



City of Santa Clara

Meeting Agenda

Senior Advisory Commission

Monday, February 24, 2020

10:00 AM

Mission Branch Library
1098 Lexington Street
Santa Clara, CA 95050

CALL TO ORDER AND ROLL CALL

CONSENT CALENDAR

- 1.A 20-208 [Senior Advisory Commission Minutes of January 27, 2020](#)

Recommendation: Approve the Senior Advisory Commission Minutes of January 27, 2020.

PUBLIC PRESENTATIONS

GENERAL BUSINESS

2. 20-209 [Senior Advisory Commission FY2019/20 Work Plan and Goals](#)

STAFF REPORT

COMMISSIONERS REPORT

ADJOURNMENT

The next scheduled meeting is on March 23, 2020 at the Senior Center



City of Santa Clara

1500 Warburton Avenue
Santa Clara, CA 95050
santaclaraca.gov
@SantaClaraCity

Agenda Report

20-208

Agenda Date: 2/24/2020

REPORT TO SENIOR ADVISORY COMMISSION

SUBJECT

Senior Advisory Commission Minutes of January 27, 2020

RECOMMENDATION

Approve the Senior Advisory Commission Minutes of January 27, 2020.

Prepared by: Jennifer Herb, Recreation Supervisor
Reviewed by: Kimberly Castro, Recreation Manager
Approved by: James Teixeira, Director of Parks & Recreation

ATTACHMENTS

1. Draft Minutes - Senior Advisory Commission - January 27, 2020



City of Santa Clara

Meeting Minutes

Senior Advisory Commission

01/27/2020

10:00 AM

Senior Center
1303 Fremont Street
Santa Clara, CA 95050

CALL TO ORDER AND ROLL CALL

The regular meeting was called to order by Chair Nancy Toledo at 10:01 a.m.

Present 6 - Commissioner Wanda Buck, Commissioner Judy Hubbard, Vice Chair Grant L. McCauley, Commissioner Carolyn Seeger, Chair Nancy Toledo, and Commissioner Helen Narciso

Absent 1 - Commissioner Ana Segovia

A motion was made by Commissioner Seeger, seconded by Commissioner McCauley to excuse Commissioner Segovia.

Aye: 6 - Commissioner Buck, Commissioner Hubbard, Vice Chair McCauley, Commissioner Seeger, Chair Toledo, and Commissioner Narciso

CONSENT CALENDAR

1.A [20-49](#) Senior Advisory Commission Minutes of November 25, 2019

Recommendation: Approve the Senior Advisory Commission Minutes of November 25, 2019.

A motion was made by Commissioner Buck, seconded by Commissioner Narciso, to approve the Senior Advisory Commission Minutes of January 27, 2020

Aye: 6 - Commissioner Buck, Commissioner Hubbard, Vice Chair McCauley, Commissioner Seeger, Chