-RES**  
 \$15 / \$16

**DECK THE HALLS**

These special seasonal classes give parents and children an opportunity to work together, creating artwork that comes to life. Have fun with the holiday themes as you create decorations and ornaments at your own pace, and experience other fun-filled activities. These lively classes will bring out the imagination in each participant, parents and children alike. This is a parent participation class.

Ages: At least 2 but less than 6  
**B. BISHOP • CRC**  
 17626 Th 10:00 AM-10:45 AM Dec 5-Dec 19 **RES / NON-RES**  
 \$42 / \$51  
 17627 Th 11:00 AM-11:45 AM Dec 5-Dec 19 **RES / NON-RES**  
 \$42 / \$51

**EVENING WITH SANTA**

It's beginning to look a lot like Christmas at the Community Recreation Center! Evening with Santa is a wonderful opportunity for your family to build warm memories of special traditions. Children will make fun holiday crafts, enjoy delicious winter refreshments, and pose with Santa for a photo taken by parents.

Ages: At least 1m but less than 11  
**RECREATION STAFF • CRC**  
 18282 Th 5:00 PM-6:00 PM Dec 12 **RES / NON-RES**  
 \$15 / \$17

RECREATION STAFF •CRC			RES / NON-RES
18283	Th	6:30 PM-7:30 PM	Dec 12 \$15 / \$17

### MY FIRST ART CLASS: HOLIDAY EDITION

Explore 5 different art stations each week where making a mess is part of the process. You have fun; we clean up! Glitter, glue, painting, collage, play clay, we do it all. The process is emphasized, rather than the end product. Projects are age-appropriate, with the children having the freedom to explore materials at their own pace and in their own way. Art projects continue to change all year long. The class ends on a musical note with singing and dancing. This is a parent participation class, caregivers welcome. Aprons are provided. A materials fee is payable to the instructor the first day of class; please check your receipt for amount due.

Ages: At least 1 1/2 but less than 4

R. RAMSEY •CRC			RES / NON-RES
17823	M	9:30 AM-10:30 AM	Nov 18-Dec 16 \$55 / \$69

Ages: At least 2 but less than 6

R. RAMSEY •CRC			RES / NON-RES
17824	M	10:45 AM-11:45 AM	Nov 18-Dec 16 \$55 / \$69

### TEACHER SEAN'S HOLIDAY JINGLE JAM

Teacher Sean is offering this special 2-week holiday music class where there will be festive dancing, singing holiday songs, moving, jamming, and having fun! One adult may attend with two registered participants.

Ages: At least 1m but less than 5

S. MENDELSON •CRC			RES / NON-RES
17879	T	9:45 AM-10:30 AM	Dec 3-Dec 10 \$42 / \$53
17880	T	10:35 AM-11:20 AM	Dec 3-Dec 10 \$42 / \$53
17881	W	10:00 AM-10:45 AM	Dec 4-Dec 11 \$42 / \$53

S. MENDELSON • LICK MILL PARK			RES / NON-RES
17882	W	4:40 PM-5:25 PM	Dec 4-Dec 11 \$42 / \$53
17883	W	5:30 PM-6:15 PM	Dec 4-Dec 11 \$42 / \$53

## MUSIC

### NEW! BILINGUAL CHINESE & ENGLISH MUSIC CLASS

This is a fun and creative environment for children to explore music and learn Chinese through songs, rhymes, body movements, rhythm, flash cards, instrument playing, and much more! The class will be taught by a fluent Chinese speaker who will use both English and Chinese (Mandarin) to expose the students to Chinese music, culture, and history. Parent/caregiver participation is encouraged.

Ages: At least 2 but less than 5

JOYFUL MELODIES STAFF • OFF SITE			RES / NON-RES
18088	F	10:30 AM-11:10 AM	Sep 13-Dec 6 \$240 / \$290
18089	Sa	9:50 AM-10:30 AM	Sep 14-Dec 7 \$240 / \$290

### NEW! LITTLE MOZART

In this exciting class, little ones will be introduced to musical concepts, symbols and notation, various instruments, famous composers, and much more. Our playful, fun, and creative lessons are taught through singing, playing instruments and movement activities. Parent/caregiver participation is encouraged.

Ages: At least 2 but less than 5

JOYFUL MELODIES STAFF • OFF SITE			RES / NON-RES
18070	F	11:20 AM-12:00 PM	Sep 13-Dec 6 \$240 / \$290
18073	Sa	10:50 AM-11:30 AM	Sep 14-Dec 7 \$240 / \$290

### TEACHER SEAN'S KID SING

This class consists of a group of children exploring musical concepts through circle singing games, dancing, chants, improvisations and instruments play. It's a Kodaly-based program

that instills a love of music while teaching basic music literacy. Singing a rich repertoire of folk music is used to develop the musical ear. We build skills in sight singing and ear training through solfège (do re mi). Lastly, we reinforce with a CD and songbook so children may practice at home.

Ages: At least 3 1/2 but less than 6

S. MENDELSON •CRC			RES / NON-RES
17874	Th	3:40 PM-4:25 PM	Sep 26-Dec 5 \$201 / \$244

### TEACHER SEAN'S MUSIC FACTORY

Discover the power of music on your child's development in the setting Music Together® provides. Music Together® is an internationally renowned, research-based early childhood music program. Children and their caregivers sing, move, jam, and have FUN as we develop a music-making community. Teacher Sean provides 45 minutes of relaxed silliness each week, as he sneaks in the educational elements. Every semester, families are provided with a new collection of music. Teacher Sean's Music Factory is licensed by Music Together LLC. Note: The lab fee covers the cost of class materials (2 CDs, songbook, and a new parent handbook). A discount will be given by the instructor if two siblings are enrolled. ([www.musictogether.com](http://www.musictogether.com))

Ages: At least 1m but less than 5

S. MENDELSON •CRC			RES / NON-RES
17865	M	9:15 AM-10:00 AM	Sep 23-Dec 9 \$213 / \$256
17867	T	9:15 AM-10:00 AM	Sep 24-Nov 26 \$213 / \$256
17868	T	10:15 AM-11:00 AM	Sep 24-Nov 26 \$213 / \$256
17869	T	11:15 AM-12:00 PM	Sep 24-Nov 26 \$213 / \$256
17870	W	10:05 AM-10:50 AM	Sep 25-Nov 27 \$213 / \$256
17871	W	10:55 AM-11:40 AM	Sep 25-Nov 27 \$213 / \$256
17875	Th	4:30 PM-5:15 PM	Sep 26-Dec 5 \$213 / \$256
17876	Sa	9:15 AM-10:00 AM	Sep 28-Nov 23 \$196 / \$235
17877	Sa	10:05 AM-10:50 AM	Sep 28-Nov 23 \$196 / \$235

S. MENDELSON • LICK MILL PARK			RES / NON-RES
17872	W	4:40 PM-5:25 PM	Sep 25-Nov 27 \$213 / \$256
17873	W	5:30 PM-6:15 PM	Sep 25-Nov 27 \$213 / \$256

S. MENDELSON • YAC			RES / NON-RES
17866	M	5:30 PM-6:15 PM	Sep 23-Dec 9 \$213 / \$256

## SPECIAL INTEREST

### LITTLE LEARNER'S CLUB

Join the club! This is a place for little learners to develop their independence, engage their imagination, and explore new things. A variety of creative learning experiences will be provided, including circle time, arts and crafts, and stories. The goal is to make learning fun and exciting, and create a smooth transition into preschool. This is a parent participation class.

Ages: At least 2 but less than 4

B. BISHOP •CRC			RES / NON-RES
17628	Th	10:00 AM-10:45 AM	Sep 26-Nov 14 \$88 / \$108
17629	Th	11:00 AM-11:45 AM	Sep 26-Nov 14 \$88 / \$108

### NEW! LITTLE RANCHERS

Little Ranchers is a program specially created for preschool/toddler age to get a ranch experience. Participants will learn about horses and ponies, improve skills, expand vocabulary and reinforce the importance of caring, patience and taking turns. Class is a 1 hour class which includes horseback riding with a parent in tow.

Ages: At least 2 but less than 6

CHAPARRAL STAFF • PREVOST RANCH & GARDENS			RES / NON-RES
17835	Sa	11:00 AM-12:00 PM	Oct 12 \$35 / \$44
17842	Sa	11:00 AM-12:00 PM	Oct 26 \$35 / \$44
17843	Sa	11:00 AM-12:00 PM	Nov 9 \$35 / \$44
17844	Sa	11:00 AM-12:00 PM	Nov 23 \$35 / \$44

## SPORTS & MARTIAL ARTS

### KARATE, SHOTOKAN, JUNIORS

Come learn the martial art of Shotokan Karate. Juniors will focus on manners, listening skills, following direction, and cooperation with others. Basic skills are taught at a developmentally appropriate level.

Ages: At least 4 but less than 7

<b>M. CRAWFORD • HENRY SCHMIDT PARK</b>		<b>RES / NON-RES</b>	
17774	M 4:00 PM-4:30 PM	Sep 23-Nov 25	\$96 / \$120

<b>M. CRAWFORD • OKAIGAN DOJO</b>		<b>RES / NON-RES</b>	
17770	W 5:00 PM-5:30 PM	Sep 25-Dec 11	\$132 / \$165
17773	Sa 10:30 AM-11:00 AM	Sep 28-Dec 14	\$120 / \$150
17775	S 10:00 AM-10:30 AM	Sep 22-Dec 15	\$132 / \$165

### KLS SOCCER

Kids learn from coaches trained in the Kidz Love Soccer method: sessions includes demonstrations, games, and scrimmages in a non-competitive, recreational format. All children receive a Kidz Love Soccer jersey! **TOT-SOCCER:** Kidz develop large motor skills while running and kicking. **PRE-SOCCER:** Kidz learn basic techniques while building self-esteem and learning to follow instructions. Kidz Love Soccer . . . where the score is always FUN to FUN! (www.kidzlovesoccer.com)

Ages: At least 3 1/2 but less than 4

<b>TOT SOCCER • KLS STAFF • BOWERS PARK</b>		<b>RES / NON-RES</b>	
17851	Sa 10:00 AM-10:30 AM	Sep 21-Nov 16	\$120 / \$150

<b>TOT SOCCER • KLS STAFF • LICK MILL PARK</b>		<b>RES / NON-RES</b>	
17855	Sa 2:15 PM-2:45 PM	Sep 21-Nov 16	\$120 / \$150

Ages: At least 4 but less than 5

<b>PRE-SOCCER • KLS STAFF • BOWERS PARK</b>		<b>RES / NON-RES</b>	
17852	Sa 10:35 AM-11:10 AM	Sep 21-Nov 16	\$120 / \$150

<b>PRE-SOCCER • KLS STAFF • LICK MILL PARK</b>		<b>RES / NON-RES</b>	
17856	Sa 2:50 PM-3:25 PM	Sep 21-Nov 16	\$120 / \$150

Ages: At least 3 1/2 but less than 5

<b>TOT/PRE-SOCCER • KLS STAFF • FREMONT PARK</b>		<b>RES / NON-RES</b>	
17861	M 4:40 PM-5:10 PM	Sep 23-Dec 2	\$120 / \$150

<b>TOT/PRE-SOCCER • KLS STAFF • MAYWOOD PARK</b>		<b>RES / NON-RES</b>	
17847	Th 4:40 PM-5:10 PM	Sep 26-Nov 21	\$120 / \$150

### LIL SLUGGERS BASEBALL

Lil Sluggers is a national child development program created to introduce children to the game of baseball. Weekly classes develop important baseball skills such as throwing, fielding, hitting, and base running. Developmentally appropriate equipment and games are used to teach children the game of baseball in a fun, exciting, and positive environment.

Ages: At least 2 but less than 3

<b>L1 SLUGGERS STAFF • LICK MILL PARK</b>		<b>RES / NON-RES</b>	
17885	Sa 9:30 AM-10:15 AM	Sep 28-Nov 2	\$140 / \$175
17888	Sa 9:30 AM-10:15 AM	Nov 16-Dec 21	\$140 / \$175

Ages: At least 3 but less than 5

<b>L1 SLUGGERS STAFF • LICK MILL PARK</b>		<b>RES / NON-RES</b>	
17886	Sa 10:15 AM-11:00 AM	Sep 28-Nov 2	\$140 / \$175
17889	Sa 10:15 AM-11:00 AM	Nov 16-Dec 21	\$140 / \$175

### LITTLE DUNKERS BASKETBALL

This class is designed to introduce children to the fundamentals of basketball. Children will become familiar with a basketball by participating in activities that teach dribbling, passing, and shooting. By creating a risk-free environment, children will work on their self-confidence as well as social interaction skills. Emphasis is on having fun and learning to play with others.

Ages: At least 3 1/2 but less than 5

<b>RECREATION STAFF • YAC</b>		<b>RES / NON-RES</b>	
17976	Sa 9:30 AM-10:15 AM	Oct 5-Nov 9	\$65 / \$81

Ages: At least 4 but less than 6

<b>RECREATION STAFF • YAC</b>		<b>RES / NON-RES</b>	
17977	Sa 10:30 AM-11:15 AM	Oct 5-Nov 9	\$65 / \$81

### MOMMY/DADDY & ME SOCCER

Introduce yourself and your toddler to the "World's Most Popular Game"! As you and your child participate in our fun, age-appropriate activities, your child will be developing his or her large motor skills and socialization skills. A variety of activities designed around the game of soccer will be played each week. The fun happens on the field, and in Mommy/Daddy & Me Soccer, you won't have to watch from the sidelines.

Ages: At least 2 but less than 3y 7m

<b>KLS STAFF • BOWERS PARK</b>		<b>RES / NON-RES</b>	
17849	Sa 8:45 AM-9:15 AM	Sep 21-Nov 16	\$120 / \$150
17850	Sa 9:20 AM-9:50 AM	Sep 21-Nov 16	\$120 / \$150

<b>KLS STAFF • FREMONT PARK</b>		<b>RES / NON-RES</b>	
17862	M 5:20 PM-5:50 PM	Sep 23-Oct 21	\$63 / \$79

<b>KLS STAFF • LICK MILL PARK</b>		<b>RES / NON-RES</b>	
17859	Sa 5:15 PM-5:45 PM	Sep 21-Oct 19	\$75 / \$94

<b>KLS STAFF • MAYWOOD PARK</b>		<b>RES / NON-RES</b>	
17848	Th 5:20 PM-5:50 PM	Sep 26-Oct 24	\$75 / \$94

## SWIMMING

### PARENT-TOT

The parent works with the child in the water while the instructor provides supervision and guidance. The goal of the class is to introduce children to water adjustment skills in a safe and friendly environment. This class is not intended to teach children how to swim. **Level 1** is for children who have little or no previous water experience. **Level 2** is for children who have had 2 or more previous sessions in the water; submerge reluctantly or not at all; require floatation support at all times; or who may benefit from parental support in the water. There must be one parent per child in the water with both levels.

Ages: At least 6m but less than 2y 1m

<b>PARENT-TOT 1 • RECREATION STAFF • WARBURTON POOL</b>		<b>RES / NON-RES</b>	
17738	Sa 10:30 AM-11:00 AM	Sep 7-Sep 28	\$42 / \$53

Ages: At least 2 but less than 5

<b>PARENT-TOT 2 • RECREATION STAFF • WARBURTON POOL</b>		<b>RES / NON-RES</b>	
17739	Sa 11:00 AM-11:30 AM	Sep 7-Sep 28	\$42 / \$53
17740	Sa 11:30 AM-12:00 PM	Sep 7-Sep 28	\$42 / \$53



# Roberta Jones Jr. Theatre

## 51<sup>ST</sup> ANNIVERSARY SEASON!

In keeping with the vision of founder Roberta Jones, Roberta Jones Junior Theatre provides youth in Santa Clara with high-quality recreational experiences in theatre arts. All children are welcome to participate on stage and backstage in our productions. Our program fosters a strong sense of place and community for participants and the general public. Participants are given opportunities for self-expression in a fun, safe environment where they improve self-esteem, confidence, and social skills, while learning the value of personal responsibility from adult role models. Audiences are provided with excellent, affordable, family-friendly special events where our young performers inspire joyful appreciation for the performing arts in the Santa Clara community.

A limited number of scholarships are available. Visit us online at [www.RJJT.org](http://www.RJJT.org) or call (408) 615-3161.

### ACTING TECHNIQUE FOR TEENS

Beginning, intermediate, and advanced teen actors will learn professional acting technique through improvisational exercises and scene study. The last class will be a performance for invited family and friends.

Ages: At least 13 but less than 19

<b>H. McALLISTER • CRC</b>		<b>Res / Non-Res</b>
17709	Sa 1:20 PM-2:05 PM	Sep 28-Dec 7 \$87 / \$109

### IMAGINE ME/IMAGINE ME, TOO!

The imagination is where everything begins! Spark your child's imagination with this high-quality creative dramatics class. In these delightful classes, children explore creativity through interactive storytelling and improvisational games. Behind the excitement and fun of acting out the adventures of classic stories are the educational benefits of this program. The students gain self-confidence and learn to cooperate with others while stimulating their imaginations and enjoying physical exercise. Children must be able to leave their parents with ease. Imagine Me, Too has more emphasis on characterization and acting technique.

Ages: At least 4 but less than 6

<b>IMAGINE ME • RECREATION STAFF • CRC</b>		<b>Res / Non-Res</b>
17710	W 3:00 PM-3:45 PM	Sep 25-Nov 20 \$87 / \$109
17722	Sa 1:00 PM-1:45 PM	Sep 28-Nov 23 \$87 / \$109

Ages: At least 6 but less than 9

<b>IMAGINE ME, TOO! • RECREATION STAFF • CRC</b>		<b>Res / Non-Res</b>
17711	W 3:50 PM-4:40 PM	Sep 25-Nov 20 \$87 / \$109
17723	Sa 1:50 PM-2:40 PM	Sep 28-Nov 23 \$87 / \$109

### IMPROV YOUR COMMUNICATION

Students will improve their communication skills with empathy, assertiveness, and respect while enjoying role-playing acting exercises and games of improv comedy.

Ages: At least 8 but less than 13

<b>H. McALLISTER • CRC</b>		<b>Res / Non-Res</b>
17712	Sa 3:10 PM-3:55 PM	Sep 28-Dec 7 \$87 / \$109

### MUSIC READING

This class will focus on improving music-reading ability. The coursework will include introductions to sight reading, intervals, and note-values, using a variety of approaches including textbook exercises and handcrafted methods from the instructor. Students will learn how to identify pitches and notes on the staff, as well as

techniques for counting and understanding rhythms. This class is perfect for budding artists who wish to pursue any kind of singing or instrument extracurricularly or professionally.

Ages: At least 8 but less than 19

<b>J. RUBIETTA • CRC</b>		<b>Res / Non-Res</b>
17892	Th 7:00 PM-8:00 PM	Sep 26-Dec 19 \$128 / \$156

### RJJT YOUTH CHOIR

Participants will learn proper vocal technique and improve singing ability while learning fun, modern songs and musical theatre favorites. The last class will be a performance for invited family and friends.

Ages: At least 8 but less than 19

<b>J. RUBIETTA • CRC</b>		<b>Res / Non-Res</b>
17717	W 6:45 PM-8:00 PM	Sep 25-Dec 11 \$155 / \$191

### SINGING TECHNIQUE

This class will focus on vocal technique and solo singing. There will be a strong emphasis on dynamics, technique, ear training, music theory, and performative quality. Students will learn how to choose and prepare an audition song for musical theatre productions.

Ages: At least 10 but less than 19

<b>J. RUBIETTA • CRC</b>		<b>Res / Non-Res</b>
17891	M 7:00 PM-8:00 PM	Sep 23-Dec 16 \$126 / \$155

### STAGE MAKEUP

Students will experience the thrill of creating characters with the art of theatrical make-up. Students will provide their own Mehron Mini-Pro Student Makeup Educational Kit (approximately \$20). Check registration receipt for information on where to purchase makeup kit.

Ages: At least 10 but less than 19

<b>H. McALLISTER • CRC</b>		<b>Res / Non-Res</b>
17718	Sa 2:10 PM-2:55 PM	Sep 28-Dec 7 \$87 / \$109

### YOUNG ACTORS FUNSHOP

Aspiring actors will have a blast as they get their turn in the spotlight. Beginning acting technique will be taught with fun and playful games, exercises, poems, and brief scenes. The last class will be a performance for invited family and friends.

Ages: At least 8 but less than 13

<b>H. McALLISTER • CRC</b>		<b>Res / Non-Res</b>
17720	Sa 12:30 PM-1:15 PM	Sep 28-Dec 7 \$87 / \$109

**YOUTH PRODUCTION: CHARLOTTE'S WEB**

This exciting musical version of "Charlotte's Web" brings a new dimension to E.B. White's beloved classic book. With music and lyrics by Charles Strouse (Annie and Bye, Bye Birdie) and book by Joseph Robinette (national award-winning children's playwright), this musical tells the enchanting tale of the unusual friendship between Wilbur, the "Terrific" pig, and Charlotte, the spider who uses her web to save Wilbur's life.

Auditions are September 3 or 4, 3:30-6:30 pm (choose one date). Please arrive at 3:30 pm and plan on staying until 6:30 pm. Callbacks are September 5, 3:30-6:30 pm. Only some will need to attend.

Rehearsals begin September 17, Monday through Friday, 4:15-6:30 pm, plus Saturday rehearsals. Individual schedules vary with part received. Rehearsal schedule will be distributed when casting is complete.

Performances are November 15, 16, 22, and 23 at 7:00 pm and November 17 and 24 at 2:00 pm.

Please register in Jr. Theatre Youth Production before attending auditions. NOTE: Please visit [www.RJJT.org](http://www.RJJT.org) to download the rehearsal schedule conflict calendar. You will be required to turn in this form in order to participate in auditions. Audition participation depends upon approval of your schedule conflict form.

Advanced registration in Youth Production course is required. There will be a required meeting, for those parents who have never attended a Roberta Jones Junior Theatre parent meeting, on Tuesday, September 17, 6:45-8:00 pm at the Community Recreation Center.

LOCATION: Auditions and rehearsals will be in the Mary Louise Mello Auditorium at the Community Recreation Center.

IMPORTANT: Visit [RJJT.org](http://RJJT.org) for critical information on what to prepare for auditions and other vital information about this production.

Ages: At least 8 but less than 19

RECREATION STAFF • CRC			RES / NON-RES
17721	M-F	3:30 PM-5:00 PM	Sep 3-Nov 24 \$124 / \$148



# REGISTER ONLINE

With our online system, ActiveNet, you can:

- Register for classes
- Check availability
- Waitlist for a course
- Create an activity wishlist
- Check your account balance

To create an account, visit [apm.ActiveCommunities.com/SantaClara](http://apm.ActiveCommunities.com/SantaClara). You must set up an account in order to use the online system. No additional fees are charged for online registration. For Registration Information, please see page 43, or call (408) 615-3140.





# Gymnastics

Gymnastics classes are held at the Gymnastics Center in Earl Carmichael Park, 3445 Benton Street, located between Pomeroy Avenue and Lawrence Expressway.

Peninsula Gymnastics Philosophy:

We strive to promote healthy lifestyles in children through the sport of gymnastics by making gymnastics fun, using gymnastics to increase self confidence, teaching life-long lessons and promoting the sport of gymnastics in our community at any, and all levels.

Our Program has become a pillar in our community by teaching thousands of children self-confidence, the art of performance and good sportsmanship over the last 20 years. With the support of our incredible team, we are able to spread these values to children at our two Bay Area locations.

For registration information, visit [apm.ActiveCommunities.com/SantaClara](http://apm.ActiveCommunities.com/SantaClara) or call the Community Recreation Center at (408) 615-3140.

## LEVELS OF INSTRUCTION

**Pre School Gymnastics:** Class Duration: 45 Minutes  
 GUPPIES Silver (Ages: 1.5-3.5 years)-Parent participation required  
 GUPPIES Gold (Ages: 3.5-4.5 years)-Non parent participation

The Pre School Gymnastics program allows the student to gain the basic knowledge of the gymnastics equipment while using all the students' energy. These classes focus on listening and social skills, coordination development, body awareness and basic gymnastics skills. The program allows students to build strength and increase self-confidence. The classes include obstacle courses, music and fun creating a unique atmosphere for learning.

**Level 1 Gymnastics:** Class Duration: 55 Minutes  
 Girls Rec 1: Ages 4.5-6 years old    Boys Rec 1: Ages 4.5-6 years old  
 Girls Rec 1: Ages 7-12 years old    Boys Rec 1: Ages 7-12 years old

These classes teach basic gymnastics skills, body positions and terminology. This class aims to develop overall body awareness, strength, flexibility, condition and self-esteem. Students are introduced to all gymnastics apparatuses for their age, level, and appropriate skills progressions. Classes teach fundamental gymnastics skills on events including correct flight, safe landings, climbing, swinging, jumping, rocking, rolling, and beginning inversion.

**Level 2 Gymnastics:** Class Duration: 55 Minutes  
 Girls Rec 2: Ages 5-7 years old    Boys Rec 2: Ages 5-7 years old  
 Girls Rec 2: Ages 7-12 years old    Boys Rec 2: Ages 7-12 years old

These classes consist of students who have mastered basic gymnastics skills and movement in the Level 1 program. Classes focus on building strength, flexibility, and progressive gymnastics

skills on all Olympic Gymnastics Events. It is recommended that students take classes twice a week.

**Level 3 Gymnastics - Girls ONLY:** Class Duration: 55 Minutes  
 Ages: 6-12 years old

Students in Level 3 must have participated and passed the Level 2 program with approval from Peninsula Staff. Class is structured on advanced Level skills building from previous gymnastics experience. Class is taught progressively, giving each gymnast opportunity to increase skill each class!

**Tumbling:** Class Duration: 85 Minutes  
 Ages: 7 years old and up

This class is for boys and girls who have taken gymnastics classes and have basic skills. We have two groups: beginners and advanced. This class develops physical ability and tumbling skills on floor, tumble trak, and trampoline.

**VIP Program:** Class Duration: 55 Mins  
 Ages: 4.5-6 years  
 Ages: 7-12 yrs

This gymnastics class is a great way for children with special to needs to improve motor skills, coordination, strength, flexibility, socialization, and much more! Each student should be accompanied by an adult who will participate in the gym area.

**Accelerated Classes: By Coaches Invitation ONLY**

**Hot Shots:** Class Duration: 55 Minutes  
 Ages: 4-6 years

**Devo's Program:** Class Duration 120 Minutes, 2 days a week  
 Ages: 7-10 years

**Girls Shining Stars:** Class Duration: 120 Minutes, 1 day a week  
 Ages: 8-16 years

The Accelerated Programs are for students that show potential for competitive gymnastics. Classes include basic fundamental gymnastics skills taught at an accelerated pace. Students are chosen based on completion of basic levels, strength, flexibility, and enjoyment of the sport!

### PARENTS' NIGHT OUT

Our staff will entertain the kids in a fun-filled night with gymnastics, pizza, ice cream, and a movie.

Ages: At least 4 but less than 16

PENINSULA STAFF • EARL CARMICHAEL PARK		RES / NON-RES	
18286	Sa 6:00 PM-9:30 PM	Sep 21	\$40 / \$50
18287	Sa 6:00 PM-9:30 PM	Oct 19	\$40 / \$50
18288	Sa 6:00 PM-9:30 PM	Nov 16	\$40 / \$50

Classes Continue  
 Next Page

**GYMNASTICS CHART LEGEND**

**Res / Non-Res**

**FIRST SESSION DATES:** SEP 23-NOV 16

**8 WEEK CLASS:** \$161 / \$201

**SECOND SESSION DATES:** NOV 18-DEC 21

**4 WEEK CLASS:** \$80 / \$100

**5 WEEK CLASS:** \$100 / \$125

*Invite only class fees may be different than above. Please see online class listing for accurate class rates.*

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:00 AM						Guppies Silver #18003
						Guppies Silver #18175
						Guppies Gold #18004
						Guppies Gold #18176
						Girls Rec 1: 4.5-6 #18005
						Girls Rec 1: 4.5-6 #18177
						Girls Rec 2: 5-7 #18006
						Girls Rec 2: 5-7 #18178
10:00 AM	Guppies Silver #18065	Guppies Silver #18066	Guppies Silver #18071	Guppies Silver #18077	Guppies Silver #18080	Guppies Silver #18087
	Guppies Silver #18147	Guppies Silver #18151	Guppies Silver #18154	Guppies Silver #18160	Guppies Silver #18168	Guppies Silver #18179
	Guppies Gold #18059	Guppies Gold #18067	Guppies Gold #18072	Guppies Gold #18076	Guppies Gold #18082	Guppies Gold #18090
	Guppies Gold #18149	Guppies Gold #18152	Guppies Gold #18156	Guppies Gold #18163	Guppies Gold #18173	Guppies Gold #18180
						Boys Rec 1: 4.5-6 #18014
						Boys Rec 1: 4.5-6 #18182
						Girls Rec 1: 4.5-6 #18092
						Girls Rec 1: 4.5-6 #18181
11:00 AM	Guppies Silver #18069	Guppies Silver #18068	Guppies Silver #18074	Guppies Silver #18075	Guppies Silver #18085	Guppies Silver #18093
	Guppies Silver #18150	Guppies Silver #18153	Guppies Silver #18157	Guppies Silver #18164	Guppies Silver #18174	Guppies Silver #18183
	Guppies Gold #18096		Guppies Gold #18101		Guppies Gold #18105	Guppies Gold #18107
	Guppies Gold #18184		Guppies Gold #18186		Guppies Gold #18188	Guppies Gold #18189
		Guppies Gold #18097		Guppies Gold #18103		Girls Rec 1: 7-12 #18045
		Guppies Gold #18185		Guppies Gold #18187		Girls Rec 1: 7-12 #18275
						Girls Rec 2: 7-12 #18048
						Girls Rec 2: 7-12 #18191
12:00 PM			VIP #18019		VIP #18111	Guppies Gold #18113
			VIP #18193		VIP #18194	Guppies Gold #18195
						Boys Rec 2: 7-12 #18051
						Boys Rec 2: 7-12 #18198
						Girls Rec 3: 6-12 #18009
						Girls Rec 3: 6-12 #18196
1:00 PM						Guppies Gold #18112
						Guppies Gold #18262
						Girls Rec 1: 4.5-6 #18216
						Girls Rec 1: 4.5-6 #18260
						Boys Rec 1: 4.5-6 #18118
						Boys Rec 1: 4.5-6 #18200
						Girls Rec 3: 6-12 #18116
						Girls Rec 3: 6-12 #18199
1:30 PM		Guppies Gold #18091		Guppies Gold #18106		
		Guppies Gold #18214		Guppies Gold #18246		
		Girls Rec 1: 4.5-6 #18086		Boys Rec 1: 4.5-6 #18104		
		Girls Rec 1: 4.5-6 #18212		Boys Rec 1: 4.5-6 #18244		

**GYMNASTICS CLASSES**



TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2:00 PM	Guppies Gold #18079		Boys Rec 1: 4.5-6 #18100			
	Guppies Gold #18202		Boys Rec 1: 4.5-6 #18236			
	Girls Rec 1: 4.5-6 #18078		Girls Rec 1: 4.5-6 #18098			
	Girls Rec 1: 4.5-6 #18201		Girls Rec 1: 4.5-6 #18235			
			Girls Rec 2: 5-7 #18102			
			Girls Rec 2: 5-7 #18238			
2:30 PM		Guppies Gold #18095		Guppies Gold #18109		
		Guppies Gold #18233		Guppies Gold #18251		
		Girls Rec 1: 4.5-6 #18094		Boys Rec 1: 4.5-6 #18108		
		Girls Rec 1: 4.5-6 #18232		Boys Rec 1: 4.5-6 #18249		
3:00 PM	Guppies Gold #18083		Guppies Gold #18110			
	Guppies Gold #18208		Guppies Gold #18257			
	Girls Rec 1: 4.5-6 #18204		Boys Rec 1: 4.5-6 #18205			
	Girls Rec 1: 4.5-6 #18206		Boys Rec 1: 4.5-6 #18254			
3:30 PM		Boys Rec 1: 4.5-6 #18132		Boys Rec 1: 4.5-6 #18136		
		Boys Rec 1: 4.5-6 #18223		Boys Rec 1: 4.5-6 #18224		
		Girls Rec 1: 4.5-6 #18120		Girls Rec 1: 4.5-6 #18135		
		Girls Rec 1: 4.5-6 #18220		Girls Rec 1: 4.5-6 #18221		
4:00 PM	Guppies Gold #18117		Guppies Gold #18134		Boys Rec 1: 7-12 #18141	
	Guppies Gold #18255		Guppies Gold #18256		Boys Rec 1: 7-12 #18253	
	Girls Rec 2: 5-7 #18115		Boys Rec 2: 5-7 #18017		Girls Rec 1: 4.5-6 #18139	
	Girls Rec 2: 5-7 #18250		Boys Rec 2: 5-7 #18252		Girls Rec 1: 4.5-6 #18248	
	Girls Rec 3: 6-12 #18114		Girls Rec 3: 6-12 #18170		Girls Rec 1: 7-12 #18142	
	Girls Rec 3: 6-12 #18225		Girls Rec 3: 6-12 #18226		Girls Rec 1: 7-12 #18258	
4:30 PM		Guppies Gold #18119		Guppies Gold #18121		
		Guppies Gold #18203		Guppies Gold #18207		
		Girls Rec 1: 4.5-6 #18172		Girls Rec 1: 7-12 #18138		
		Girls Rec 1: 4.5-6 #18264		Girls Rec 1: 7-12 #18265		
		Girls Rec 2: 7-12 #18171		Girls Rec 2: 5-7 #18137		
		Girls Rec 2: 7-12 #18261		Girls Rec 2: 5-7 #18263		
5:00 PM	Girls Rec 1: 7-12 #18125		Guppies Silver #18123		Boys Rec 1: 7-12 #18217	
	Girls Rec 1: 7-12 #18215		Guppies Silver #18211		Boys Rec 1: 7-12 #18227	
	Girls Rec 3: 6-12 #18122		Guppies Gold #18126		Girls Rec 3: 6-12 #18124	
	Girls Rec 3: 6-12 #18209		Guppies Gold #18229		Girls Rec 3: 6-12 #18213	
	Tumbling #18020		Tumbling #18155		Tumbling #18161	
	Tumbling #18228		Tumbling #18222		Tumbling #18230	
5:30 PM		Guppies Silver #18131		Guppies Gold #18128		
		Guppies Silver #18241		Guppies Gold #18234		
		Girls Rec 2: 5-7 #18127		Girls Rec 1: 4.5-6 #18133		
		Girls Rec 2: 5-7 #18231		Girls Rec 1: 4.5-6 #18242		
		Girls Rec 2: 7-12 #18129		Girls Rec 1: 7-12 #18130		
		Girls Rec 2: 7-12 #18237		Girls Rec 1: 7-12 #18239		
6:00 PM					Tumbling #18162	
					Tumbling #18247	

# Youth Classes

## CAMPS

### NEW! GYMNASICS CAMP

Peninsula Gymnastics provides camp opportunities throughout the year. Camp activities include gymnastics, acrobatics, tumbling, games, and much more! No prior gymnastics experience is required. Campers must bring a bagged lunch, snack, and clothes to walk to the park.

Ages: At least 4 but less than 16

PENINSULA STAFF • EARL CARMICHAEL PARK				RES / NON-RES
18289	M	9:00 AM-12:00 PM	Oct 7	\$55 / \$69
18290	M	9:00 AM-12:00 PM	Nov 11	\$55 / \$69

PENINSULA STAFF • EARL CARMICHAEL PARK				RES / NON-RES
18292	M	12:00 PM-2:00 PM	Oct 7	\$20 / \$25
18293	M	12:00 PM-2:00 PM	Nov 11	\$20 / \$25

### NEW! HOLIDAY MUSIC CAMP

The Joyful Melodies Music Camp is a perfect opportunity for your child to explore music this Summer. Our camp is catered to all musical backgrounds, especially absolute beginners. Each camp week also has a unique theme to help excite the learning process and draw focus to a specific topic of our world and how it relates to music. Students will be able to play a variety of instruments every week, along with a special opportunity for a final performance for their parents and friends at the end of each week (morning session only).

Ages: At least 5 but less than 10

JOYFUL MELODIES STAFF • OFF SITE				RES / NON-RES
18140	M,T,Th,F	9:00 AM-12:30 PM	Dec 23-Dec 27	\$280 / \$330
18143	M,T,Th,F	1:00 PM-3:30 PM	Dec 23-Dec 27	\$200 / \$250
18144	M,T,Th,F	9:00 AM-3:30 PM	Dec 23-Dec 27	\$460 / \$510
18145	M,T,Th,F	9:00 AM-12:30 PM	Dec 30-Jan 3	\$280 / \$330
18146	M,T,Th,F	1:00 PM-3:30 PM	Dec 30-Jan 3	\$200 / \$250
18148	M,T,Th,F	9:00 AM-3:30 PM	Dec 30-Jan 3	\$460 / \$510

### HORSE CAMP

Come and spend a week with our horses and learn some basic horsemanship. Chaparral offers a fantastic learning experience on all of the ins and outs of horse riding. Horse lovers will get a hands-on introduction to horses, including grooming, horse psychology, and more. Each day of camp allows at least one hour of riding time. During the remaining time, campers will learn what it takes to be a horse owner. The responsibilities that these wonderful animals require is more than most assume. Our horses are very gentle, and our instructors are focused on the safety of the group. Parents are invited to see progress on the last day of camp. Riding participants must weigh 230 pounds or less. A signed Chaparral Ranch waiver must be turned in at the first class. Aftercare is available from 3:00-5:00 pm for \$15 per hour. Please contact Chaparral Ranch directly at (408) 726-8453 for information or to register for aftercare.

Ages: At least 6 but less than 16

THANKSGIVING • CHAPARRAL STAFF • ED LEVIN PARK				RES / NON-RES
17830	W,F	9:00 AM-3:00 PM	Nov 27-Nov 29	\$180 / \$225

WINTER • CHAPARRAL STAFF • ED LEVIN PARK				RES / NON-RES
17832	M,T,Th,F	9:00 AM-3:00 PM	Dec 23-Dec 27	\$360 / \$410
17833	M,T,Th,F	9:00 AM-3:00 PM	Dec 30-Jan 3	\$360 / \$410

## CREATIVE ARTS

### AFTER SCHOOL ARTISTS

Explore creativity through a variety of media, in both 2 and 3 dimensions. Each class will focus on a different medium using watercolor, pencil, acrylic, and clay. Participants will need to purchase one 10-sheet 12" x 16" pad of canvas (approx. \$17). All other supplies are provided.

Ages: At least 7 but less than 13

K. MANFREDI • CRC				RES / NON-RES
17750	M	3:30 PM-5:00 PM	Sep 23-Dec 16	\$128 / \$156

### DRAWING, BEGINNING & INTERMEDIATE

The class for ages 6-8 is an introduction to drawing for young children. Students will experience the joy of drawing as they develop new skills while learning to draw cartoons and animated figures. The goal of the instructor is for students to build confidence, creativity, imagination, and to have fun doing it. The class for ages 9-12 is an introduction for beginners, as well as an intermediate class for students who have some drawing experience, but wish to advance. There is an outline and direction for the class, but students will have opportunities to work on their personal, individual projects. Students need to bring an all-purpose drawing pad to class. All other supplies will be provided for class use and students get to take them home at the end of the session.

Ages: At least 6 but less than 9

J. GREEN • CRC				RES / NON-RES
17603	T	3:30 PM-4:20 PM	Sep 24-Oct 29	\$82 / \$100
17605	T	3:30 PM-4:20 PM	Nov 12-Dec 17	\$82 / \$100

Ages: At least 9 but less than 13

J. GREEN • CRC				RES / NON-RES
17604	T	4:30 PM-5:30 PM	Sep 24-Oct 29	\$82 / \$100
17606	T	4:30 PM-5:30 PM	Nov 12-Dec 17	\$82 / \$100

### KIDS CERAMICS

Experience clay and create ceramic artwork using a variety of handbuilding techniques. Each session will feature new projects.

Ages: At least 7 but less than 13

K. MANFREDI • CRC				RES / NON-RES
17756	T	3:30 PM-5:00 PM	Sep 24-Oct 29	\$99 / \$120
17757	T	3:30 PM-5:00 PM	Nov 5-Dec 17	\$99 / \$120
17999	Th	3:30 PM-5:00 PM	Sep 26-Oct 24	\$85 / \$103
18000	Th	3:30 PM-5:00 PM	Nov 7-Dec 19	\$99 / \$120
17758	Sa	10:30 AM-12:00 PM	Sep 28-Nov 2	\$99 / \$120
17998	Sa	10:30 AM-12:00 PM	Nov 9-Dec 21	\$99 / \$120

### SATURDAY MORNING ARTISTS

Explore creativity through a variety of media, in both 2 and 3 dimensions. Each class will focus on a different medium using watercolor, pencil, acrylic, and clay. Participants will need to





purchase one 10-sheet 12" x 16" pad of canvas (approx. \$17). All other supplies are provided.

Ages: At least 7 but less than 13

<b>K. MANFREDI • CRC</b>			RES / NON-RES
17759	Sa	9:00 AM-10:30 AM	Sep 28-Nov 2 \$81 / \$98
18002	Sa	9:00 AM-10:30 AM	Nov 9-Dec 21 \$81 / \$98

## DANCE

### ACROBATICS

Students will learn floor routines utilizing basic tumbling skills such as rolls, cartwheels, and backbends. ACROBATICS II/III participants must be able to perform a one-hand cartwheel and backbend, unassisted. ACROBATICS IV participants must be able to perform a front handspring, back walkover and front walkover, unassisted.

Ages: At least 5 but less than 13

<b>I • L. SHEEHY &amp; STAFF • CRC</b>			RES / NON-RES
17655	T	3:30 PM-4:15 PM	Sep 24-Dec 17 \$156 / \$195

Ages: At least 7 but less than 15

<b>II, III • L. SHEEHY &amp; STAFF • CRC</b>			RES / NON-RES
17656	T	5:00 PM-5:45 PM	Sep 24-Dec 17 \$156 / \$195

Ages: At least 9 but less than 19

<b>IV • L. SHEEHY &amp; STAFF • CRC</b>			RES / NON-RES
17657	T	5:45 PM-6:30 PM	Sep 24-Dec 17 \$156 / \$195

### BALLET & ACROBATICS

Let your dancer learn how to tumble and twirl in this fun combination dance class! Students will learn elementary ballet technique, including pliés, jetés, and pirouettes, along with acrobatic movements that will help your dancer gain flexibility and coordination.

Ages: At least 5 but less than 9

<b>L. SHEEHY &amp; STAFF • CRC</b>			RES / NON-RES
17659	W	3:00 PM-3:45 PM	Sep 25-Dec 18 \$144 / \$180

### BALLET & JAZZ

Dancers in this class will learn ballet barre basics, center floor movements, and will be introduced to ballet terminology. This

combination class helps develop coordination and flexibility in conjunction with the fun music and stylized moves of a jazz class.

Ages: At least 6 but less than 11

<b>I, II • L. SHEEHY &amp; STAFF • CRC</b>			RES / NON-RES
17660	Th	3:30 PM-4:15 PM	Sep 26-Dec 19 \$132 / \$165

### BALLET & TAP

Ballet & Tap is a great class for dancers to gain balance and grace while having a great time! Students will learn basic tap steps including shuffles, flaps, and rhythm combinations, as well as elementary ballet movements such as pliés, jetés, and pirouettes.

Ages: At least 5 but less than 9

<b>I, II • L. SHEEHY &amp; STAFF • CRC</b>			RES / NON-RES
17665	W	4:30 PM-5:15 PM	Sep 25-Dec 18 \$144 / \$180
17664	Sa	10:15 AM-11:00 AM	Sep 28-Dec 14 \$132 / \$165

Ages: At least 5 but less than 11

<b>I, II • L. SHEEHY &amp; STAFF • CRC</b>			RES / NON-RES
17667	M	4:30 PM-5:15 PM	Sep 23-Dec 16 \$132 / \$165

Ages: At least 6 but less than 13

<b>II, III • L. SHEEHY &amp; STAFF • CRC</b>			RES / NON-RES
17666	T	4:15 PM-5:00 PM	Sep 24-Dec 17 \$156 / \$195

Ages: At least 7 but less than 13

<b>II, III • L. SHEEHY &amp; STAFF • CRC</b>			RES / NON-RES
17668	Sa	11:00 AM-11:45 AM	Sep 28-Dec 14 \$132 / \$165

### BALLET

Students will learn basic dance terms, ballet positions, movements, patterns, and techniques based on class level.

Ages: At least 5 but less than 9

<b>I • K. DAVEY • CRC</b>			RES / NON-RES
17583	Th	3:40 PM-4:25 PM	Sep 26-Nov 21 \$98 / \$123
17584	Sa	11:30 AM-12:15 PM	Sep 28-Nov 23 \$110 / \$138

Ages: At least 6 but less than 10

<b>II • K. DAVEY • CRC</b>			RES / NON-RES
17585	Th	4:25 PM-5:10 PM	Sep 26-Nov 21 \$98 / \$123

Ages: At least 8 but less than 16

<b>III • K. DAVEY • CRC</b>			RES / NON-RES
17586	Th	5:10 PM-5:55 PM	Sep 26-Nov 21 \$98 / \$123

Ages: At least 9 but less than 19

<b>IV • K. DAVEY • CRC</b>			RES / NON-RES
17587	F	3:30 PM-4:15 PM	Sep 27-Nov 22 \$110 / \$138

### BALLET TECHNIQUE

The ballet technique classes are geared towards young dancers who would like to take a more serious approach to their training. Classes instructed by Ms. Kimberly will be in the Balanchine style and the classes instructed by Mr. Adolfo will be in the Vaganova style technique. This allows dancers to build a strong foundation for their futures in dance. A minimum of 2 classes a week and teacher approval is required due to the intense focus and discipline of these classes.

Ages: At least 6 but less than 10

<b>II • K. DAVEY • CRC</b>			RES / NON-RES
17588	M	4:15 PM-5:00 PM	Sep 23-Dec 9 \$136 / \$170

Ages: At least 7 but less than 15

<b>III • K. DAVEY • CRC</b>			RES / NON-RES
17589	M	3:30 PM-4:15 PM	Sep 23-Dec 9 \$136 / \$170

Ages: At least 8 but less than 14

<b>III • V. MARAZITA • CRC</b>			RES / NON-RES
17896	W	5:00 PM-5:55 PM	Sep 25-Nov 20 \$117 / \$146

Ages: At least 10 but less than 19

<b>IV • K. DAVEY • CRC</b>	<b>RES / NON-RES</b>
17590 M 5:00 PM-6:30 PM Sep 23-Dec 9	\$173 / \$216

### NEW! BOLLYBEATS KIDS

Join us for a fun-filled Bollywood dance class. Learn dances to popular Bollywood songs while working on and strengthening multiple motor skills. Various Indian dance styles will be taught with a focus on beat, rhythm, and expression.

Ages: At least 4 but less than 7

<b>STARRZ DANCE STAFF • CRC</b>	<b>RES / NON-RES</b>
18192 F 3:30 PM-4:15 PM Sep 27-Nov 22	\$117 / \$146

Ages: At least 7 but less than 13

<b>STARRZ DANCE STAFF • CRC</b>	<b>RES / NON-RES</b>
18197 F 4:15 PM-5:00 PM Sep 27-Nov 22	\$117 / \$146

### HIP HOP

Get moving to the latest in hip hop dance. This class focuses on stretching and warm-ups, then on to learn the hottest hip hop moves as seen in your favorite videos.

Ages: At least 5 but less than 9

<b>I • L. SHEEHY &amp; STAFF • CRC</b>	<b>RES / NON-RES</b>
17670 W 3:45 PM-4:30 PM Sep 25-Dec 18	\$144 / \$180

Ages: At least 6 but less than 13

<b>I, II • L. SHEEHY &amp; STAFF • CRC</b>	<b>RES / NON-RES</b>
17672 Sa 11:45 AM-12:30 PM Sep 28-Dec 14	\$132 / \$165

Ages: At least 7 but less than 15

<b>I, II • L. SHEEHY &amp; STAFF • CRC</b>	<b>RES / NON-RES</b>
17671 M 5:15 PM-6:00 PM Sep 23-Dec 16	\$132 / \$165

### PERFORMANCE DANCE TEAM

These are advanced dance classes for only the Performance Dance Team participants. Classes will focus on choreography for various performances. Instructor approval required prior to registering.

Ages: At least 7 but less than 13

<b>JAZZ II • L. SHEEHY &amp; STAFF • CRC</b>	<b>RES / NON-RES</b>
17681 Th 4:15 PM-5:00 PM Sep 26-Dec 19	\$132 / \$165

Ages: At least 8 but less than 15

<b>JAZZ III • L. SHEEHY &amp; STAFF • CRC</b>	<b>RES / NON-RES</b>
17675 Th 5:45 PM-6:30 PM Sep 26-Dec 19	\$132 / \$165

Ages: At least 8 but less than 15

<b>TAP II, III • L. SHEEHY &amp; STAFF • CRC</b>	<b>RES / NON-RES</b>
17682 Th 5:00 PM-5:45 PM Sep 26-Dec 19	\$132 / \$165

### POINTE BALLET

This beginning pointe class is an exciting opportunity for dancers to improve their technical capabilities while learning what the world of classical ballet has to offer, at an advanced level. Begin with ankle strengthening exercises in pointe shoes, and progress into more challenging technical steps. Dancers will learn all about how to properly use pointe shoes, protect their toes, and most importantly, what it feels like to be a ballerina. This course should be taken in addition to a regularly scheduled ballet class. This is an advanced course; instructor approval is required before enrolling.

Ages: At least 10 but less than 19

<b>E. HAILS • CRC</b>	<b>RES / NON-RES</b>
17595 F 4:15 PM-5:00 PM Sep 27-Nov 22	\$122 / \$153

## MUSIC

### NEW! GROUP DRUMMING

Learn how to drum with Joyful Melodies! In this class, participants will learn how to read drum notation, simple beats and the first

thirteen standard rudiments. Students will play the drum set along music. This class is for beginner or students with little experience.

Ages: At least 7 but less than 13

<b>JOYFUL MELODIES STAFF • OFF SITE</b>	<b>RES / NON-RES</b>
18099 W 5:00 PM-5:50 PM Sep 11-Dec 4	\$420 / \$470

### GUITAR

Get introduced to the basics of guitar! Learn melody, harmony, and rhythm in a fun, relaxed, small group environment. Students will learn music theory, chords, strumming techniques, finger picking, and different styles of music including pop, rock, classical, blues, and traditional songs. **Beginning** is for students who have not had any previous experience. **Intermediate** is for students who have completed the Beginning class. Students are required to bring their own guitar to class.

Ages: At least 6 but less than 13

<b>BEGINNING • M. SHRIVER • CRC</b>	<b>RES / NON-RES</b>
17610 M 3:30 PM-4:15 PM Sep 23-Dec 9	\$140 / \$175
17611 M 6:00 PM-6:45 PM Sep 23-Dec 9	\$140 / \$175
17620 Th 3:30 PM-4:15 PM Sep 26-Dec 12	\$140 / \$175
17612 Th 4:15 PM-5:00 PM Sep 26-Dec 12	\$140 / \$175

<b>INTERMEDIATE • M. SHRIVER • CRC</b>	<b>RES / NON-RES</b>
17615 M 4:15 PM-5:00 PM Sep 23-Dec 9	\$140 / \$175
17616 M 5:00 PM-5:45 PM Sep 23-Dec 9	\$140 / \$175
17617 M 6:45 PM-7:30 PM Sep 23-Dec 9	\$140 / \$175
17618 M 7:30 PM-8:15 PM Sep 23-Dec 9	\$140 / \$175
17614 Th 5:00 PM-5:45 PM Sep 26-Dec 12	\$140 / \$175

### PIANO/KEYBOARD

Have fun learning the piano! Students will be taught music theory, rhythm, sight reading, composition, and piano performance. Access to a keyboard or piano is essential for progress. **Beginning** is for new students with no experience, a \$9 lesson/theory book fee is due the first day of class. **Continuing** students should bring their current book. **Semi-private** students must have completed one session. **Advanced:** By recommendation only, students will dig deeper into their piano experience by focusing on more challenging material with an emphasis on sharing with the class. Students will learn to engage in thoughtful feedback sessions with their peers, and gain experience and confidence performing for





others. Students must have a piano or touch-sensitive keyboard with pedals at home, and commit to regular practice every week. A materials fee of \$10, which covers multiple books and pieces of music, is payable at the first class.

Ages: At least 6 but less than 13

<b>BEGINNING • J. RUBIETTA • CRC</b>				<b>RES / NON-RES</b>
17631	T	3:15 PM-4:00 PM	Sep 24-Dec 10	\$189 / \$236
17633	T	4:45 PM-5:30 PM	Sep 24-Dec 10	\$189 / \$236
17639	W	4:15 PM-5:00 PM	Sep 25-Dec 11	\$173 / \$216
17640	W	5:15 PM-6:00 PM	Sep 25-Dec 11	\$173 / \$216

<b>CONTINUING • J. RUBIETTA • CRC</b>				<b>RES / NON-RES</b>
17634	T	5:30 PM-6:15 PM	Sep 24-Dec 10	\$189 / \$236
17636	W	2:00 PM-2:45 PM	Sep 25-Dec 11	\$173 / \$216
17638	W	3:30 PM-4:15 PM	Sep 25-Dec 11	\$173 / \$216
17641	W	6:00 PM-6:45 PM	Sep 25-Dec 11	\$173 / \$216

<b>SEMI-PRIVATE, CONTINUING • J. RUBIETTA • CRC</b>				<b>RES / NON-RES</b>
17817	M	5:15 PM-6:00 PM	Sep 23-Dec 9	\$226 / \$276
17632	T	4:00 PM-4:45 PM	Sep 24-Dec 10	\$271 / \$321
17637	W	2:45 PM-3:30 PM	Sep 25-Dec 11	\$249 / \$299

Ages: At least 8 but less than 19

<b>ADVANCED • J. RUBIETTA • CRC</b>				<b>RES / NON-RES</b>
17630	Th	6:00 PM-6:45 PM	Sep 26-Dec 12	\$232 / \$282

## SPECIAL INTEREST

### KIDS IN THE KITCHEN

Join us in the kitchen and become a junior chef! In each class, you will perfect your cooking skills by making new and classic recipes that are tasty and nutritious. There will be a food sampling party at the end of each class. You will also create a recipe book to take home at the end of the session so you can make your favorite recipes again and again. Please notify of any food allergies at time of registration.

Ages: At least 6 but less than 11

<b>K. LUJAN-VERDUGO • CRC</b>				<b>RES / NON-RES</b>
17621	W	2:30 PM-3:30 PM	Sep 25-Nov 20	\$148 / \$175
17622	W	4:00 PM-5:00 PM	Sep 25-Nov 20	\$148 / \$175

### MONEY-MONEY

This hands on class introduces students to money management using fun activities like comparative-shopping, salary analysis, budgeting a trip, and more! Students learn how to track expenses and analyze them. Parents will love to see their children become more aware of these concepts.

Ages: At least 9 but less than 13

<b>R. KHURANA • CRC</b>				<b>RES / NON-RES</b>
17802	M	3:45 PM-4:45 PM	Sep 23-Dec 9	\$198 / \$248

### PUBLIC SPEAKING & DEBATE

Confidence breeds success! In any field, whether its academics or sports, people who have talent and confidence become successful. Bring out confidence in your children with this class. Students learn to present with confidence, use emotion, and connect with the audience fluently by doing narratives, news reporting, campaigns, tongue-twisters & debates on thought-provoking and interesting topics! Shy students and talkative ones alike will benefit and learn from this confidence and writing skills class.

Ages: At least 7 but less than 14

<b>R. KHURANA • CRC</b>				<b>RES / NON-RES</b>
17801	F	3:45 PM-4:45 PM	Sep 27-Nov 22	\$198 / \$248



### YAC SPECIAL EVENT!

#### KIDS ROCK

Kids Rock is an event for grade school kids, held at the Youth Activity Center, to enjoy a special night of activities that include music, bounce house fun, arts and crafts, recreation games, pizza and punch, and YAC fun!! Athletic shoes and good attitudes are required! Pre-registration is required.

Ages: At least 5 but less than 11

<b>RECREATION STAFF • YAC</b>				<b>RES / NON-RES</b>
17901	F	6:00 PM-8:30 PM	Sep 27	\$10 / \$13
17902	F	6:00 PM-8:30 PM	Nov 22	\$10 / \$13

## SPORTS & MARTIAL ARTS

### BASIC HORSEMANSHIP

The country is so close to the city! Come out and learn to ride at Chaparral Ranch. This introductory course includes three classroom sessions and one basic riding lesson. Topics include safety, horse care, ownership, tack, horse psychology, and riding techniques. Riding participants must weigh 230 pounds or less. A signed Chaparral Ranch waiver must be turned in at the first class.

Ages: 6 and up

<b>CHAPARRAL STAFF • PREVOST RANCH &amp; GARDENS</b>				<b>RES / NON-RES</b>
17839	Sa	12:00 PM-1:00 PM	Oct 5-Oct 26	\$126 / \$158
17840	Sa	12:00 PM-1:00 PM	Nov 2-Nov 23	\$126 / \$158
17841	Sa	12:00 PM-1:00 PM	Dec 7-Dec 28	\$126 / \$158

### GAMETIME BASKETBALL

Experienced coaching staff introduce the basic and creative fundamentals of basketball. Instruction focuses on a variety of skill sets including defense, shooting, passing, dribbling, and ball-handling, and is broken down into innovative drills, demonstrations, and games. If you're just starting out or already have some game, we have a session for you! Our goal is to build self-confidence, teamwork, and of course, fun! All participants receive a T-shirt.

Classes are separated into respective grade levels to best suit your child's needs.

Ages: At least 8 but less than 12			
<b>3<sup>RD</sup>-5<sup>TH</sup> GRADE • GAMETIME STAFF • YAC</b>			
			RES / NON-RES
17996	M	6:00 PM-7:00 PM	Sep 23-Oct 28
			\$135 / \$165

Ages: At least 11 but less than 18			
<b>6<sup>TH</sup>-12<sup>TH</sup> GRADE • GAMETIME STAFF • YAC</b>			
			RES / NON-RES
17997	M	7:05 PM-8:05 PM	Sep 23-Oct 28
			\$135 / \$165

### HORSEBACK RIDING LESSONS

Join Chaparral Ranch at Ed Levin County Park for an hour-long horseback riding lesson. Lesson covers basic horse psychology and beginning/intermediate participants learn to control, balance, steer, trot, post, and identify diagonals. Advanced participants will also learn to canter. Instructors will determine participant skill level. Helmets are provided and required for all participants. Riding participants must weigh 230 pounds or less. A signed Chaparral Ranch waiver must be turned in at the first class.

Ages: 8 and up			
<b>CHAPARRAL STAFF • ED LEVIN PARK</b>			
			RES / NON-RES
17829	Sa	12:00 PM-1:00 PM	Oct 19
			\$60 / \$75
17836	Sa	12:00 PM-1:00 PM	Nov 16
			\$60 / \$75
17837	Sa	12:00 PM-1:00 PM	Dec 21
			\$60 / \$75

### KARATE, SHOTOKAN

Come learn and practice the martial art of Shotokan Karate while promoting confidence, manners, and self-esteem! Learn how to execute proper punches, blocks, kicks, strikes, a kata, and self-defense.

Ages: At least 7 but less than 15			
<b>M. CRAWFORD • OKAIGAN DOJO</b>			
			RES / NON-RES
17784	W	6:30 PM-7:30 PM	Sep 25-Dec 11
			\$176 / \$220
17786	F	6:30 PM-7:30 PM	Sep 27-Dec 13
			\$132 / \$165
17788	Sa	9:00 AM-10:00 AM	Sep 28-Dec 14
			\$160 / \$200
17789	S	9:00 AM-10:00 AM	Sep 22-Dec 15
			\$176 / \$220

Ages: At least 7 but less than 19			
<b>M. CRAWFORD • HENRY SCHMIDT PARK</b>			
			RES / NON-RES
17783	M	4:30 PM-5:30 PM	Sep 23-Nov 25
			\$128 / \$160

### KLS SOCCER

Kids learn from coaches trained in the Kidz Love Soccer method: sessions includes demonstrations, games, and scrimmages in a non-competitive, recreational format. All children receive a Kidz Love Soccer jersey! **SOCCER 1: TECHNIQUES AND TEAMWORK:** Beginning players learn dribbling, passing, shooting, and defense. Games are played at every session and every participant will have a ball at his or her feet. Small-sided soccer matches will be introduced. **SOCCER 2: SKILLZ & SCRIMMAGES:** Kidz will enjoy advanced skill building: dribbling, passing, and shooting in team play format. Each class includes scrimmages that emphasize application of finer technical points, team play, and positional responsibilities. Kidz Love Soccer . . . where the score is always FUN to FUN! ([www.kidzlovesoccer.com](http://www.kidzlovesoccer.com))

Ages: At least 5 but less than 7			
<b>SOCCER 1 • KLS STAFF • BOWERS PARK</b>			
			RES / NON-RES
17853	Sa	11:15 AM-12:00 PM	Sep 21-Nov 16
			\$120 / \$150

<b>SOCCER 1 • KLS STAFF • FREMONT PARK</b>			
			RES / NON-RES
17860	M	3:55 PM-4:40 PM	Sep 23-Dec 2
			\$120 / \$150

<b>SOCCER 1 • KLS STAFF • LICK MILL PARK</b>			
			RES / NON-RES
17857	Sa	3:30 PM-4:15 PM	Sep 21-Nov 16
			\$120 / \$150

<b>SOCCER 1 • KLS STAFF • MAYWOOD PARK</b>			
			RES / NON-RES
17845	Th	3:10 PM-3:55 PM	Sep 26-Nov 21
			\$120 / \$150

Ages: At least 7 but less than 11			
<b>SOCCER 2 • KLS STAFF • BOWERS PARK</b>			
			RES / NON-RES
17854	Sa	12:05 PM-12:50 PM	Sep 21-Nov 16
			\$120 / \$150

<b>SOCCER 2 • KLS STAFF • LICK MILL PARK</b>			
			RES / NON-RES
17858	Sa	4:20 PM-5:05 PM	Sep 21-Nov 16
			\$120 / \$150

<b>SOCCER 2 • KLS STAFF • MAYWOOD PARK</b>			
			RES / NON-RES
17846	Th	3:55 PM-4:40 PM	Sep 26-Nov 21
			\$120 / \$150

### KODENKAN JUJITSU

**Beginning:** Participants will be taught basic self-defense, falling techniques, hand and arm holds, and proper movement. This class will prepare children to enter the intermediate class, where they can progress in their training through testing and earning various colored belt ranks. Start them on the road to increased self-confidence and self-discipline! **Intermediate/Advanced:** Prerequisite: Beg. Jujitsu or previous Jujitsu experience. Gain confidence and assurance while learning hand, wrist, and arm holds, punch/kick, proper methods of throwing a person, and how to fall. Students can test and earn the various colored belt ranks, while learning gentleness, modesty, self-discipline, politeness, and resourcefulness. Additional fee is required for optional belt testing. Uniform (Gi) is required and available for purchase at the first class.

Ages: At least 6 but less than 15			
<b>BEGINNING • T. JANOVICH • CRC</b>			
			RES / NON-RES
17797	W	6:30 PM-7:30 PM	Sep 25-Nov 6
			\$63 / \$79
17798	W	6:30 PM-7:30 PM	Nov 20-Dec 18
			\$36 / \$45

Ages: At least 6 but less than 14			
<b>INTERMEDIATE/ADVANCED • T. JANOVICH • EARL CARMICHAEL PARK</b>			
			RES / NON-RES
17793	T,Th	6:45 PM-7:45 PM	Sep 24-Nov 7
			\$143 / \$179
17794	T,Th	6:45 PM-7:45 PM	Nov 19-Dec 19
			\$88 / \$110

### LIL SLUGGERS BASEBALL

Lil Sluggers is a national child development program created to introduce children to the game of baseball. Weekly classes develop important baseball skills such as throwing, fielding, hitting, and base running. Developmentally appropriate equipment and games are used to teach children the game of baseball in a fun, exciting, and positive environment.

Ages: At least 5 but less than 7			
<b>LIL SLUGGERS STAFF • LICK MILL PARK</b>			
			RES / NON-RES
17887	Sa	11:00 AM-11:45 AM	Sep 28-Nov 2
			\$140 / \$175
17890	Sa	11:00 AM-11:45 AM	Nov 16-Dec 21
			\$140 / \$175

### NEW! SADDLE CLUB SUNDAY

Come to Ed Levin County Park and join us for Saddle Club! In this 45-minute class, participants will spend the first 15 minutes learning ground work, safety, grooming and more. The last 30 minutes are spent in the arena for instruction on the back of saddled horse. Please wear long pants and closed toe shoes. A helmet will be supplied at no additional cost.

Ages: 6 and up			
<b>CHAPARRAL STAFF • ED LEVIN PARK</b>			
			RES / NON-RES
17825	S	10:00 AM-10:45 AM	Oct 6-Oct 27
			\$160 / \$200
17826	S	10:00 AM-10:45 AM	Nov 3-Nov 24
			\$160 / \$200
17827	S	10:00 AM-10:45 AM	Dec 1-Dec 22
			\$160 / \$200

### SKATEBOARDING

Located at the Santa Clara Skate Park, this class is designed for the beginning skateboarder. Children will learn basic concepts, such as safety, balance, and navigating the Skate Park. There will also be an opportunity to free skate at the end of class. Participants are required to supply the proper equipment: skateboard, helmet, knee pads, elbow pads, and wrist guards.





Ages: At least 5 but less than 13

RECREATION STAFF • SKATE PARK				RES / NON-RES
17983	T	4:00 PM-4:45 PM	Sep 3-Oct 8	\$60 / \$75
17985	T	4:00 PM-4:45 PM	Nov 5-Dec 10	\$60 / \$75
17986	T	5:00 PM-5:45 PM	Sep 3-Oct 8	\$60 / \$75
17980	Th	4:00 PM-4:45 PM	Sep 5-Oct 10	\$60 / \$75
17984	Th	4:00 PM-4:45 PM	Nov 7-Dec 19	\$60 / \$75
17979	Th	5:00 PM-5:45 PM	Sep 5-Oct 10	\$60 / \$75
17981	Sa	10:00 AM-10:55 AM	Sep 28-Nov 16	\$77 / \$96
17982	Sa	11:00 AM-11:55 AM	Sep 28-Nov 16	\$77 / \$96

### TRAIL RIDES ON HORSEBACK

Enjoy trail rides through the beautiful hills of Ed Levin County Park. This is a walking-only trail ride for beginners. Participants will learn to start, steer, and stop their horse. Helmets are provided and required for all participants under 18 years of age. Riders must weigh 230 pounds or less. A signed waiver must be turned in at the first class.

Ages: 8 and up

CHAPARRAL STAFF • ED LEVIN PARK				RES / NON-RES
17831	Sa	1:00 PM-2:00 PM	Oct 12	\$55 / \$69
17834	Sa	1:00 PM-2:00 PM	Nov 9	\$55 / \$69
17838	Sa	1:00 PM-2:00 PM	Dec 14	\$55 / \$69

## SWIMMING

### SWIMMING

**Starfish:** This is a beginning class for children who are ready to transition from parent-tot class, can be in the water without parental support, and have little or no aquatic experience. Children will learn to put their face in the water, blow bubbles, and float on their front and back with assistance. **Sea Horse:** Children will learn to float on front and back without assistance; glide on front and back without assistance; swim on front and back for 5 yards. **Sea Turtle:** Children who are able to float on their front and back independently and swim 5 yards using correct freestyle and backstroke, will be introduced to elementary backstroke. **Manta Ray:** Children who are able to swim 15 yards using correct freestyle and backstroke, will be introduced to treading techniques, breaststroke, and head first entries. **Sea Lion:** Children who are able to swim at least 25 yards correct freestyle, backstroke, breaststroke, elementary backstroke, and enter water head first, will be introduced to the butterfly stroke and flip turns. **Dolphin:** Children who are able to swim at least 50 yards correct freestyle, backstroke, breaststroke, elementary backstroke, perform dolphin kick for 15 yards, and be familiar with front and back flip turns, will work on refining their strokes.

Ages: At least 4 but less than 7

STARFISH • RECREATION STAFF • WARBURTON POOL				RES / NON-RES
17747	Sa	10:00 AM-10:30 AM	Sep 7-Sep 28	\$42 / \$53
17746	Sa	11:00 AM-11:30 AM	Sep 7-Sep 28	\$42 / \$53

Ages: At least 4 but less than 19

SEA HORSE • RECREATION STAFF • WARBURTON POOL				RES / NON-RES
17741	Sa	10:00 AM-10:30 AM	Sep 7-Sep 28	\$42 / \$53
17742	Sa	11:30 AM-12:00 PM	Sep 7-Sep 28	\$42 / \$53

SEA TURTLE • RECREATION STAFF • WARBURTON POOL				RES / NON-RES
17744	Sa	10:30 AM-11:00 AM	Sep 7-Sep 28	\$42 / \$53
17745	Sa	11:30 AM-12:00 PM	Sep 7-Sep 28	\$42 / \$53

Ages: At least 5 but less than 19

MANTA RAY • RECREATION STAFF • WARBURTON POOL				RES / NON-RES
17737	Sa	10:00 AM-10:30 AM	Sep 7-Sep 28	\$42 / \$53

SEA LION • RECREATION STAFF • WARBURTON POOL				RES / NON-RES
17743	Sa	10:30 AM-11:00 AM	Sep 7-Sep 28	\$42 / \$53

Ages: At least 6 but less than 19

DOLPHIN • RECREATION STAFF • WARBURTON POOL				RES / NON-RES
17736	Sa	11:00 AM-11:30 AM	Sep 7-Sep 28	\$42 / \$53



## Outdoor Ice Rink @ Central Park

November 11, 2019-January 20, 2020

Open Skate, Classes, Special & Private Events

[SantaClaraOnIce.com](http://SantaClaraOnIce.com)



# Lifetime Activities

Visit us at [www.lifetimeactivities.com](http://www.lifetimeactivities.com) to register or for additional course information.

**Santa Clara Tennis Center**  
**2625 Hayward Drive, in Central Park**  
**(408) 247-0178**  
[www.lifetimeactivities.com](http://www.lifetimeactivities.com)

The Santa Clara Tennis Center (SCTC) features 8 lighted tennis courts, court reservation, stringing, and ball machine services, along with private and group lessons. Our courts are available on a pay-as-you-play basis during hours and free during open play hours. For more information about class descriptions, registration, court reservation, private lessons, etc. visit us at [www.lifetimeactivities.com](http://www.lifetimeactivities.com) or call our office at (408) 247-0178. Office hours are Monday-Friday, 8:00 am-10:00 pm, Saturday-Sunday, 8:00 am-8:00 pm. Registration begins Friday, August 2, for 2019 Fall classes. Register online at [www.lifetimeactivities.com](http://www.lifetimeactivities.com) or in the office at 2625 Hayward Drive, Santa Clara.

**Course Withdrawals, Refund, Make-up and Rain Policies:** Visit us at [www.lifetimeactivities.com](http://www.lifetimeactivities.com) or call us at (408) 247-0178.

## HOME SCHOOL TENNIS AND ACTIVITIES (AGES 4-15)

Lifetime is an approved vendor for the Ocean Grove and Connecting Water Charter Schools, and also works with independent home school families in the area.

**Home School Little Tennis (5:1):** For our youngest group of beginners.

LIFETIME ACTIVITIES STAFF • TENNIS CENTER			RES / NON-RES
4-6	M	12:00 PM-1:00 PM	Sep 2-Oct 21 \$156 / \$179
4-6	M	12:00 PM-1:00 PM	Oct 28-Dec 16 \$156 / \$179

**Home School Little Rallyers (5:1):** For graduates of Little Tennis or by instructor approval.

LIFETIME ACTIVITIES STAFF • TENNIS CENTER			RES / NON-RES
5-7	M	2:00 PM-3:00 PM	Sep 2-Oct 21 \$156 / \$179
5-7	M	2:00 PM-3:00 PM	Oct 28-Dec 16 \$156 / \$179

**Home School Little Champs (5:1):** For graduates of Little Rallyers or by instructor approval.

LIFETIME ACTIVITIES STAFF • TENNIS CENTER			RES / NON-RES
6-8	M	1:00 PM-2:00 PM	Sep 2-Oct 21 \$156 / \$179
6-8	M	1:00 PM-2:00 PM	Oct 28-Dec 16 \$156 / \$179

**Home School Tennis RED BALL Level (6:1):** For Beginners.

LIFETIME ACTIVITIES STAFF • TENNIS CENTER			RES / NON-RES
7-12	W	10:00 AM-11:00 AM	Sep 4-Oct 23 \$144 / \$166
7-12	W	10:00 AM-11:00 AM	Oct 30-Dec 18 \$144 / \$166
11-15	W	11:00 AM-12:30 PM	Sep 4-Oct 23 \$216 / \$248
11-15	W	11:00 AM-12:30 PM	Oct 30-Dec 18 \$216 / \$248

**Home School Tennis ORANGE BALL Level (6:1):** For Red Ball/Little Champs graduates.

LIFETIME ACTIVITIES STAFF • TENNIS CENTER			RES / NON-RES
7-12	T	11:30 AM-1:00 PM	Sep 3-Oct 22 \$216 / \$248

LIFETIME ACTIVITIES STAFF • TENNIS CENTER			RES / NON-RES
7-12	T	11:30 AM-1:00 PM	Oct 29-Dec 17 \$216 / \$248

**Home School Tennis Green BALL Level (6:1):** For Orange Ball graduates.

LIFETIME ACTIVITIES STAFF • TENNIS CENTER			RES / NON-RES
11-15	W	11:00 AM-12:30 PM	Sep 4-Oct 23 \$216 / \$248
11-15	W	11:00 AM-12:30 PM	Oct 30-Dec 18 \$216 / \$248

**Home School Chess:** Beginners will learn rules of the game and basic strategies. Intermediate players will learn openings, middle-game, and end-game approaches.

LIFETIME ACTIVITIES STAFF • TENNIS CENTER			RES / NON-RES
7-12	T	1:00 PM-2:00 PM	Sep 3-Oct 22 \$144 / \$166
7-12	T	1:00 PM-2:00 PM	Oct 29-Dec 17 \$144 / \$166
7-12	W	12:30 PM-2:00 PM	Sep 4-Oct 23 \$216 / \$248
7-12	W	12:30 PM-2:00 PM	Oct 30-Dec 18 \$216 / \$248

## FAMILY TENNIS PROGRAMS

**Top-Spin Pair (ages 6-9):** Fee includes a child and family member participating as a family duo.

LIFETIME ACTIVITIES STAFF • TENNIS CENTER			RES / NON-RES
6-9	Sa	11:30 AM-12:30 PM	Sep 7-Oct 26 \$192 / \$221
6-9	Sa	11:30 AM-12:30 PM	Nov 2-Dec 21 \$192 / \$221

## YOUTH COMMUNITY TENNIS (4-15 YEARS OLD)

**Little Tennis (5:1):** The ideal introduction to the game for young players. Our team of enthusiastic and friendly coaches help students have fun developing the footwork, motor skills and basic strokes.

LIFETIME ACTIVITIES STAFF • TENNIS CENTER			RES / NON-RES
4-6	T	4:00 PM-5:00 PM	Sep 3-Oct 22 \$192 / \$221
4-6	T	4:00 PM-5:00 PM	Oct 29-Dec 17 \$192 / \$221
4-6	W	3:30 PM-4:30 PM	Sep 4-Oct 23 \$192 / \$221
4-6	W	3:30 PM-4:30 PM	Oct 30-Dec 18 \$192 / \$221
4-6	F	6:00 PM-7:00 PM	Sep 6-Oct 25 \$192 / \$221
4-6	F	6:00 PM-7:00 PM	Nov 1-Dec 20 \$168 / \$193
4-6	Sa	9:30 AM-10:30 AM	Sep 7-Oct 26 \$192 / \$221
4-6	Sa	9:30 AM-10:30 AM	Nov 2-Dec 21 \$192 / \$221
4-6	S	10:30 AM-11:30 AM	Sep 8-Oct 27 \$192 / \$221
4-6	S	10:30 AM-11:30 AM	Nov 3-Dec 22 \$192 / \$221

**Little Rallyers (5:1):** For Little Tennis graduates or new students with prior experience and instructor approval. This program further develops technique to get them rallying fast!

LIFETIME ACTIVITIES STAFF • TENNIS CENTER			RES / NON-RES
5-6	W	3:30 PM-4:30 PM	Sep 4-Oct 23 \$192 / \$221
5-6	W	3:30 PM-4:30 PM	Oct 30-Dec 18 \$192 / \$221
5-6	F	6:00 PM-7:00 PM	Sep 6-Oct 25 \$192 / \$221
5-6	F	6:00 PM-7:00 PM	Nov 1-Dec 20 \$168 / \$193
5-6	Sa	10:30 AM-11:30 AM	Sep 7-Oct 26 \$192 / \$221
5-6	Sa	10:30 AM-11:30 AM	Nov 2-Dec 21 \$192 / \$221
5-6	S	9:30 AM-10:30 AM	Sep 8-Oct 27 \$192 / \$221
5-6	S	9:30 AM-10:30 AM	Nov 3-Dec 22 \$192 / \$221



Visit us at [www.lifetimeactivities.com](http://www.lifetimeactivities.com) to register or for additional course information.

**READY! RALLY! PLAY! (8:1 or 4:1):** For students with little or no previous tennis experience. This program is designed to be a fun and welcoming introduction to the game. Students will be introduced to modern stroke techniques to get playing fast!

LIFETIME ACTIVITIES STAFF • TENNIS CENTER			RES / NON-RES	
7-11	M	4:00 PM-5:30 PM	Sep 2-Oct 21	\$288 / \$331
7-11	M	4:00 PM-5:30 PM	Oct 28-Dec 16	\$288 / \$331
7-11	W	3:30 PM-5:00 PM	Sep 4-Oct 23	\$180 / \$207
7-11	W	3:30 PM-5:00 PM	Oct 30-Dec 18	\$180 / \$207
7-11	F	3:30 PM-5:00 PM	Sep 6-Oct 25	\$180 / \$207
7-11	F	3:30 PM-5:00 PM	Nov 1-Dec 20	\$158 / \$181
7-11	Sa	9:30 AM-11:00 AM	Sep 7-Oct 26	\$180 / \$207
7-11	Sa	9:30 AM-11:00 AM	Nov 2-Dec 21	\$180 / \$207
7-11	Sa	11:00 AM-12:30 PM	Sep 7-Oct 26	\$180 / \$207
7-11	Sa	11:00 AM-12:30 PM	Nov 2-Dec 21	\$180 / \$207
7-11	Sa	3:30 PM-5:00 PM	Sep 7-Oct 26	\$288 / \$331
7-11	Sa	3:30 PM-5:00 PM	Nov 2-Dec 21	\$288 / \$331
7-11	S	9:30 AM-11:00 AM	Sep 8-Oct 27	\$180 / \$207
7-11	S	9:30 AM-11:00 AM	Nov 3-Dec 22	\$180 / \$207
7-11	S	11:00 AM-12:30 PM	Sep 8-Oct 27	\$180 / \$207
7-11	S	11:00 AM-12:30 PM	Nov 3-Dec 22	\$180 / \$207
7-11	S	4:00 PM-5:30 PM	Sep 8-Oct 27	\$288 / \$331
7-11	S	4:00 PM-5:30 PM	Nov 3-Dec 22	\$288 / \$331
11-15	Sa	11:00 AM-12:30 PM	Sep 7-Oct 26	\$180 / \$207
11-15	Sa	11:00 AM-12:30 PM	Nov 2-Dec 21	\$180 / \$207
11-15	S	11:00 AM-12:30 PM	Sep 8-Oct 27	\$180 / \$207
11-15	S	11:00 AM-12:30 PM	Nov 3-Dec 22	\$180 / \$207
11-15	S	4:00 PM-5:30 PM	Sep 8-Oct 27	\$288 / \$331
11-15	S	4:00 PM-5:30 PM	Nov 3-Dec 22	\$288 / \$331

**Bronze Level (8:1):** For graduates of the PLAY! Level or by approval.

LIFETIME ACTIVITIES STAFF • TENNIS CENTER			RES / NON-RES	
7-12	Th	6:00 PM-8:00 PM	Sep 5-Oct 24	\$240 / \$276
7-12	Th	6:00 PM-8:00 PM	Oct 31-Dec 19	\$210 / \$242
7-12	F	5:00 PM-7:00 PM	Sep 6-Oct 25	\$240 / \$276
7-12	F	5:00 PM-7:00 PM	Nov 1-Dec 20	\$210 / \$242
7-12	Sa	3:30 PM-5:30 PM	Sep 7-Oct 26	\$240 / \$276
7-12	Sa	3:30 PM-5:30 PM	Nov 2-Dec 21	\$240 / \$276
7-12	S	5:30 PM-7:30 PM	Sep 8-Oct 27	\$240 / \$276
7-12	Sa	5:30 PM-7:30 PM	Nov 3-Dec 22	\$240 / \$276

**Silver and Gold Levels (8:1):** For graduates of Bronze or by approval.

LIFETIME ACTIVITIES STAFF • TENNIS CENTER			RES / NON-RES	
11-16	M	4:00 PM-5:30 PM	Sep 2-Oct 21	\$180 / \$207
11-16	M	4:00 PM-5:30 PM	Oct 28-Dec 16	\$180 / \$207
11-16	Th	6:00 PM-8:00 PM	Sep 5-Oct 24	\$240 / \$276
11-16	Th	6:00 PM-8:00 PM	Oct 31-Dec 19	\$210 / \$242
11-16	F	7:00 PM-9:00 PM	Sep 6-Oct 25	\$240 / \$276
11-16	F	7:00 PM-9:00 PM	Nov 1-Dec 20	\$210 / \$242
11-16	Sa	3:30 PM-5:30 PM	Sep 7-Oct 26	\$240 / \$276
11-16	Sa	3:30 PM-5:30 PM	Nov 2-Dec 21	\$240 / \$276

**Silver and Gold Match Play:** To be taken concurrently with Silver and Gold program

LIFETIME ACTIVITIES STAFF • TENNIS CENTER			RES / NON-RES	
11-16	Sa	5:30 PM-7:00 PM	Sep 7-Oct 26	\$99 / \$114
11-16	Sa	5:30 PM-7:00 PM	Nov 2-Dec 21	\$99 / \$114

### INVITATIONAL AND COMPETITIVE PROGRAMS

Lifetime offers year-round competitive youth programs designed for students to prepare and succeed in local and national level tournaments. Visit us at [www.lifetimeactivities.com](http://www.lifetimeactivities.com) for complete information about our competitive track.

**Little Champs (ages 6-8):** A competitive track for young players demonstrating complete strokes and the ability to hit over the net regularly. Players are introduced to the modern technique and footwork skills. Players will begin to transition to the longer court

at this level and introduced to fun competitive events like local tournaments and league play.

**Competition Training (ages 7+):** For graduates of the Little Champs program or by instructor approval. This program provides passionate players with the focused practice and training methods required for accelerated development and competitive play. Twice weekly attendance is required and most will compete in Junior Team Tennis or local tournaments.

**Competition Training Select:** By invitation only, please contact [michaell@lifetimeactivities.com](mailto:michaell@lifetimeactivities.com) for more information

**Junior Team Tennis (JTT) League:** Our award winning USTA Local League and Travel Teams provide players year-round competitive play opportunities. Please visit our website for current and upcoming season information.

### ADULT TENNIS (16 AND OLDER)

**Beginning (6:1):** For students with little or no previous tennis instruction.

LIFETIME ACTIVITIES STAFF • TENNIS CENTER			RES / NON-RES	
16 up	M	7:30 PM-8:30 PM	Sep 2-Oct 21	\$156 / \$179
16 up	M	7:30 PM-8:30 PM	Oct 28-Dec 16	\$156 / \$179
16 up	T	10:30 AM-11:30 AM	Sep 3-Oct 22	\$156 / \$179
16 up	T	10:30 AM-11:30 AM	Oct 29-Dec 17	\$156 / \$179
16 up	T	7:00 PM-8:00 PM	Sep 3-Oct 22	\$156 / \$179
16 up	T	7:00 PM-8:00 PM	Oct 29-Dec 17	\$156 / \$179
16 up	Th	8:00 PM-9:00 PM	Sep 5-Oct 24	\$156 / \$179
16 up	Th	8:00 PM-9:00 PM	Oct 31-Dec 19	\$137 / \$157
16 up	F	7:00 PM-8:00 PM	Sep 6-Oct 25	\$156 / \$179
16 up	F	7:00 PM-8:00 PM	Nov 1-Dec 20	\$137 / \$157
16 up	Sa	8:30 AM-9:30 AM	Sep 7-Oct 26	\$156 / \$179
16 up	Sa	8:30 AM-9:30 AM	Nov 2-Dec 21	\$156 / \$179
16 up	S	8:30 AM-9:30 AM	Sep 8-Oct 27	\$156 / \$179
16 up	S	8:30 AM-9:30 AM	Nov 3-Dec 22	\$156 / \$179

**Advanced Beginning (6:1):** For graduates of Beginning level or with previous tennis experience.

LIFETIME ACTIVITIES STAFF • TENNIS CENTER			RES / NON-RES	
16 up	M	7:30 PM-8:30 PM	Sep 2-Oct 21	\$156 / \$179
16 up	M	7:30 PM-8:30 PM	Oct 28-Dec 16	\$156 / \$179
16 up	T	10:30 AM-11:30 AM	Sep 3-Oct 22	\$156 / \$179
16 up	T	10:30 AM-11:30 AM	Oct 29-Dec 17	\$156 / \$179
16 up	T	7:00 PM-8:00 PM	Sep 3-Oct 22	\$156 / \$179
16 up	T	7:00 PM-8:00 PM	Oct 29-Dec 17	\$156 / \$179
16 up	Th	8:00 PM-9:30 PM	Sep 5-Oct 24	\$234 / \$269
16 up	Th	8:00 PM-9:30 PM	Oct 31-Dec 19	\$205 / \$235
16 up	Sa	8:30 AM-9:30 AM	Sep 7-Oct 26	\$156 / \$179
16 up	Sa	8:30 AM-9:30 AM	Nov 2-Dec 21	\$156 / \$179
16 up	S	8:30 AM-9:30 AM	Sep 8-Oct 27	\$156 / \$179
16 up	S	8:30 AM-9:30 AM	Nov 3-Dec 22	\$156 / \$179

**Intermediate (6:1):** For graduates of advanced beginning or those with a 2.0 - 2.5 rating.

LIFETIME ACTIVITIES STAFF • TENNIS CENTER			RES / NON-RES	
16 up	W	10:00 AM-11:00 AM	Sep 4-Oct 23	\$156 / \$179
16 up	W	10:00 AM-11:00 AM	Oct 30-Dec 18	\$156 / \$179
16 up	W	7:30 PM-9:00 PM	Sep 4-Oct 23	\$234 / \$269
16 up	W	7:30 PM-9:00 PM	Oct 30-Dec 18	\$234 / \$269
16 up	Sa	8:30 AM-9:30 AM	Sep 7-Oct 26	\$156 / \$179
16 up	Sa	8:30 AM-9:30 AM	Nov 2-Dec 21	\$156 / \$179

### Adult Academy NTRP 2.5-3.0 (6:1)

LIFETIME ACTIVITIES STAFF • TENNIS CENTER			RES / NON-RES	
16 up	M	7:30 PM-8:30 PM	Sep 2-Oct 21	\$156 / \$179
16 up	M	7:30 PM-8:30 PM	Oct 28-Dec 16	\$156 / \$179

Visit us at [www.lifetimeactivities.com](http://www.lifetimeactivities.com) to register or for additional course information.

### Ball-Machine Hitting Lessons NTRP 2.5-3.0 (6:1)

LIFETIME ACTIVITIES STAFF • TENNIS CENTER			RES / NON-RES	
16 up	T	7:00 PM-8:30 PM	Sep 3-Oct 22	\$234 / \$269
16 up	T	7:00 PM-8:30 PM	Oct 29-Dec 17	\$234 / \$269

### Adult Doubles Strategy NTRP 2.5-3.0 (6:1)

LIFETIME ACTIVITIES STAFF • TENNIS CENTER			RES / NON-RES	
16 up	Sa	8:00 AM-9:30 AM	Sep 7-Oct 26	\$234 / \$269
16 up	Sa	8:00 AM-9:30 AM	Nov 2-Dec 21	\$234 / \$269

### Adult Drill, Live-Ball and Match Play Drop-In Sessions

LIFETIME ACTIVITIES STAFF • TENNIS CENTER			RES / NON-RES	
16 up	M	10:00 AM-11:00 AM	Sep 2-Dec 16	\$20 / \$24
16 up	T	9:00 AM-10:00 AM	Sep 3-Dec 17	\$20 / \$24

### NEW TENNIS AND ACTIVITIES CAMPS

**ALL-DAY Tennis and Activities Camp at Central Park:** Enjoy a week full of activities that engage body and mind: tennis, chess, ultimate frisbee, basketball, rec swimming, table tennis, badminton and more.

LIFETIME ACTIVITIES STAFF • TENNIS CENTER			RES / NON-RES	
7-15	M-W	8:30 AM-5:00 PM	Nov 25-Nov 27	\$239 / \$275
7-15	M-W	12:30 PM-5:00 PM	Nov 25-Nov 27	\$135 / \$155

### Little Tennis and Rallyers Camps (5:1): Beginners

LIFETIME ACTIVITIES STAFF • TENNIS CENTER			RES / NON-RES	
4-6	M-W	8:30 AM-10:00 AM	Nov 25-Nov 27	\$95 / \$109
4-6	M-W	8:30 AM-11:30 AM	Nov 25-Nov 27	\$152 / \$175

**Youth Improvement and Junior Development Tennis Camps (8:1):** These camps are designed for the recreational and advanced tournament players.

LIFETIME ACTIVITIES STAFF • TENNIS CENTER			RES / NON-RES	
7-15	M-W	8:30 AM-11:30 AM	Nov 25-Nov 27	\$135 / \$155
7-15	M-W	12:00 PM-3:00 PM	Nov 25-Nov 27	\$135 / \$155
7-15	M-W	8:30 AM-3:00 PM	Nov 25-Nov 27	\$216 / \$248

### BADMINTON, CHESS, AND PICKLE BALL PROGRAMS

Lifetime offers other exciting youth activities such as badminton, and table tennis, held at its Santa Clara High School off-site facility located at 3000 Benton Street, and chess programs held at the Santa Clara Community Recreation Center at 969 Kiely Blvd.

Players of all ability levels are welcome to participate. For more information, please contact the Lifetime Santa Clara Pro-Shop at (408) 247-0178 on Monday-Friday, 8:00 am- 10:00 pm and 8:00 am- 8:00 pm on weekends, or visit [www.lifetimeactivities.com](http://www.lifetimeactivities.com).

**Badminton:** Players will develop the skills required to take their games to the next level. In our weekly classes and week-long camps, badminton-specific footwork and stroke fundamentals will be emphasized.

**Chess:** Beginners will learn rules of the game and basic strategies. Intermediate-level students will learn openings, middle-game and end-game approaches. Chess notation and timed play may be explored during time allotted for play.

**Pickle Ball:** Combines the most exciting elements of tennis, badminton, and table-tennis in a fast-paced, easy to learn game for four players. Pickleball is a fun team activity for all ages and athletic. Lessons will include skill-building drills and match play periods. Paddles will be provided for class use. Appropriate athletic attire/footwear required.



### Beginning Youth Badminton (8:1)

LIFETIME ACTIVITIES STAFF • SANTA CLARA HIGH SCHOOL			RES / NON-RES	
7-15	F	6:00 PM-8:00 PM	Sep 6-Nov 1	\$324 / \$373
7-15	Sa	9:00 AM-11:00 AM	Nov 2-Dec 21	\$288 / \$331
7-15	S	6:30 PM-8:30 PM	Sep 8-Oct 27	\$288 / \$331
7-15	S	10:30 AM-12:30 PM	Nov 3-Dec 22	\$288 / \$331

### Intermediate and Advanced Youth Badminton (8:1)

LIFETIME ACTIVITIES STAFF • SANTA CLARA HIGH SCHOOL			RES / NON-RES	
7-15	F	6:00 PM-8:00 PM	Sep 6-Nov 1	\$324 / \$373
7-15	Sa	9:00 AM-11:00 AM	Nov 2-Dec 21	\$288 / \$331
7-15	S	6:30 PM-8:30 PM	Sep 8-Oct 27	\$288 / \$331
7-15	S	10:30 AM-12:30 PM	Nov 3-Dec 22	\$288 / \$331

### Adult Beginning and Advanced Beg. Badminton (6:1)

LIFETIME ACTIVITIES STAFF • SANTA CLARA HIGH SCHOOL			RES / NON-RES	
16 up	F	8:00 PM-9:30 PM	Sep 6-Nov 1	\$263 / \$303
16 up	Sa	9:00 AM-10:30 AM	Nov 2-Dec 21	\$234 / \$269
16 up	S	6:30 PM-8:00 PM	Sep 8-Oct 27	\$234 / \$269
16 up	S	10:30 AM-12:00 PM	Nov 3-Dec 22	\$234 / \$269

### Youth Chess (8:1)

LIFETIME ACTIVITIES STAFF • CRC			RES / NON-RES	
7-15	M	5:45 PM-7:15 PM	Sep 2-Oct 21	\$216 / \$248
7-15	M	5:45 PM-7:15 PM	Oct 28-Dec 16	\$216 / \$248
7-15	Th	3:30 PM-5:00 PM	Sep 5-Oct 24	\$216 / \$248
7-15	Th	3:30 PM-5:00 PM	Oct 31-Dec 19	\$189 / \$217
7-15	F	3:45 PM-4:45 PM	Sep 6-Oct 25	\$144 / \$166
7-15	F	3:45 PM-4:45 PM	Nov 1-Dec 20	\$126 / \$145
7-15	Sa	9:15 AM-10:45 AM	Sep 7-Oct 26	\$216 / \$248
7-15	Sa	9:15 AM-10:45 AM	Nov 2-Dec 21	\$216 / \$248

### Youth Chess and Tennis Combo Class (8:1)

LIFETIME ACTIVITIES STAFF • CRC			RES / NON-RES	
7-15	M	4:00 PM-7:15 PM	Sep 2-Oct 21	\$345 / \$397
7-15	M	4:00 PM-7:15 PM	Oct 28-Dec 16	\$345 / \$397
7-15	F	3:45 PM-7:00 PM	Sep 6-Oct 25	\$345 / \$397
7-15	F	3:45 PM-7:00 PM	Nov 1-Dec 20	\$302 / \$348
7-15	Sa	9:15 AM-12:30 PM	Sep 7-Oct 26	\$345 / \$397
7-15	Sa	9:15 AM-12:30 PM	Nov 2-Dec 21	\$345 / \$397

### Adult Beginning and Intermediate Pickle Ball (8:1)

LIFETIME ACTIVITIES STAFF • SANTA CLARA HIGH SCHOOL			RES / NON-RES	
16 up	F	8:00 PM-9:30 PM	Sep 6-Nov 1	\$243 / \$279
16 up	S	9:00 AM-10:30 AM	Nov 3-Dec 22	\$243 / \$279



# SANTA CLARA GOLF & TENNIS CLUB

**5155 STARS & STRIPES DRIVE  
LOCATED NEAR GREAT AMERICA**

The Santa Clara Golf & Tennis Club offers 18 Championship Golf Holes designed by Robert Muir Graves, 6 lighted tennis courts, driving range, practice putting green, Golf & Tennis Pro Shop, locker room, and shower facilities. Resident rates are available. Call (408) 980-9515 for more information.

## GOLF

**Golf Pro Shop & Reservations:** (408) 980-9515

Please call the shop or visit the website [www.SantaClaraCA.gov/golf](http://www.SantaClaraCA.gov/golf) and click on the link for the Santa Clara Golf and Tennis site for reservations or assistance.

**Course Hours:** Dawn until Dusk

**Range Hours:** Opens 1/2 hour after sunrise except on Tuesdays, 8:00 am. Range closes periodically at 2:00 pm on Mondays for maintenance. Call the Pro Shop to check schedule.

The course is a challenging layout for all skill levels. It is a championship 18-hole golf course, Par 72, 6,722 yards, 72.3 rating, and 119 slope. The course was constructed on a sanitary landfill and uses reclaimed water for irrigation. Call the course for green fee rates, range pricing, and cart rental information or visit [www.SantaClaraCA.gov/golf](http://www.SantaClaraCA.gov/golf)

### RESIDENT GOLF CARDS

Resident golf cards are available and required for residents living in the boundaries of the City of Santa Clara and business owners. Residents must bring proof of residency to the Santa Clara Golf & Tennis Club before a resident card can be issued.

Proof of residency: Current (hard copy) California Driver's License with Santa Clara City address, property tax records (most current statement), and/or current business license can be submitted to the Parks & Recreation Department at City Hall for approval.

Resident privileges include preferential green fee rates and 8-day advance reservations. Non-resident reservations may be made 7 days in advance. Call (408) 980-9515 or (408) 615-2260 for more information.

### SOFTBALL LEAGUES

Men's and Co-Rec slow-pitch recreational leagues will be played on Central Park fields. Games are scheduled for 6:00 pm, 7:15 pm, and 8:30 pm on Tuesday, Wednesday, and Thursday nights. Schedules are subject to change. Registration fees cover cost of two umpires per game, balls, scorekeepers, daily field preparation, lights, playoffs (top 4 teams), and awards for Championship teams.

### BASKETBALL LEAGUES

Men's leagues for novice and competitive level players are offered. Leagues play Tuesday, Wednesday, or Thursday nights. Game times to be determined based on gym availability. Registration fee includes two referees, scorekeepers, playoffs (top 4 teams) and awards for Championship teams. An electronic game clock is utilized.

*Please note that the Santa Clara Golf & Tennis Club will close to the public on October 15, 2019 in anticipation of the new CityPlace Santa Clara, a multi-phased mixed use development of over nine million square feet. The City is negotiating with the City of Sunnyvale to provide golf programs and services at affordable rates to Santa Clara residents.*

## TENNIS

### PLAY TENNIS AT SANTA CLARA GOLF & TENNIS CLUB

The Santa Clara Golf & Tennis Club features 6 lighted courts, court reservation service, and private and group lessons.

### COURT RESERVATIONS

Reservations for court use may be made up to 8 days in advance for residents and 7 days in advance for non-residents. Call (408) 980-9515, Monday-Friday, 7:00 am-9:00 pm or Saturday and Sunday, 7:00 am-5:00 pm.

### RESERVATION HOURS

Monday-Friday: 7:00 am-9:00 pm  
Saturday, Sunday, and Holidays: 7:00 am until Dusk

### DAY-USE COURT FEES

Resident: \$7.00 per hour, per court  
Non-resident: \$8.00 per hour, per court

To view all fees, visit: [www.santaclaragc.com](http://www.santaclaragc.com)

### INDIVIDUAL LESSONS

Learn new strokes or improve old ones through individual or group lessons based on your needs. For all ages, beginner to advanced. Call (408) 209-5021, text (408) 309-5761, or email [sylvanotennisacademy@yahoo.com](mailto:sylvanotennisacademy@yahoo.com) for group or private lessons with the Sylvano Tennis Academy. You may also call (408) 980-9515 to arrange your first lesson with USPTA Professional, Thoi Nguyen.

## SPORTS LEAGUES: ADULT

### FREE AGENT LIST

Individuals who wish to play basketball or softball but do not have a team should contact Kimberly Castro to be placed on the Free Agent list. This list is provided to team managers who need additional players to complete their roster.

LEAGUE	REGISTRATION	LEAGUE PLAY	RES/NON-RES
Fall Basketball	September	October-December	\$735 / \$830
Fall Softball	September	September-October	\$500 / \$550

Registration information packets are available the month prior to the registration month listed. To request a registration information packet, to be on the Free Agent List, or for questions regarding the adult sports leagues, please contact Kimberly Castro at [kcastro@santaclaragc.com](mailto:kcastro@santaclaragc.com) or (408) 615-3140.



# Therapeutic Recreation Services (TRS)

TRS has served the recreational and social needs of individuals who have disabilities, with integrity and pride, since 1973. We are committed to fostering and promoting a safe and healthy leisure lifestyle for people with disabilities/special needs in the Santa Clara community.

Programs and activities are positive, achievable, and non-competitive – focusing on one’s ABILITIES rather than disabilities.

Meaningful and purposeful activities are planned to develop and enhance:

- Leisure Awareness
- Personal Growth & Development
- Self-Esteem
- Increased Independence
- Social Skills
- Community Awareness
- Self-Confidence
- Community Pride
- Communication
- Fine & Gross Motor Coordination
- Health & Wellness
- Quality of Life

Enthusiastic teams of Therapeutic Recreation Leaders serve as positive role models and are prepared to meet the social and recreational needs of individuals with disabilities. Disabilities served include, but are not limited to, developmental disabilities, autism, physical disabilities, cerebral palsy, neurological disabilities, aphasia, hearing/visual impairments, and emotional/behavioral challenges. Participants must be able to function in program ratios and be independent in personal care needs, or bring an attendant.

## SOCIAL RECREATION

### ADULT SOCIAL CLUB

This club is designed for individuals with disabilities who enjoy learning new games, crafts, socializing with peers, and developing friendships in a fun, energetic environment. Focus is on appropriate social interaction and participation. Participants must be able to function in 7:1 ratio and be independent in personal care needs or bring an attendant.

Ages: 18 and up

RECREATION STAFF • SENIOR CENTER		RES / NON-RES
18030 T	6:00 PM-8:00 PM	Sep 24-Oct 22 \$65 / \$81
18031 T	6:00 PM-8:00 PM	Nov 5-Dec 10 \$65 / \$81

### CAPABILITIES

This club is designed to meet the needs of individuals with disabilities who require additional assistance with communication and physical “hand-over-hand” activity.

Activities are designed to motivate and stimulate the senses, while improving physical health and quality of life. Participants must be able to function in 6:1 ratio and be independent in personal care needs or bring an attendant.

Ages: 18 and up

RECREATION STAFF • SENIOR CENTER		RES / NON-RES
18032 W	5:30 PM-7:30 PM	Sep 25-Oct 23 \$65 / \$81
18033 W	5:30 PM-7:30 PM	Nov 6-Dec 11 \$65 / \$81

### CHILDRENS RECREATION

Come play on Saturday mornings! Activities involve parallel play and provide exploration, self-expression, independence, social interaction, and physical development. Please send your child with a healthy snack each week. Participants must be able to function in 3:1 ratio and be independent in personal care needs or bring an attendant.

Ages: At least 4 but less than 13

RECREATION STAFF • CRC		RES / NON-RES
18046 Sa	9:30 AM-11:30 AM	Sep 28-Oct 26 \$85 / \$106
18047 Sa	9:30 AM-11:30 AM	Nov 16-Dec 14 \$68 / \$85

### SOCIAL-LITES

Step out on Friday nights! Community, social, and leisure education is the focus of this group for individuals with disabilities. Spend time with friends; organize group outings, activities, and special events; strengthen life skills in money management and social etiquette. Two to three outings are planned per session. Meeting times may change for outings. Transportation is not provided. This club is designed for the independent, higher functioning individual. Participant must be able to attend and interact with minimal supervision, and/or independently direct staff for assistance. Please note: registration fee covers staffing cost only. Additional fees may be required based on outings costs. For those taking VTA to and from programs, pickup window must be scheduled for 8:30 pm to 9:00 pm. All participants must be picked up by the end of the program. (12:1 ratio)

Ages: 18 and up

RECREATION STAFF • SENIOR CENTER		RES / NON-RES
18043 F	6:00 PM-9:00 PM	Sep 27-Oct 25 \$70 / \$86
18044 F	6:00 PM-9:00 PM	Nov 15-Dec 13 \$56 / \$69

### TEEN CLUB

Teens just want to have FUN! This club is designed for individuals with disabilities who enjoy learning new games, crafts, socializing with peers, and developing friendships in a fun, energetic environment. Focus is on appropriate social interaction and participation. Participants must be able to function in 4:1 ratio and be independent in personal care needs or bring an attendant.



Ages: At least 13 but less than 20

RECREATION STAFF • CRC			RES / NON-RES
18049	Sa	12:00 PM-2:00 PM	Sep 28-Oct 26 \$70 / \$86
18050	Sa	12:00 PM-2:00 PM	Nov 16-Dec 14 \$56 / \$69

## FITNESS/DANCE/AQUATICS

### GETTING FIT

Want to get in shape and improve your overall physical well-being? These classes, designed to accommodate those with developmental and intellectual disabilities, will provide a total body workout utilizing both cardio and strength training. Safe training practices and proper use of the fitness equipment and free weights will be emphasized. Participants must be able to function in 6:1 ratio and be independent in personal care needs or bring an attendant.

Ages: 13 and up

RECREATION STAFF • SENIOR CENTER			RES / NON-RES
18052	W	6:00 PM-7:00 PM	Sep 25-Oct 23 \$57 / \$71
18053	W	6:00 PM-7:00 PM	Nov 6-Dec 11 \$57 / \$71
18054	W	7:15 PM-8:15 PM	Sep 25-Oct 23 \$57 / \$71
18055	W	7:15 PM-8:15 PM	Nov 6-Dec 11 \$57 / \$71

### GOTTA DANCE

Do you find yourself tapping to the beat whenever you hear music? These classes are geared towards teens and adults with disabilities who want to learn simple dance steps while moving to the latest music. Participants must be able to function in 6:1 ratio and be independent in personal care needs or bring an attendant. **Gotta Dance I:** This is a beginning level class. No prior dance experience is necessary. **Gotta Dance II:** This is an intermediate level class. Prior dance experience or instructor approval is necessary.

Ages: 13 and up

GOTTA DANCE I • RECREATION STAFF • SENIOR CENTER			RES / NON-RES
18034	W	6:00 PM-7:00 PM	Sep 25-Oct 23 \$57 / \$71
18035	W	6:00 PM-7:00 PM	Nov 6-Dec 11 \$57 / \$71

GOTTA DANCE II • RECREATION STAFF • SENIOR CENTER			RES / NON-RES
18037	W	7:15 PM-8:15 PM	Sep 25-Oct 23 \$57 / \$71
18038	W	7:15 PM-8:15 PM	Nov 6-Dec 11 \$57 / \$71

### TRS FLEX FITNESS

Join the TRS Flex Fitness for a fun, active aerobics and fitness class! This class consists of a lively warm-up, cardio routine, and strength training exercises that strive to improve the overall fitness of all participants. Flex Fitness includes exercises that work on flexibility, bone density, endurance, coordination, balance, muscle strength, and decreases the risk of falls. This class offers modified versions of exercises for those with physical health needs. This class is for individuals with disabilities. Participants must be able to follow directions and work side by side with others. Participants must be able to attend class with limited supervision and minimal assistance provided, or bring an attendant (10:1 ratio).

Ages: 16 and up

RECREATION STAFF • SENIOR CENTER			RES / NON-RES
18056	T	11:00 AM-11:45 AM	Sep 24-Oct 22 \$50 / \$64

RECREATION STAFF • SENIOR CENTER			RES / NON-RES
18057	T	11:00 AM-11:45 AM	Nov 5-Dec 10 \$50 / \$64

### TRS AQUATICS

This course is designed for those who are able to float on front and back and glide independently or with minimal assistance. Participants will enjoy water activities and play. Class takes place in the warm water pool. Parent participation is required if participants need 1:1 support. (3:1 ratio) New participants, contact the TRS Recreation Coordinator at [lcouncil@santaclaraca.gov](mailto:lcouncil@santaclaraca.gov) or (408) 615-3169 to complete an assessment before the first day of class.

Ages: At least 4 but less than 13

RECREATION STAFF • SENIOR CENTER			RES / NON-RES
18041	Th	4:30 PM-5:00 PM	Sep 26-Oct 24 \$52 / \$65
18042	Th	4:30 PM-5:00 PM	Nov 7-Dec 12 \$52 / \$65
18039	Th	5:00 PM-5:30 PM	Sep 26-Oct 24 \$52 / \$65
18040	Th	5:00 PM-5:30 PM	Nov 7-Dec 12 \$52 / \$65

## SPECIAL EVENTS

### COOPERATIVE DANCE (AGES 16 AND OLDER)

Come on out... bring a friend or meet some new ones and dance the night away! Dances are sponsored cooperatively by the cities of Santa Clara, San Jose, and Sunnyvale, and are planned for individuals with disabilities/special needs. Supervision is provided by each agency. Tickets can only be purchased at the door on the evening of each scheduled dance. Cost is \$7.00 per person. Dance hours are 7:00-9:30 pm, unless otherwise noted. Please note: Supervision begins at 7:00 pm.

### Cooperative Dance Schedule 2019

October 25: City of Santa Clara

December 6: City of San Jose

### INTERESTED IN BECOMING A TRS

### VOLUNTEER?

Volunteers are essential to providing quality services to the residents of our community. A variety of volunteer opportunities are available for those ages 14 and older, including students who need service hours. Volunteers are there to assist with set up, supervision of participants with disabilities, provide hands-on assistance during activities, and clean up. For more information, contact the TRS Recreation Coordinator at [LCouncil@SantaClaraCA.gov](mailto:LCouncil@SantaClaraCA.gov) or at (408) 615-3169.

New participants should contact the Therapeutic Recreation Coordinator at [LCouncil@SantaClaraCA.gov](mailto:LCouncil@SantaClaraCA.gov) or (408) 615-3169, to complete an assessment before the first day of class.



# Walter E. Schmidt Youth Activity Center & Skate Park

**WALTER E. SCHMIDT YOUTH ACTIVITY CENTER**  
**2450 Cabrillo Avenue, Santa Clara, CA 95051**  
**Phone: (408) 615-3760**

<b>OFFICE HOURS:</b>	Monday-Thursday, 9:00 am-7:00 pm Friday, 9:00 am-6:00 pm Saturday, 9:00 am-12:00 pm
<b>DROP-IN PROGRAM HOURS:</b>	Monday, Tuesday, Thursday, & Friday, 2:30-6:00 pm, Wednesday, 1:30-6:00 pm
<b>OPEN GYM HOURS:</b>	Monday-Friday, 5:00-6:00 pm

Please check YAC Monthly Calendar for up to date schedules.

[www.SantaClaraCA.gov/YAC](http://www.SantaClaraCA.gov/YAC)

The Walter E. Schmidt Youth Activity Center (YAC) offers Santa Clara youth drop in programs, sports and special interest classes, special events, a skate park, and summer sports camps. Program information is available online at [www.SantaClaraCA.gov/YAC](http://www.SantaClaraCA.gov/YAC) or at the YAC.

## RESIDENT YOUTH CARD

To participate in the free programs at the YAC, Skate Park, and Teen Center, youth must be a Santa Clara resident and have a Resident Youth Card.

### A Santa Clara resident youth is defined as:

- Attends a Santa Clara Unified School District (SCUSD) elementary, middle, or high school; or,
- Attends an elementary, middle, or high school NOT in the SCUSD, but lives in Santa Clara or within SCUSD boundaries; or,
- Attends an elementary, middle, or high school and whose parent, grandparent, or great-grandparent resides in Santa Clara or within SCUSD boundaries, or owns property in Santa Clara.

### Resident Youth Card Procedures

1. Create or update your family account online at [apm.ActiveCommunities.com/SantaClara](http://apm.ActiveCommunities.com/SantaClara) or in person at a City recreation facility.
2. Parent/guardian fills out Participant Form and reviews Behavior Standard and Discipline Plan with their child. Parent/guardian signs liability release (back of Participant Form) and initials behavioral agreement (bottom of form). Participants also initial the behavioral agreement. Participants older than 13 years also sign the liability release form.
3. Form is submitted to YAC or Teen Center with proof of Santa Clara Residency. Forms available at the YAC, Teen Center,

or online at [www.SantaClaraCA.gov/YAC](http://www.SantaClaraCA.gov/YAC); click on "Youth Participant Form."

4. Participant's photo is taken and card is printed. First Resident Youth Card: \$5.00; replacement cards: \$3.00. Payment methods: cash, debit/credit card, printed check (payable to "City of Santa Clara"). Cards are used to check in and out of programs and are valid the current school year through the following summer.

## SKATE PARK (408) 615-3191

The Skate Park is located at the corner of Cabrillo Avenue and San Tomas Expressway. It is monitored by Parks & Recreation Department staff. Participant forms are available online and at the Skate Park. For more information, call (408) 615-3760.

### Guidelines for use of the Skate Park:

- The Skate Park is open to Santa Clara residents and their guests. Non-residents are allowed to use the Skate Park as guests.
- Santa Clara Resident Youth Card or California driver's license is used for access.
- Participants are required to complete a Participant Information Form, providing current emergency contact information, as well as a completed liability form. For participants under 18 years of age, a parent or guardian must sign the form. Forms may be obtained and turned in at the YAC or Skate Park.
- All participants are required to wear protective equipment: helmet, knee pads, and elbow pads. In-line skaters must also wear wrist guards.
- An adult must accompany and supervise participants under 5 years of age.
- Food, gum, and drinks are not allowed inside the Skate Park.
- Shirts and shoes required at all times.
- Roller blades and skateboards only. No bicycles or scooters are allowed.

### OPEN GYM

During the school year, the YAC offers Open Gym, a free supervised program each day after school. Program is available to youth with Resident Youth Cards.

During the summer, free after camp care is available at the YAC for participants registered in YAC Sports Camps. Participants with Resident Youth Cards can participate in the after camp program. Check the YAC's monthly calendar for program plans and times or call (408) 615-3760 for more information.





# Santa Clara Teen Center

**SANTA CLARA TEEN CENTER**  
2446 Cabrillo Avenue, Santa Clara, CA 95051  
Phone: (408) 615-3740

<b>OFFICE HOURS</b>	Monday-Friday, 9:00 am-6:00 pm
<b>DROP-IN PROGRAM HOURS:</b>	Monday, Tuesday, Thursday, & Friday, 2:30-6:00 pm, Wednesday, 1:30-6:00 pm

[www.SantaClaraCA.gov/TeenCenter](http://www.SantaClaraCA.gov/TeenCenter)

The Parks and Recreation Department's team of dynamic recreation leaders provide a safe environment that helps develop interpersonal skills, enhances self-esteem, and promotes an atmosphere where respect, honesty, and responsibility are core values.

The Teen Center is open to 8<sup>th</sup> through 12<sup>th</sup> graders who live in Santa Clara, attend school in the Santa Clara Unified School District, and have a Resident Youth Card. See page 26 for application instructions and fees for a Resident Youth Card.

## UPCOMING EVENTS

### Sunset Cinema:

Free Outdoor Movies in the Park. Follow us on Instagram at #SantaClaraCityParks for updated movie listings.

### Rec City Nights (RCN)

RCN is a Friday night program for participants, ages 11-15, hosted by the Teen Center and Youth Activity Center. RCN provides supervised sports/fitness, table/video games, study sessions, trips, and a safe social space for teens. Parents/Guardians are welcome to participate on select nights. A 2019-2020 Resident Youth Card is required and for parents/guardians, an Adult Liability form is required.

## YOUTH COMMISSION

### LEADERSHIP

The Santa Clara Youth Commission is a 15-member assembly consisting of City of Santa Clara residents, acting in an advisory capacity to the City of Santa Clara City Council on matters pertaining to the youth and teen population, especially as related to municipal programs and projects of the City.

### ACTIVITIES

The Youth Commission has been an active part of the community since its inception in 1995.

Each year, Commissioners develop a work plan that has included an Inclusive Makerspace, Run Santa Clara 5K, and Sunset Cinema outdoor movie nights, among many others. The Youth Commission also volunteers at City-wide special events (e.g. Art and Wine Festival, Halloween Party, and Tree Lighting Ceremony).

### APPLY

Applications for the 2020-2021 term will be available beginning January 27, 2020, and can be obtained at City of Santa Clara facilities. Term applications must be submitted by March 9, 2020, and interviews will be conducted in person on March 21, 2020. Applicants must be City of Santa Clara residents between the ages of 12-19 and be interested in making a difference and being a voice in the community.

### SCHOLARSHIPS

The City of Santa Clara Youth Commission offers scholarships to City of Santa Clara resident high school juniors and graduating seniors. Scholarship applications will be available beginning January 27, 2020, and can be obtained at City of Santa Clara facilities. Scholarship applications must be submitted by March 9, 2020, and interviews will be conducted in person on March 21, 2020.

If you have questions about the Youth Commission activities or applications, contact Jon Kawada at (408) 615-3741.



# Adult & Teen Classes

## CREATIVE ARTS

### OPEN CERAMICS STUDIO: CRC

Open to adults who have completed a ceramics class at the CRC, or have previous experience and are familiar with the equipment. The Open Ceramics Studio is held at the Community Recreation Center (CRC), 969 Kiely Boulevard, and will be open on Tuesdays, 12:00-3:00 pm, and Thursdays, 5:30-8:00 pm. No formal instruction is given, but an attendant is available to provide information as needed.

Open Ceramics passes are available at the CRC in multiples of 4, up to 20 classes. Cost is \$8.00 per session for Santa Clara residents; fees are slightly higher for non-residents. Passes do not expire, are non-transferable, and are valid only for the CRC Open Studio. Individuals may drop in for \$12.00 per visit. Additional fees are charged for glazing and firing, clay and tools.

### CERAMICS, ALL LEVELS

This wheelthrowing class is for all levels learning basics through advanced forms. Some handbuilding is instructed. Demonstrations are given and individual help is stressed. Additional fees will be collected in class for clay and tools. Class fee includes 1 session of Open Ceramics Studio.

Ages: 18 and up				RES / NON-RES
<b>K. MANFREDI • CRC</b>				
17751	T	5:30 PM-8:15 PM	Sep 24-Oct 29	\$110 / \$134
17752	T	5:30 PM-8:15 PM	Nov 5-Dec 17	\$110 / \$134
17753	W	5:30 PM-8:15 PM	Sep 25-Oct 30	\$110 / \$134
17754	W	5:30 PM-8:15 PM	Nov 6-Dec 18	\$110 / \$134
17755	Th	12:00 PM-3:00 PM	Sep 26-Oct 31	\$110 / \$134
18001	Th	12:00 PM-3:00 PM	Nov 7-Dec 19	\$110 / \$134

### DRAWING, BEGINNING & INTERMEDIATE

This is an introduction for beginners as well as an intermediate class for students who want to take another step into the art of drawing. We will use different approaches and techniques, such as shading, contour, mass, negative space, and point-to-point. The objective is to find and enhance hidden talent. Whether you have trouble drawing a stick-man or need help finishing your masterpiece, this is the class for you. Early teens are welcome; this is a wonderful class for father-son(s) or mother-daughter(s). Students furnish their own supplies (cost approximately \$20); supply list is provided at time of registration.

Ages: 13 and up				RES / NON-RES
<b>J. GREEN • CRC</b>				
17607	T	6:00 PM-8:15 PM	Sep 24-Oct 29	\$108 / \$135
17608	T	6:00 PM-8:15 PM	Nov 12-Dec 17	\$108 / \$135

### OIL/ACRYLIC PAINTING

Join this spirited class in oil and acrylic painting and be surprised by your creative power! Learn basic color principles and mixing from

a limited palette through lectures and individualized instruction. All levels welcome.

Ages: 18 and up				RES / NON-RES
<b>K. MANFREDI • CRC</b>				
18081	M	5:30 PM-8:15 PM	Sep 23-Dec 2	\$134 / \$162

## DANCE

### BALLET, INTERMEDIATE/ADVANCED

This is a class geared to those who want to learn the basics of ballet and beyond. Through barre work, dancers will tone and strengthen their bodies, building long, lean muscles while learning ballet terminology and technique. The class will then move into the center and the participant will learn basic center movements and steps, allowing them to experience the joy and freedom of ballet movement.

Ages: 20 and up				RES / NON-RES
<b>K. DAVEY • CRC</b>				
17591	Th	12:15 PM-1:30 PM	Sep 26-Nov 21	\$122 / \$153

### HIP HOP

Get moving to the latest in hip hop dance. This class focuses on stretching and warm-ups, then on to learn the hottest hip hop moves as seen in your favorite videos.

Ages: 12 and up				RES / NON-RES
<b>L. SHEEHY &amp; STAFF • CRC</b>				
17674	W	6:45 PM-7:30 PM	Sep 25-Dec 18	\$144 / \$180

### JAZZ IV

Students will learn jazz techniques and terminology through warm-ups and across-the-floor routines.

Ages: 12 and up				RES / NON-RES
<b>L. SHEEHY &amp; STAFF • CRC</b>				
17676	W	6:00 PM-6:45 PM	Sep 25-Dec 18	\$144 / \$180

### TAP

**Tap I** is a "no experience necessary" class designed for the beginner. Build your skills as you enjoy learning new tap steps. **Tap II**, the "next step" class, is designed for students with some basic tap experience. Each week will further increase your knowledge of tap dance, as you relax and tap away your stresses and cares. **Tap III, IV** is for the student who wishes to expand their tap dance knowledge beyond the Tap II level. Two sessions of Tap II (or instructor approval) are required to take this course.

Ages: 16 and up				RES / NON-RES
<b>I. P. SABSOWITZ • CRC</b>				
17811	T	6:40 PM-7:25 PM	Oct 1-Dec 10	\$110 / \$138
17812	Th	9:00 AM-9:50 AM	Oct 3-Dec 12	\$110 / \$38

				RES / NON-RES
<b>II. P. SABSOWITZ • CRC</b>				
17813	T	7:30 PM-8:15 PM	Oct 1-Dec 10	\$110 / \$138

				RES / NON-RES
<b>III. P. SABSOWITZ • CRC</b>				
17815	W	7:30 PM-8:15 PM	Oct 2-Dec 11	\$77 / \$96



Ages: 12 and up			
<b>IV • L. SHEEHY &amp; STAFF • CRC</b>	<b>RES / NON-RES</b>		
17683 W	5:15 PM-6:00 PM	Sep 25-Dec 18	\$144 / \$180

## FITNESS

### ABDOMINAL FITNESS FUSION

Zero in on the powerhouse: the abdominals. We will apply Pilates principles and techniques while utilizing a variety of equipment to improve posture, balance, and body alignment. Learn to be a stronger, more flexible you!

Ages: 18 and up			
<b>J. MURPHY • HENRY SCHMIDT PARK</b>	<b>RES / NON-RES</b>		
14753 MW	7:00 PM-7:55 PM	Sep 23-Nov 20	\$144 / \$180
17804 MW	7:00 PM-7:55 PM	Dec 2-Dec 18	\$54 / \$68

### CARDIO CIRCUIT

Increase your cardiovascular and muscular endurance in this standing circuit workout in the Senior Center Fitness Room. Fitness and fun come together as you alternate non-impact aerobic with upper-body strengthening exercises using fitness machines, hand-held weights and elastic bands.

Ages: 18 and up			
<b>J. HERRERA • MONTAGUE PARK</b>	<b>RES / NON-RES</b>		
17482 TTh	11:00 AM-11:45 AM	Oct 29-Nov 21	\$76 / \$95

### FLOW YOGA

This is a combined Gentle and Power Yoga class for all levels, perfect for students who want to add another evening of yoga into their routine. Grow your practice, strengthen your body, expand your heart, and free your mind. The postures will flow from one to the other through the power of breath.

Ages: 14 and up			
<b>R. SABSOWITZ • HENRY SCHMIDT PARK</b>	<b>RES / NON-RES</b>		
14639 T	7:00 PM-8:15 PM	Oct 1-Dec 10	\$113 / \$141

### GENTLE HATHA YOGA

This course is an introduction to the fundamentals of yoga with an explanation of the postures combined with correct breathing techniques. Find your focus, strengthen your body, and free your mind with greater ease and clarity.

Ages: 14 and up			
<b>R. SABSOWITZ • HENRY SCHMIDT PARK</b>	<b>RES / NON-RES</b>		
17809 Th	7:30 PM-8:45 PM	Oct 3-Dec 12	\$102 / \$127

### MONDAY MORNING YOGA

Allow the practice of yoga (union of body and mind, breath and movement) to contribute to your optimal health and well-being. Open to inspiration by participating in this class. All levels are welcome!

Ages: 14 and up			
<b>L. GANDENBERGER • HENRY SCHMIDT PARK</b>	<b>RES / NON-RES</b>		
17791 M	9:00 AM-10:30 AM	Sep 23-Dec 9	\$143 / \$178

### RESTORATIVE (YIN) YOGA

A slower paced, more passive and restorative yoga class. Poses or asanas are held for 1-3 minutes, allowing your breath and time to aid in lengthening, releasing and relaxing the deeper tissues of the body. Wear soft, loose fitting clothing.

Ages: 14 and up			
<b>R. SABSOWITZ • HENRY SCHMIDT PARK</b>	<b>RES / NON-RES</b>		
17810 Th	6:00 PM-7:15 PM	Oct 3-Dec 12	\$102 / \$127

## SUNDAY YOGA

Experience and enjoy Yoga postures, breathing techniques and deep relaxation so you can have a healthy body, mind and soul to experience freedom, peace and happiness in your life.

Ages: 14 and up			
<b>J. TULASIDAS • HENRY SCHMIDT PARK</b>	<b>RES / NON-RES</b>		
17819 S	9:00 AM-10:30 AM	Sep 22-Dec 8	\$159 / \$198

## ZUMBA®

Come join the party! Zumba® is a high-energy dance workout that combines Latin and international rhythms with cardiovascular exercise. It's dynamic, exciting, and effective for all fitness levels.

Ages: 16 and up			
<b>B. SMITH • CRC</b>	<b>RES / NON-RES</b>		
17816 M	6:40 PM-7:25 PM	Sep 23-Nov 4	\$64 / \$80
17818 M	6:40 PM-7:25 PM	Nov 18-Dec 9	\$43 / \$54

<b>M. PISAPIA-SINN • CRC</b>			
<b>RES / NON-RES</b>			
17805 Th	7:15 PM-8:15 PM	Sep 26-Nov 7	\$72 / \$90
17806 Th	7:15 PM-8:15 PM	Nov 21-Dec 19	\$48 / \$60

## MUSIC

### GUITAR

Get introduced to the basics of guitar! Learn melody, harmony, and rhythm in a fun, relaxed, small group environment. Students will learn music theory, chords, strumming techniques, finger picking, and different styles of music including pop, rock, classical, blues, and traditional songs. **Beginning** is for students who have not had any previous experience. **Intermediate** is for students who have completed the Beginning class. Students are required to bring their own guitar to class.

Ages: 13 and up			
<b>BEGINNING • M. SHRIVER • CRC</b>	<b>RES / NON-RES</b>		
17613 Th	6:45 PM-7:30 PM	Sep 26-Dec 12	\$140 / \$175

<b>INTERMEDIATE • M. SHRIVER • CRC</b>			
<b>RES / NON-RES</b>			
17619 Th	6:00 PM-6:45 PM	Sep 26-Dec 12	\$140 / \$175

### PIANO/KEYBOARD

Students will be taught music theory, rhythm, sight-reading, composition, and piano performance. Access to a keyboard or piano is essential for progress. For new students with no experience, a \$13 book fee is due the first day of class.

Ages: 13 and up			
<b>J. RUBIETTA • CRC</b>	<b>RES / NON-RES</b>		
17635 T	6:15 PM-7:00 PM	Sep 24-Dec 10	\$189 / \$236

## SPORTS & MARTIAL ARTS

### KARATE, SHOTOKAN

Come learn and practice the martial art of Shotokan Karate while promoting confidence, manners, and self-esteem! Learn how to execute proper punches, blocks, kicks, strikes, a kata, and self-defense.

Ages: 16 and up			
<b>M. CRAWFORD • OKAIGAN DOJO</b>	<b>RES / NON-RES</b>		
17761 F	7:30 PM-8:30 PM	Sep 27-Dec 13	\$176 / \$220

### KODENKAN JUJITSU

**Beginning:** Students will be taught basic self-defense, falling techniques, hand and arm holds, and proper movement as they prepare for the intermediate level. Gi is not required. **Intermediate/Advanced:** Continuing students will learn the techniques of Kodankan Danzanryu Jujitsu from the master. Self-defense,

discipline, and confidence will develop through training. Test and earn belt rankings. Gi is required and available for purchase on the first day of class.

Ages: 14 and up

BEGINNING • T. JANOVICH • CRC			RES / NON-RES
17795	W	7:30 PM-8:30 PM	Sep 25-Nov 6 \$63 / \$79
17796	W	7:30 PM-8:30 PM	Nov 20-Dec 18 \$36 / \$45

INTERMEDIATE/ADVANCED • T. JANOVICH • EARL CARMICHAEL PARK			RES / NON-RES
17799	T,Th	7:45 PM-8:45 PM	Sep 24-Nov 7 \$156 / \$195
17800	T,Th	7:45 PM-8:45 PM	Nov 19-Dec 19 \$96 / \$120

## SWIMMING

### AQUAFIT

This fun full-body workout to music includes strengthening and stretching. Water workouts are good for everyone, improving upon strength, coordination, and balance. You don't need to be a swimmer; head stays above the water. No drop-ins allowed.

Ages: 18 and up

RECREATION STAFF • WARBURTON POOL			RES / NON-RES
17730	M,W	6:00 PM-7:00 PM	Sep 4-Oct 2 \$90 / \$115
17731	M,W	6:00 PM-7:00 PM	Oct 7-Oct 30 \$80 / \$100

## GROUP EXERCISE

Classes are held year-round at the Community Recreation Center (CRC), 969 Kiely Boulevard, and are available to those 16 years of age and up. All classes are taught by certified instructors. Each workout includes a warm-up, cardiovascular workout, and cool down.

Hand weights and other accessories are provided. Please bring a towel and water bottle. Athletic shoes are required (no street or black-soled shoes). Participants will not be admitted if arriving 15+ minutes after class starts.

Group Exercise Passes are available at the CRC in multiples of 4, up to 24 classes. Cost is \$6.00 per class for Santa Clara residents; fees slightly higher for non-residents. Passes may be used for any class listed below and do not expire. Passes are valid only for classes held at the CRC. Each individual must purchase their own pass; passes are non-transferable. A pass does not guarantee a space in class. First-come, first-served policy is employed. Individual classes are available on a drop-in basis for \$7.50 per class.

Babysitting for children 6 months or older is available Monday through Friday, 9:00 AM-10:15 AM, for \$2.50 per child, per class.

First-come, first-served policy is employed. Parent/Guardian must be participating in a class at the CRC during the same time to use this service.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:00 AM-10:00 AM	Zumba®	Hatha Yoga	Cardio Sculpt	Zumba®	U-Jam Fitness®	
9:15 AM-10:25 AM						Kickboxing
10:15 AM-11:15 AM			Zumba®		Hatha Yoga	
6:00 PM-7:00 PM	Kickboxing		Cardio Sculpt			
6:10 PM-7:10 PM		Zumba®		Bombay Jam®		
7:10 PM-8:10PM		Pilates				

### MISSION CITY MEMORIAL PARK (MCMP)

MCMP, one of the oldest cemeteries in California, is owned and operated by the City of Santa Clara. The 25-acre historic tree-studded site is available to any family looking for a peaceful final resting place for a loved one. To find out more, please contact us at Cemetery@SantaClaraCA.gov or (408) 615-3790.



Group exercise classes and instructors are subject to change. The monthly schedule is available online at [www.SantaClaraCA.gov/exercise](http://www.SantaClaraCA.gov/exercise) or call (408) 615-3140 for more information.

**Bombay Jam®:** This ultimate dance fitness total body workout is packed with authentic Bollywood flavor.

**Cardio/Body Sculpting:** Work all major muscle groups using a variety of equipment. Cardio can include kickboxing or step.

**Hatha Yoga:** Practice posture focused yoga, practice for balance, strength, and flexibility with the intention of supporting ease in the body and mind.

**Kickboxing:** This class combines punches and kicks of martial arts into choreographed combinations to burn fat and sculpt your body.

**Pilates:** This class is designed to both strengthen and stretch muscles; primarily muscles of the core and strengthening of the spine.

**U-Jam Fitness®:** This intense cardio-dance fitness program unites world beats with urban flavor, while toning your entire body.

**Zumba®:** This is a high-energy dance workout that combines both Latin and international rhythms with cardiovascular exercise.





# PARK PROJECTS

The parks & playgrounds that are opening soon...

## **BOWERS**

The Bowers Park & Playground Rehabilitation was identified as needing improvements in 2017 through a Facility Condition Assessment. With contributions from City residential development fees, California Parks and Recreation Society, Santa Clara Valley Open Space Authority, and Playcore, Bowers Park & Playground will receive enhanced and inclusive play elements. Construction underway, the Bowers Park & Playground is located at 2582 Cabrillo Avenue is scheduled to open to the public in the Fall.

## **MACHADO**

On December 19, 2017, Council approved a schematic design for Machado Park & Playground. The design blends neighborhood and community input with researched best practices around inclusive pathways and play spaces, health, fitness, sustainability, and the natural habitat. In September

2018, community members completed a survey to record their favorite design elements and priorities. Construction underway, the Machado Park & Playground is located at 2582 Cabrillo Avenue is scheduled to open to the public in the Fall.

## **REED & GRANT**

A groundbreaking ceremony on August 30, 2018 marked the official start of construction of the new Reed & Grant Sports Park that will feature five lighted soccer fields, a multi-purpose community recreation building, a children’s playground, a picnic area, off-street parking, and other amenities. Reed & Grant Sports Park is located at 1750 Grant Street. Construction is expected to be complete in Winter 2019.

Updates on park projects can be found online at [www.SantaClaraCA.gov/ParkProjects](http://www.SantaClaraCA.gov/ParkProjects)



## **Everett N. “Eddie” Souza Park & Community Garden**

The park hosts spacious fields, children’s play area, self-guided nature tours, and a dog run.

Visit [www.SantaClaraCA.gov/CommunityGarden](http://www.SantaClaraCA.gov/CommunityGarden) to find a schedule of events, as well as how to grow your own veggies, flowers and herbs as a Community Garden member.

### **Annual Use Fees & Security Deposit**

Plot Size	Individual 64 sq. ft.	ADA/Senior 64 sq. ft.	Group 96-188 sq. ft.
Deposit	\$50	\$50	\$100
Plot Fee	\$75	\$50	\$170





# Santa Clara Senior Center

**SANTA CLARA SENIOR CENTER**  
**1303 Fremont Street, Santa Clara, CA 95050**  
**Phone: (408) 615-3170**

<b>BUILDING HOURS OF OPERATION:</b>	Monday-Thursday, 7:00 am-7:00 pm; Friday, 7:00 am-5:00 pm; Saturday, 9:00 am-12:00 pm
<b>NATATORIUM HOURS OF OPERATION</b>	Monday-Thursday, 7:00 am-6:30 pm; Friday, 7:00 am-4:30 pm; Saturday, 9:00 am-11:30 am

[www.SantaClaraCA.gov/SeniorCenter](http://www.SantaClaraCA.gov/SeniorCenter)  
[custservscenter@SantaClaraCA.gov](mailto:custservscenter@SantaClaraCA.gov)

The Santa Clara Senior Center provides a safe, positive, and welcoming environment for adults ages 50+. For more information on programs, services, or registration, please visit our website.

## DAILY ACTIVITIES (SEE MONTHLY SCHEDULE)

- Billiards, Darts, Shuffleboard
- Bingo
- Card Games
- Computer Lab
- Dining Out: Senior Cafe
- Ceramics Studio
- Lapidary
- Woodshop
- Lunch Meet Presentations
- Welcome Newcomers (informational meeting and tour)

## DINING OUT: SENIOR CAFE

The Senior Center offers diverse meals, created by a dietician, that change with the seasons. Vegetarian options are available. Meals are served Monday-Friday at 11:30 am and seating begins at 11:00 am. Drop-ins are welcome and served on a first-come, first-served basis.

To make a reservation, please stop by the Senior Center or call (408) 615-3174. Reservations are accepted utilizing the monthly order or one business day in advance by 12:00 pm.

A \$3.00 contribution is requested for those 60+. Guests under 60 are welcome. A \$6.00 guest fee is required. A meal card may also be purchased for \$30.00.

## HEALTH, FITNESS, & AQUATICS

Registered Nurses in the Health & Wellness Program are committed to providing information and tools needed to strengthen and maintain your health, connect you to community resources, and improve your sense of well-being. For specific information, please refer to the newsletter available online or at the Senior Center.

The Senior Center hosts a 3,000 square foot fitness center equipped with cardio, weight training, and core strength and stretching zones. The Senior Center also boasts a natatorium consisting of three indoor pools: lap pool; warm water pool; and spa.

Group Exercise passes are available at the Senior Center in multiples of 4, up to 24 classes. Cost is \$6.00 per class for Santa Clara residents, fees slightly higher for non-residents. Single use passes can be purchased for \$7.50. Each individual must purchase their own pass; passes are non-transferable. Lost or missing passes will not be re-issued. A pass does not guarantee a space in class. First come, first served policy is employed.

The fitness area and pools are free to Santa Clara residents who possess and present a current Senior Center card. For information on registering for a Senior Center card, please call the Senior Center front desk at (408) 615-3170.

## SENIOR RESOURCES

### Ongoing services offered at the Senior Center

- AARP Tax Assistance
- Blood Pressure checks
- Care Management
- Health Education and Coaching
- Health Insurance and Medicare Counseling (HICAP)
- Health Screenings
- Legal Assistance (SALA)
- Notary

## SPECIAL EVENTS

### Holiday Maker's Fair:

November 16, 9:00 am-2:00 pm, Multi-Purpose Room

### Ice Cream Social:

\$2 per serving, August 28, 12:00-1:00pm, Patio

### Monthly BBQ:

\$5-7 per plate, per person, 12:00-1:00pm, see calendar for dates.

## ADVENTURES TO GO

**Explore California and beyond, on day and overnight trips. Let us plan the transportation, reservations, and little details. The monthly Adventures to Go newsletter details upcoming trips and is available online at [www.SantaClaraCA.gov/SeniorCenter](http://www.SantaClaraCA.gov/SeniorCenter) or at the Senior Center. To learn more about the trips, stop by the Senior Center for Let's Talk Travel, which meets the fourth Wednesday of each month at 12:30 pm.**

**Adventures To Go is travel... without the headaches. Trip prices range from \$50-\$5,000.**

# Active Adult (50+) Classes

## DANCE

### TAP

**Tap I:** This is a “no experience necessary” class designed for the beginner. Build your skills as you enjoy learning new tap steps. **Tap II:** Join us on Thursday mornings to increase your knowledge and vocabulary of tap dance while getting a good workout. Knowledge of basic tap steps is required; all levels are welcome.

Ages: 50 and up

I • P. SABSOWITZ • CRC			RES / NON-RES	
17812	Th	9:00 AM-9:50 AM	Oct 3-Dec 12	\$110 / \$38

II • P. SABSOWITZ • CRC			RES / NON-RES	
17814	Th	10:00 AM-11:00 AM	Oct 3-Dec 12	\$110 / \$110

## FITNESS

### BALANCE BASICS 101

Practicing balance techniques in the warm water helps develop better trunk stabilization, postural alignment, and joint range of motion (ROM). Using breath work and precise muscle control, you will learn how to originate movement from your core, recognize and address muscular imbalances, decrease stress, and improve your overall sense of well-being. No footwear is allowed in pool.

Ages: 50 and up

M POZZI • SENIOR CENTER			RES / NON-RES	
17903	T	5:30 PM-6:30 PM	Sep 24-Oct 15	\$59 / \$74
17904	T	5:30 PM-6:30 PM	Oct 29-Nov 19	\$59 / \$74
17905	T	5:30 PM-6:30 PM	Dec 3-Dec 17	\$45 / \$56

### FITNESS CENTER ORIENTATION

**Cardio & Stretching:** This class will include a basic demonstration of each cardiovascular machine, including how to program the cardiovascular machines to personalize your workout and each piece of equipment in the Stretching Area. **Strength & Stretching:** Join us as Fitness Center Staff introduce you to our 17 weight machines and the variety of resources available in the Stretching Area. This class will include a demonstration of all weight machines and each piece of equipment in the Stretching Area.

Ages: 50 and up

CARDIO & STRETCHING • J. ERPE • SENIOR CENTER			RES / NON-RES	
17920	T	1:00 PM-1:45 PM	Oct 8	\$10 / \$12
17921	T	1:00 PM-1:45 PM	Nov 12	\$10 / \$12
17922	T	1:00 PM-1:45 PM	Dec 10	\$10 / \$12

STRENGTH & STRETCHING • J. ERPE • SENIOR CENTER			RES / NON-RES	
17924	W	1:00 PM-1:45 PM	Oct 9	\$10 / \$12
17925	W	1:00 PM-1:45 PM	Nov 13	\$10 / \$12

STRENGTH & STRETCHING • J. ERPE • SENIOR CENTER			RES / NON-RES	
17926	W	1:00 PM-1:45 PM	Dec 11	\$10 / \$12

### FITNESS FOR ALL

Strengthen and tone your body with gentle aerobic and stretching exercises designed to enhance overall health and fitness level. Exercises will include chairs for sitting or standing, and aim to improve balance, flexibility, endurance, range of motion, sense of equilibrium, and core muscular strength. All abilities are welcome and individuals utilizing mobility aids (walkers, canes, wheelchairs, etc.) are encouraged to register.

Ages: 50 and up

A. BISCARDI • SENIOR CENTER			RES / NON-RES	
17909	M	9:30 AM-10:15 AM	Oct 7-Oct 28	\$25 / \$31
17912	M	9:30 AM-10:15 AM	Nov 4-Nov 25	\$25 / \$31
17913	M	9:30 AM-10:15 AM	Dec 2-Dec 30	\$39 / \$48
17910	W	10:30 AM-11:15 AM	Oct 2-Oct 30	\$39 / \$48
17911	W	10:30 AM-11:15 AM	Nov 6-Nov 27	\$32 / \$40
17914	W	10:30 AM-11:15 AM	Dec 4-Dec 18	\$25 / \$31

### FLEX FITNESS

This class consists of a lively warm-up, cardio routine, and strength training exercises that strive to improve the overall fitness of all participants. Flex Fitness includes exercises that work on flexibility, bone density, endurance, coordination, balance, and muscle strength, and decreases the risk of falls. This class offers modified versions of exercises for those with physical health needs. All individuals are welcome!

Ages: 50 and up

J. ERPE • SENIOR CENTER			RES / NON-RES	
17917	W	9:15 AM-10:15 AM	Sep 25-Oct 16	\$60 / \$75
17918	W	9:15 AM-10:15 AM	Oct 30-Nov 20	\$60 / \$75
17919	W	9:15 AM-10:15 AM	Dec 4-Dec 18	\$46 / \$57

### JAZZERCISE WITH JEROME

Start your day off with this energizing jazz program! Class focuses on cardio, core strength, and stretching. Modifications are available to meet the needs of those in the class.

Ages: 50 and up

J. FLOWERS • SENIOR CENTER			RES / NON-RES	
17928	MW	7:30 AM-8:30 AM	Oct 2-Oct 30	\$42 / \$53
17929	MW	7:30 AM-8:30 AM	Nov 4-Nov 27	\$37 / \$46
17930	MW	7:30 AM-8:30 AM	Dec 2-Dec 30	\$42 / \$53



**MOBILITY STRETCH**

Increase joint mobility, flexibility, and improve cardiovascular health. Class consists mobility exercises, along with light plyometric movements to improve joint mobility, decreases stiffness, and improves muscle flexibility.

Ages: 50 and up

J. HERRERA • SENIOR CENTER			Res / Non-Res
17932	W	8:30 AM-9:15 AM	Sep 25-Oct 16 \$40 / \$50
17933	W	8:30 AM-9:15 AM	Oct 30-Nov 20 \$40 / \$50
17934	W	8:30 AM-9:15 AM	Dec 4-Dec 18 \$31 / \$38

**MUSCLE BUILDING**

Join a community of older adults for a total-body workout appropriate for any fitness level. This class is designed to increase flexibility, joint stability, balance, coordination, agility, and muscular strength. The workout combines flexibility and resistance (strength) training to promote an active lifestyle.

Ages: 50 and up

G. WILLSON • SENIOR CENTER			Res / Non-Res
17935	T,Th	9:30 AM-10:15 AM	Oct 1-Oct 31 \$94 / \$117
17936	T,Th	9:30 AM-10:15 AM	Nov 5-Nov 21 \$58 / \$72
17937	T,Th	9:30 AM-10:15 AM	Dec 3-Dec 19 \$58 / \$72

**NO FALLS S.O.S.**

Stretch, Observe, and Strengthen your way into decreasing the risk of falling. Improve overall health and quality of life while learning exercises to help improve your balance, flexibility, and core muscular strength. Chairs, light hand weights, and stretch cords will be used as props while sitting or standing. Class accommodates the needs of those with mobility challenges (walkers, wheelchairs, etc.).

Ages: 50 and up

M. POZZI • SENIOR CENTER			Res / Non-Res
17938	T,Th	11:00 AM-11:30 AM	Sep 24-Oct 17 \$44 / \$55
17939	T,Th	11:00 AM-11:30 AM	Oct 29-Nov 21 \$44 / \$55
17940	T,Th	11:00 AM-11:30 AM	Dec 3-Dec 19 \$34 / \$42

**POP PILATES**

This class is a total body, equipment-free workout, that sculpts a rock-solid core and lean body like nothing else. Bring a mat and be ready to sweat.

Ages: 50 and up

RECREATION STAFF • SENIOR CENTER			Res / Non-Res
17941	T,Th	8:30 AM-9:15 AM	Sep 24-Oct 17 \$76 / \$95
17942	T,Th	8:30 AM-9:15 AM	Oct 29-Nov 21 \$76 / \$95
17943	T,Th	8:30 AM-9:15 AM	Dec 3-Dec 19 \$58 / \$72

**ROCK YOUR BODY SCULPTING WITH GINGER**

Come work out with light weights and drum sticks, sculpting and toning your body to high-energy music. You will love this fun workout focusing on different muscle groups, especially arms, legs, and core strength. Bypass that boring workout and head straight to this class!

Ages: 50 and up

G. WILLSON • SENIOR CENTER			Res / Non-Res
17947	F	9:15 AM-10:00 AM	Oct 4-Oct 25 \$40 / \$50
17948	F	9:15 AM-10:00 AM	Nov 1-Nov 22 \$40 / \$50
17949	F	9:15 AM-10:00 AM	Dec 6-Dec 27 \$40 / \$50

**SMALL GROUP FITNESS TRAINING**

If you like working in smaller groups and want to learn new exercises that can improve your strength and endurance, then this is the class for you! In this class, you will be guided through



an engaging warm-up, small group workout, and a cool-down that aims to increase overall fitness. This class is for individuals of all different skill levels and physical abilities. All individuals are welcome and encouraged to participate!

Ages: 50 and up

J. ERPE • SENIOR CENTER			Res / Non-Res
17950	T	1:45 PM-2:45 PM	Sep 24-Oct 15 \$60 / \$75
17951	T	1:45 PM-2:45 PM	Oct 29-Nov 19 \$60 / \$75
17953	T	1:45 PM-2:45 PM	Dec 3-Dec 17 \$46 / \$57
17952	Th	1:45 PM-2:45 PM	Sep 25-Oct 17 \$60 / \$75
17954	Th	1:45 PM-2:45 PM	Oct 31-Nov 21 \$60 / \$75
17955	Th	1:45 PM-2:45 PM	Dec 5-Dec 19 \$46 / \$57

**TAI CHI FOR LIFE!**

Tai Chi is a slow, gentle, flowing martial art promoting balance, flexibility, strength, and clarity. **Intermediate** class is for the student who has mastered the basics, and it requires instructor pre-approval. **Advanced** class is for the student who has mastered the basic and intermediate skills, and it requires instructor pre-approval.

Ages: 50 and up

BEGINNING • L. SCHEER • LICK MILL PARK			Res / Non-Res
18007	W	9:30 AM-10:30 AM	Sep 25-Oct 30 \$59 / \$73
18008	W	9:30 AM-10:30 AM	Dec 4-Dec 18 \$41 / \$50

BEGINNING • L. SCHEER • SENIOR CENTER			Res / Non-Res
17959	T,Th	11:45 AM-12:45 PM	Sep 24-Oct 17 \$77 / \$96
17960	T,Th	11:45 AM-12:45 PM	Oct 29-Nov 21 \$77 / \$96
17961	T,Th	11:45 AM-12:45 PM	Dec 3-Dec 19 \$59 / \$73

INTERMEDIATE • L. SCHEER • SENIOR CENTER			Res / Non-Res
17962	T,Th	9:45 AM-10:45 AM	Sep 24-Oct 17 \$77 / \$96
17963	T,Th	9:45 AM-10:45 AM	Oct 29-Nov 21 \$77 / \$96
17964	T,Th	9:45 AM-10:45 AM	Dec 3-Dec 19 \$59 / \$73

ADVANCED • L. SCHEER • SENIOR CENTER			Res / Non-Res
17956	T,Th	8:45 AM-9:45 AM	Sep 24-Oct 17 \$77 / \$96
17957	T,Th	8:45 AM-9:45 AM	Oct 29-Nov 21 \$77 / \$96
17958	T,Th	8:45 AM-9:45 AM	Dec 3-Dec 19 \$59 / \$73

**YOGA STRETCH**

This class leads you through a complete series of seated and standing yoga poses. Chair support is offered to safely perform a variety of postures designed to increase flexibility, balance and



range of movement. Restorative breathing exercises and final relaxation help promote stress reduction and mental clarity.

Ages: 50 and up

RECREATION STAFF • SENIOR CENTER				RES / NON-RES
17988	MW	8:15 AM-9:00 AM	Sep 23-Oct 16	\$67 / \$83
17989	M,W	8:15 AM-9:00 AM	Oct 28-Nov 20	\$67 / \$83
17990	M,W	8:15 AM-9:00 AM	Dec 2-Dec 18	\$58 / \$72

## ZUMBA GOLD® WITH GINGER

Zumba Gold® with Ginger is a Latin dance-inspired workout. Let the music move you in this upbeat “fitness party.” Zumba Gold® with Ginger is a lower impact, easy-to-follow fitness class that keeps you in the groove of life!

Ages: 50 and up

G. WILLSON • SENIOR CENTER				RES / NON-RES
17966	M	10:00 AM-10:45 AM	Oct 7-Oct 28	\$23 / \$29
17969	M	10:00 AM-10:45 AM	Nov 4-Nov 25	\$23 / \$29
17970	M	10:00 AM-10:45 AM	Dec 2-Dec 30	\$37 / \$46
17965	W	9:30 AM-10:15 AM	Oct 2-Oct 30	\$37 / \$46
17967	W	9:30 AM-10:15 AM	Nov 6-Nov 27	\$30 / \$38
17968	W	9:30 AM-10:15 AM	Dec 4-Dec 18	\$23 / \$29

## SPECIAL INTEREST

### DOUBLE THE FUN: WOODWORKING & CERAMICS

In this collaborative class, we’re combining two mediums of art. Students will work with instructors from the wood shop and ceramics lab to create a unique, one of a kind project each month. Fee includes all materials. This class meets the Wood Shop Orientation requirement for Drop-in Wood Shop. **First Session Project:** Chess/Checker Boards. **Second Session Project:** Mid-Century planter and stand.

Ages: 50 and up

T. FREITAS • SENIOR CENTER				RES / NON-RES
18026	T	5:00 PM-7:00 PM	Oct 1-Oct 22	\$150 / \$181
18027	T	5:00 PM-7:00 PM	Nov 26-Dec 17	\$150 / \$181

### WOODSHOP 101

This comprehensive entry-level class is for beginners and/or as a refresher for people who have done woodworking in the past. Instruction will include wood shop orientation and focus on safety and proper demonstration of the power tools in the shop. At the end of class, students will be asked to demonstrate knowledge and use of power tools, which will be used as an evaluation of students’ abilities.

Ages: 50 and up

T. FREITAS • SENIOR CENTER				RES / NON-RES
18022	W	1:00 PM-3:00 PM	Sep 11	\$31 / \$36
18023	W	1:00 PM-3:00 PM	Oct 9	\$31 / \$36
18024	W	1:00 PM-3:00 PM	Nov 13	\$31 / \$36
18025	W	1:00 PM-3:00 PM	Dec 11	\$31 / \$36

### WOODSHOP ORIENTATION

Open to adults who are interested in utilizing the Woodshop during drop-in hours. Participants will be tested and evaluated on their skills and abilities in the Woodshop. If determined that participants need additional training, Woodshop 101 will be required and the orientation fee will be applied to the class. Woodshop Orientation is offered on Wednesdays from 5:30-6:30 pm and the cost is \$11 for Residents and \$14 for Non-Residents.

### OPEN CERAMICS STUDIO: SENIOR CENTER

Open to adults (ages 50+) who are interested in completing

hand-building projects with minimal supervision. The

Open Ceramics Studio is held at the Senior Center,

1303 Fremont Street, and will be open on Mondays and

Wednesdays from 4:00-6:30 pm. No formal instruction is given, but an attendant is available to provide information as needed.

Open Ceramics passes are available at the Senior Center in

multiples of 4, up to 20 classes. Cost is \$8.00 per session for Santa Clara residents; fees are slightly higher for non-residents.

Passes do not expire, are non-transferable, and are valid only

for the Senior Center Open Studio. Individuals may drop in for

\$12.00 per visit. Additional fees are charged for glazing and firing, clay and tools.

## SWIMMING

### BEGINNING AQUATIC CONDITIONING

This shallow and deep water workout delivers training options designed to target the fitness components of agility, balance, coordination, speed, and cardio-respiratory capacity. This class is open to all levels who are VERY comfortable in the deep water. Aquatic footwear is recommended.

Ages: 50 and up

M. POZZI • SENIOR CENTER				RES / NON-RES
17906	Th	5:30 PM-6:30 PM	Sep 26-Oct 17	\$59 / \$74
17907	Th	5:30 PM-6:30 PM	Oct 31-Nov 21	\$59 / \$74
17908	Th	5:30 PM-6:30 PM	Dec 5-Dec 26	\$59 / \$74

### LEARN TO SWIM FOR SENIORS

This class is designed for beginning & intermediate swimmers who want to learn to swim, may not be comfortable in the water or want to improve on their skills. Introduction of new strokes will be determined by participants’ comfort level and progression of freestyle.

Ages: 50 and up

P. MOUNT • SENIOR CENTER				RES / NON-RES
17748	M,W	4:30 PM-5:00 PM	Sep 4-Oct 2	\$64 / \$80
17749	M,W	4:30 PM-5:00 PM	Oct 7-Oct 30	\$56 / \$70

# YOUTH SPORT ORGANIZATIONS

The following organizations offer programs for youth residing in the City of Santa Clara. For information about their programs, activities, and schedules, please call them direct.

## **AQUATICS**

### **Santa Clara Aquamaids**

Chris Carver.....(408) 727-8496; www.aquamaids.org

### **Santa Clara Diving Club**

Todd Spohn.....www.santaclaradiving.com

### **Santa Clara Swim Club**

Allison Beebe.....(408) 246-5050

Swim School Lessons: Pamela Bailey.....(408) 246-5003

## **BASEBALL/SOFTBALL**

### **Santa Clara Briarwood/El Camino Little League**

Baseball, ages 6-12.....www.briarwoodlittleleague.com

### **Santa Clara PAL Softball**

Girls' Softball, ages 5-16.....(408) 615-4879; www.santaclarapal.org

### **Santa Clara Pony Baseball**

Baseball, ages 7-18

Tony.....(408) 393-4928; scponybaseball@gmail.com

### **Santa Clara Westside/Homestead Little League**

Baseball, ages 6-12.....www.scwestside.com

## **FOOTBALL**

### **Santa Clara Lions Football**

Football, ages 7-15

Craig Connelly.....(408) 221-3056; www.sclionsfootball.org

## **SOCCER**

### **Santa Clara PAL Soccer**

Soccer, ages 4-17.....(408) 615-4789; www.santaclarapal.org

**Santa Clara Youth Soccer**.....www.scysl.org

- Recreational Fall & Spring, ages 4-16
- Top Soccer (Special Needs), ages 4-19
- Santa Clara Lions FC & Sporting Competitive soccer, ages 7-18

# SWIMMING

## **ADULT LAP SWIM**

International Swim Center, 2625 Patricia Drive, is open Monday through Friday from 12:00-1:30 pm for adult lap swimming; year-round schedule. Fee is \$6.00 per day. Discounted lap swim passes can be purchased at the Community Recreation Center. Swimmers must be 18 years or older. No Children are allowed on the pool deck.

## **MASTERS SWIMMING**

Structured team workouts and lap swimming, for adults (19 years or older) are held at the International Swim Center, 2625 Patricia Drive. The City offers the program in cooperation with the Santa Clara Swim Club. Workouts are early morning and evening. For exact times, registration, and membership fee information, contact the Swim Club Coaching Staff online at www.santaclaraswimclub.org or at (408) 246-5050.

## **SANTA CLARA POLICE ACTIVITIES LEAGUE**

601 El Camino Real, Suite 311

Santa Clara, CA 95050

Telephone: (408) 615-4879

Fax: (408) 984-1407

www.SantaClaraPAL.org



<b>Program/Contact</b>	<b>Ages</b>	<b>Sign-ups</b>	<b>Season</b>
------------------------	-------------	-----------------	---------------

- |  |        |            |            |
|--|--------|------------|------------|
| • BMX Bicycle Moto X                                   | 4 & up | Continuous | Year-round |
| Joey Bixler, Track Director – Hot Line (408) 727-7538  |        |            |            |
| • Fishing SPECIAL PROGRAM                              |        |            |            |
| Sgt. Tyson Shearer – (408) 615-4761                    |        |            |            |
| • Judo   | 5 & up | Continuous | Year-round |
| Keith Watanabe, Commissioner – Hot Line (408) 278-5627 |        |            |            |

**If you have any questions regarding PAL activities, please call Cynthia Hernandez at (408) 615-4879.**

- |                       |       |            |            |
|-----------------------|-------|------------|------------|
| • PAL-GAL Softball    |       |            |            |
| A. Ippolito           | 4-16  | Jan.-Feb.  | Mar.-Jul.  |
| • Police Explorers    |       |            |            |
| Officer S. Selberg    | 14-20 | Continuous | Year-round |
| • Soccer: Fall        |       |            |            |
| Rita Gonzales         | 3-17  |            |            |
| • Wrestling           |       |            |            |
| Spring                | 5-10  |            |            |
|                       | 11-17 |            |            |
| Summer                | 5-17  |            |            |
| • Wrestling/Jim Wilks |       |            |            |
| Fall (Grades 4-8)     | 9-13  | Sep.       | Oct.-Dec.  |

**PAL Special Events:** Contact the PAL office at (408) 615-4879 for details and questions about offered programs.

## **SENIOR SWIM**

Open to adults 50 years or older, Senior Swim is held Monday through Friday, 11:00-11:45 am, at the International Swim Center, 2625 Patricia Drive. Lap swimming is open to Santa Clara residents only. Proof of residency is required. Admission is free. No children are allowed on the pool deck.

Indoor swimming is available to seniors at the Senior Center. Seniors will be required to present their Senior Center card to participate in this program. For more information, contact the Santa Clara Senior Center at (408) 615-3170.

# SANTA CLARA PARKS & FACILITY RESERVATIONS

City of Santa Clara residents and qualifying resident groups may reserve specific Park facilities for receptions and parties on a space available basis. No reservations by phone. For more information, call the Community Recreation Center at (408) 615-3140.

## RENTAL FEES

\*All rental fees are due at the time of application. Fees subject to change. Call the Community Recreation Center for details. Rental time must include set-up and clean-up time. Park building users must be cleaned up and out of the building by 10:00 pm. There is no alcohol or amplified sound allowed in the park buildings.

### Picnic Areas\*

#### Central Park Arbor and Pavilion

1. Each section in the Arbor or Pavilion rents for \$160.00 per section.
2. There is a \$100.00 security deposit for each area. No more than 3 areas may be rented by one group.
3. If the Permittee wants to have amplified music, a \$68.00 amplification application fee is due with the paperwork (This permit can be made at a different time than the use permit, but no less than 14 days in advance). Groups renting less than 3 sections are not allowed amplified music.
4. Jump houses and other inflatable play structures are not allowed in any City of Santa Clara park except in the Central Park Arbor or Pavilion, and only with an advance reservation/permit to use ALL THREE areas within the facility.
5. Reservations/permits are limited to City of Santa Clara residents only.

### Parks Buildings\* (60 people maximum)

#### Agnews, Bowers, Lick Mill, Machado, Maywood, and Montague Park Buildings

1. Recreation Rental \$68.00 per hour (3 hour minimum); Non-Profit Meeting Rental \$25.00 per meeting (3 hour maximum).
2. \$200.00 security deposit.
3. All fees due at time of reservation.

### Refund/Cancellations

1. In order to receive a refund, reservations must be cancelled at least 14 full working days before the reservation date. A \$49.00 cancellation fee will be charged.
2. Reservations cancelled less than 14 days before the rental date forfeit all fees.

## USE REQUIREMENTS

1. Residents/qualifying resident groups may use facilities for recreation. Facilities may not be used by groups for business activities. Example: Classes not offered by the City of Santa Clara, seminars, training sessions, etc.
2. Facilities are not available for commercial activities unless authorized by appropriate permit, license, or agreement with the City. Commercial or profit-making activities are not allowed. Charging admission, selling products, or soliciting donations without prior written approval by the Department Director or an assigned representative is prohibited.
3. Applications are subject to approval.
4. Availability should be checked by phone before coming in to

the CRC. Please call (408) 615-3140.

5. Parties/special event applications can be submitted as early as one (1) year to the date in advance. Example: If June 6 is desired date, the earliest application date is June 6 of the previous year.
6. Meetings applications can be submitted four (4) months to the date in advance. Example: If June 6 is desired date, the earliest application date is February 6 of the same year.

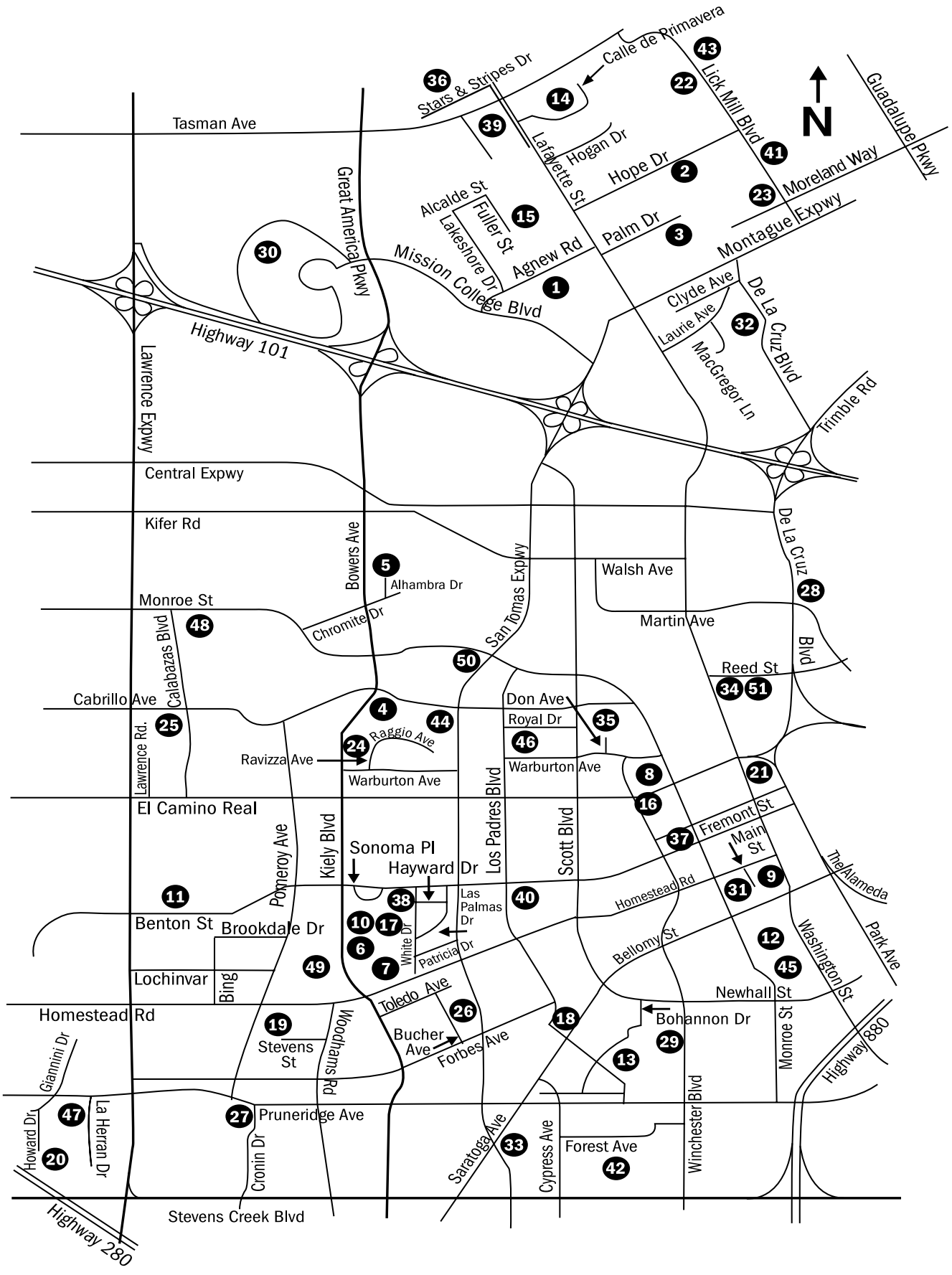
## PROOF OF RESIDENCY

1. All applicants must provide proof of City of Santa Clara residency.
2. Applicant must be present for the entirety of the event. Applicant assumes all responsibility for use of the facility. The applicant is responsible for the behavior and/or cost of damage repair for all guests. Permits cannot be transferred, assigned, or sublet.
  - a. **For personal/family events:** Proof of residency must include a photo ID (driver's license, passport, etc.). If address has changed, car registration or a current utility bill in the applicant's name can be used in addition to the photo ID.
  - b. **Wedding ceremony or reception:** The bride, groom, bride's parents or groom's parents must be City of Santa Clara residents and serve as applicant. No other family member may make the reservation.
  - c. **For Organizations:** Either proof of business office address (not a residence) or a roster with 51% of membership Santa Clara residents must be provided.
    - i. If using a roster to qualify, applicant must be a City of Santa Clara resident.
    - ii. Roster must include all organization members.
    - iii. Roster must include organization's name, and the names, addresses, and phone number of all members.
    - iv. If organization has business offices located in the City of Santa Clara (not a residence), proof of residency can be an internal directory, letterhead, business card or ID that includes the City of Santa Clara address.
    - v. For meeting rates, proof of non-profit status is required.
  - d. **For Companies:** Applicant must present a company ID (badge, business card, etc.) for him/herself, as well as proof that the company is located in the City of Santa Clara (Example: company directory, letterhead or business cards, etc.).



# PARKS & FACILITIES\*

## CITY OF SANTA CLARA PARKS & FACILITIES



\*Map is not to scale. Some facilities indicated are for location reference only and are not owned or operated by the City of Santa Clara

# PARKS & FACILITIES

	MAP NUMBER	RENTABLE BUILDINGS	PICNIC AREA	BBQs	RESTROOMS	SWIMMING POOL	BASKETBALL COURTS	SOFTBALL FIELDS	TENNIS COURTS	PLAYGROUND	FITNESS STATIONS
Agnew Park: 2150 Agnew Rd.	1	1			1		1			1	
Agnews Historic Cemetery: 1250 Hope Dr.	2										
Agnews Historic Historic Park & Mansion: 4030 Lafayette St.	3										
Bill Wilson Park: 2902 Miles Dr.	49				1					1	
Bowers Park: 2582 Cabrillo Ave.	4		1	1	1					1	
Bracher Park: 2560 Alhambra Dr.	5		1	1	1					1	
Buchser Middle School: 111 Bellomy St.											
• Townsend Field, Elmer Johnson Field: Poplar St. & Monroe St., Washington Park: 270 Washington St.	12										
Central Park Library: 2635 Homestead Rd., (408) 615-2900	7										
Central Park: 909 Kiely Blvd.	6		3	3	2	3	1	2	10	2	4
• Arbor & Pavilion Picnic Areas & Softball Fields											
City Hall: 1500 Warburton Ave. (408) 615-2200	8										
• Civic Center Park: Lincoln St. & El Camino Real											
City Plaza Park & Gazebo: Lexington St. & Main St.	9		1								
Community Recreation Center (CRC): 969 Kiely Blvd., (408) 615-3140	10	1			1						
Earl Carmichael Park: 3445 Benton St.	11		1	1	1		1		2	1	
• Gymnastics Center, (408) 615-3199											
Everett Alvarez, Jr. Park: 2280 Rosita Dr.	13		1		1		1			1	
Everett N. "Eddie" Souza Park & Community Garden: 2380 Monroe St.	50		1	1	1					1	
Fairway Glen Park: 2051 Calle de Primavera	14		1	1					2	1	
Fremont Park: 1303 Fremont St.	37	1	1	1						1	1
• Santa Clara Senior Center, (408) 615-3170											
Fuller Street Park: 61 Fuller St.	15		1	1	1					1	
Geoff Goodfellow Sesquicentennial Park: 1590 El Camino Real	16										
George F. Haines International Swim Ctr. (ISC): 2625 Patricia Dr., (408) 615-3753	17					3					
• Lawn Bowling Green, (408) 449-5423											
Henry Schmidt Park: 555 Los Padres Blvd.	18		1	1	1		1	1	4	1	1
Homeridge Park: 2985 Stevenson St.	19		1	1	1		1			1	
Jenny Strand Park: 250 Howard Dr.	20		1	1	1		1		1	1	
Larry J. Marsalli: 1425 Lafayette St.	21		1	1	1			1		1	
Lick Mill Park: 4750 Lick Mill Blvd.	22	1	1	1	1		1		2	1	
Live Oak Park: 641 Moreland Way	23		1	1	1					1	
• Northside Branch Library, 695 Moreland Way, (408) 615-5500											
Lou Vierra Field: Ravizza Ave. & Raggio Ave.	24										
Machado Park: 3360 Cabrillo Ave.	25	1	1	1	1		1			1	
Mary Gomez Park & Pool: 650 Bucher Ave., (408) 243-5583	26		1	1	1	2	1		2	1	
Maywood Park: 3330 Pruneridge Ave.	27	1	1	1	1				2	1	
Memorial Cross Park: Martin Ave. & De La Cruz Blvd.	28										
Mission City Memorial Park (Cemetery): 420 N. Winchester Blvd., (408) 615-3790	29				1						
Mission College Sports Complex: 3000 Mission College Blvd.	30										
Mission Library Family Reading Center: 1098 Lexington St., (408) 615-2964	31										
Montague Park: 3595 MacGregor Lane	32	1	1	1	1	2	1		2	1	
• Swim Center, 3750 De La Cruz Blvd., (408) 988-3202											
Parkway Park: 3657 Forest Ave.	33		1	1	1					1	1
Raymond G. Gamma Dog Park: 888 Reed St., Hotline: (408) 615-3144	34		1	1							
(Under construction: temporary relocation to Larry J. Marsalli Park)											
Reed & Grant Sports Complex (Opens Fall 2019)	51		1	1	1					1	
Rotary Park: 1490 Don Ave.	35			1	1					1	
Santa Clara Golf & Tennis Club (SCG&TC): 5155 Stars & Stripes Dr., (408) 980-9515	36										
Santa Clara Teen Center: 2446 Cabrillo Ave., (408) 615-3740	44	1									
Santa Clara Tennis Center (Tennis Center): 2625 Hayward Dr., (408) 247-0178	38				1				8		
Santa Clara Youth Soccer Park: 5020 Stars & Stripes Dr., (408) 615-3160	39										
Steve Carli Park: 1045 Los Padres Blvd.	40		1	1	1					1	
Thamien Park: 4321 Lick Mill Blvd.	41		1	1	1		1		1	1	
Thomas Barrett Park: 1885 Worthington Circle	42		1	1	1					1	
Ulistac Natural Area (Walking Trails): 4901 Lick Mill Blvd.	43										
Walter E. Schmidt Youth Activity Center (YAC): 2450 Cabrillo Ave., (408) 615-3760	44	1									
• Skate Park, (408) 615-3191											
War Memorial Park & Playground: 295 Monroe St.	45		1		1					1	
Warburton Park & Swim Center: 2250 Royal Dr., (408) 241-6465	46		1	1		1	1			1	
Westwood Oaks: 460 La Herran Dr.	47		1		1		1				
Wilcox High School: 3250 Monroe St.	48										
• Mission City Center for Performing Arts (MCCPA)											

## Off Site Class Locations

City Beach:.....2911 Mead Ave., Santa Clara  
 Ed Levin County Park: .....3100 Calaveras Rd., Milpitas  
 Joyful Melodies Music School.....10455 Bandlely Dr., Cupertino

Okaigan Dojo:.....19720 Stevens Creek Blvd., Cupertino  
 Prevost Ranch & Garden: .....4195 Sierra Rd., San Jose  
 Santa Clara High School.....3000 Benton St., Santa Clara

## GENERAL INFORMATION

**AGE:** Registrants must provide their birth date and be the correct age by the first day of program. Proof of age may be required and must be provided upon request.

**CLASS ATTENDANCE:** Attendance is limited to individuals enrolled in the program. Participants may not make up classes which they have missed; fees cannot be pro-rated for classes missed.

**COURSE CANCELLATIONS:** Refunds will be granted if a course is cancelled by the Parks & Recreation Department.

**COURSE ENROLLMENT:** Register early! Registration is not accepted at class. Courses not reaching their minimum enrollment will be cancelled. If you are enrolled in a class and decide not to attend, please contact the CRC at least 7 days in advance of start date. This will allow people on the waiting list to be called.

**COURSE WITHDRAWALS/TRANSFERS:** Course withdrawals or transfers must be requested at least 7 days prior to the start of class; subject to supervisor's approval if less than 7 days before start of class.

**CREDIT BALANCES/REFUNDS:** Account balances will be

refunded.

**NO CLASS/HOLIDAY DATES:** If a program has a scheduled no-class date, it will be listed in the online course description and on your receipt.

**ONLINE REGISTRATION:** You must create an account online before registering for programs at [apm.ActiveCommunities.com/SantaClara](http://apm.ActiveCommunities.com/SantaClara). Proof of residency may be requested.

**PHOTOGRAPHIC RELEASE:** The City of Santa Clara Parks & Recreation Department reserves the right to photograph and/or video tape department classes, activities, events, and participants for brochures or other publicity.

**PROOF OF RESIDENCY:** Current proof of Santa Clara residency or Santa Clara Unified School District status is required to register as a resident. Applicable proof: pre-printed check, valid driver's license, utility bill, or S.C.U.S.D. report card.

**WAITING LISTS:** Wait lists are created for filled classes. If a space becomes available, persons will be contacted. You may place yourself on a wait list for a filled class online or by calling the CRC, TC, or YAC for assistance.

## UPCOMING RECREATION SCHEDULE

The City of Santa Clara Parks & Recreation Department schedules classes and activities for all ages and interests. Refer to the City for Santa Clara Recreation Activity Guide for a listing of the programs being offered each session.

### GUIDE MAILED TO RESIDENTS & AVAILABLE ONLINE BEGINNING NOVEMBER 28

To access the guide online, go to [www.SantaClaraCA.gov/Guide](http://www.SantaClaraCA.gov/Guide)

### GUIDE AVAILABLE IN CITY FACILITIES BEGINNING NOVEMBER 29

### WINTER CLASSES

#### Online, Mail-In, and Walk-In Registration

- Resident Online Registration begins December 4
- Non-resident Online Registration begins December 6
- Walk-In Registration begins December 12

**Call (408) 615-3140 for more information or questions regarding the activity guide or class registration.**

Winter Session begins the week of January 12

Annual Holiday

### Tree Lighting

Friday, December 6, 2019  
5:00-9:00 pm

Central Park | 969 Kiely Blvd.

Free Admission | Fireworks | Live Music | Ice Skating  
Santa | Food & Drinks | Kids Activities

For more information, call the  
Community Recreation Center at (408) 615-3140.







# RELEASE OF LIABILITY & ASSUMPTION OF RISK

In consideration of the acceptance by the City of the application for entry into the classes or activities listed on the Registration Form on the reverse side of this Agreement and entry to and use of any facilities or equipment as part of these classes or activities, I hereby waive, release and discharge any and all claims for damages for death, personal injury, or property damage which I may have, or which may hereafter accrue to me as a result of my participation in said classes or activities. This release Agreement is intended to discharge in advance the City of Santa Clara, its City Council, officers, agents, and employees, the Santa Clara Unified School District, its School Board, officers, agents and employees from and against any and all liability arising out of or connected with my participation in said classes or activities and entry to and use of any facilities or equipment, even though that liability may arise out of NEGLIGENCE or CARELESSNESS, on the part of the persons or entities mentioned above.

I HAVE READ THE DESCRIPTION IN THIS CATALOG OF EACH CLASS OR ACTIVITY FOR WHICH I HAVE REGISTERED, AND I AM AWARE THAT THESE CLASSES OR ACTIVITIES MAY SUBJECT ME TO PHYSICAL RISKS AND DANGERS. NEVERTHELESS, I VOLUNTARILY AGREE TO ASSUME ANY AND ALL RISKS OF INJURY OR DEATH, AND TO RELEASE, DISCHARGE, AND HOLD HARMLESS ALL OF THE ENTITIES OR PERSONS MENTIONED ABOVE WHO, THROUGH NEGLIGENCE OR CARELESSNESS, MIGHT OTHERWISE BE LIABLE TO ME, OR MY HEIRS, PERSONAL REPRESENTATIVES, RELATIVES, SPOUSE OR ASSIGNS.

It is understood and agreed that this waiver, release, and assumption of risk is to be binding on my HEIRS, PERSONAL REPRESENTATIVES, RELATIVES, SPOUSE and ASSIGNS and is intended to be as broad and inclusive as is permitted by the laws of the State of California and that if any portion of this Agreement is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect.

I have carefully READ this Agreement and fully understand its content. All participants registered in classes or activities, including minors 13-17 years of age, must sign this Agreement. Adults participating in Parent-Child Activities must sign below as adult participants in addition to the parent portion of this release Agreement.

Date: \_\_\_\_\_

ADULT PARTICIPANTS, INCLUDING THOSE PARTICIPATING IN PARENT-CHILD CLASSES, SIGN BELOW

Signature: \_\_\_\_\_

Print Name: \_\_\_\_\_

Signature: \_\_\_\_\_

Print Name: \_\_\_\_\_

PARTICIPANTS, AGE 13-17, SIGN BELOW

Signature: \_\_\_\_\_

Print Name: \_\_\_\_\_

Signature: \_\_\_\_\_

Print Name: \_\_\_\_\_

Signature: \_\_\_\_\_

Print Name: \_\_\_\_\_

RELEASE OF LIABILITY & ASSUMPTION OF RISK

To be completed by parent or guardian of minor participants

I have fully read this Agreement and fully understand its content. Furthermore, the significance of this release of liability and assumption of risk agreement has been EXPLAINED TO THE MINOR.

I certify that I have custody or am the legal guardian of said minor and that I and/or my minor child are physically able to participate in recreation. In the event I or said minor requires medical treatment while under the supervision of City staff and/or agents, I authorize said staff to provide and/or authorize medical treatment. I expect City staff to contact me immediately in the event emergency medical treatment is required for said minor, but this contact is not necessary to administer emergency aid. I will pay for all medical treatment which I or said minor may require. I hereby grant permission to City to include pictures and/or video of me and/or said minor during department activities for brochures or other publicity. I understand I will not receive any compensation for use of such pictures or video.

Signature of parent or guardian: \_\_\_\_\_ Date: \_\_\_\_\_

Print parent/guardian name: \_\_\_\_\_

Address: \_\_\_\_\_

Please indicate whether you are signing as:  Parent  Guardian

# REGISTRATION INFORMATION

<p><b>Online</b></p>	<p><b>Resident Online Registration Begins August 14, 2019 (Thurs.), at 12:01 am</b>  <b>Non-Resident Online Registration Begins August 16, 2019 (Tues.), at 12:01 am</b></p> <p>The City of Santa Clara Parks &amp; Recreation Department uses a mobile-friendly registration portal. You can go online from any wireless device, at any time of the day, to register for class. Easily find what you're looking for with an improved activity search; you can search for an activity by keyword, age, day, time, location, or instructor!</p> <ul style="list-style-type: none"> <li>• <a href="#">Set up an online account before you can register. Create a profile for each family member and all future registration processes will be as simple as point and click.</a></li> <li>• No additional fees are charged for Online Registration.</li> <li>• Go to <a href="http://apm.ActiveCommunities.com/SantaClara">apm.ActiveCommunities.com/SantaClara</a> to set up your account and register.</li> </ul>
<p><b>Mail-in</b></p>	<p><b>Resident Mail-in Processing Begins August 14, 2019 at 8:00 am</b></p> <ul style="list-style-type: none"> <li>• Packets should be mailed to the Community Recreation Center (CRC).</li> <li>• Packets are selected randomly and processed as time permits; confirmations are mailed as they are processed.</li> <li>• Packet must include current proof of residency, payment (check, money order, or credit on account for the full amount due), and a completed registration form and signed liability release.</li> <li>• Add the required fifty-cent postage/envelope fee to your registration total to cover the cost of mailing your receipts.</li> <li>• Pay total amount due with a check, money order, or existing credit balance on your account.</li> <li>• Cash or credit cards may be used to create a credit balance on your account at any location listed below prior to mailing in your registration form.</li> <li>• Registrants will be placed on a waiting list for their first choice class, if all choices requested are filled.</li> </ul>
<p><b>In-Person</b></p>	<p><b>Resident and Non-Resident Walk-in Registration Begins August 22, 2019 (Mon.) at 8:00 am at the CRC and SC; 9:00 am at the TC and YAC.</b></p> <ul style="list-style-type: none"> <li>• Registration is first-come, first-served.</li> <li>• Complete the registration form and liability release.</li> <li>• Be prepared to pay with a check, major credit card, cash, or existing credit balance on your account.</li> </ul>

For more information:

<b>Community Recreation Center (CRC)</b>	<b>Senior Center (SC)</b>	<b>Teen Center (TC)</b>	<b>Walter E. Schmidt Youth Activity Center (YAC)</b>	<b>Parks &amp; Recreation Office, City Hall</b>
969 Kiely Blvd. (408) 615-3140	1303 Fremont St. (408) 615-3170	2446 Cabrillo Ave. (408) 615-3740	2450 Cabrillo Ave. (408) 615-3760	1500 Warburton Ave. (408) 615-2260
Mon.-Thu. 8:00 am-8:00 pm	Mon.-Thu. 7:00 am-7:00 pm	Mon.-Fri. 9:00 am-6:00 pm	Mon.-Thu. 9:00 am-7:00 pm	Mon.-Fri. 8:00 am-Noon
Fri. 8:00 am-5:00 pm	Fri. 7:00 am-5:00 pm	Sat. & Sun. Closed	Fri. 9:00 am-6:00 pm	Sat. & Sun. 1:00-5:00 pm
Sat. 9:00 am-12:00 pm	Sat. 9:00 am-12:00 pm	Sun. Closed	Sat. 9:00 am-12:00 pm	Closed
Sun. Closed	Sun. Closed		Sun. Closed	

Please note: Building hours may vary during the holiday season. Please contact facilities for hours of operation.

If you require TDD assistance, please contact our office through the California Relay Service 1 (800) 735-2922.

Americans with Disabilities Act (ADA): In accordance with the Americans with Disabilities Act of 1990, the City of Santa Clara Parks and Recreation Department will ensure that all existing facilities will be made accessible to individuals with disabilities. Reasonable modifications in policies, procedures, and/or practices will be made as necessary to ensure full and equal access and enjoyment of all programs and/or activities for all individuals with a disability. In order to allow participation by individuals with severe allergies, environmental illnesses, multiple chemical sensitivities, or related disabilities, please DO NOT wear scented products to programs and/or activities at City facilities. Contact the Parks and Recreation office at (408) 615-2260 regarding accessibility concerns.





City of Santa Clara  
Parks & Recreation Department  
1500 Warburton Avenue  
Santa Clara, CA 95050

Prst. Std.  
U.S. Postage  
PAID  
Santa Clara, CA  
Permit No. 14

ECRWSS

Residential CUSTOMER

# **Lifetime Activities**

## **Year-Round Indoor & Outdoor Activities Camps During School Breaks**

**Santa Clara  
Tennis Center  
in Central Park  
2625 Hayward Dr.**

Tennis Programs for Youth **4+**  
Tennis Programs for Adults **16+**  
Homeschool Tennis Programs  
Competitive Tennis Programs  
Junior Team Tennis Leagues

**Chess Programs** Youth **7-15**  
Community Recreation Center

**Badminton Programs**  
Youth **7-15** and Adults **16+**  
Santa Clara High School

**Indoor Adult Pickleball** **NEW**



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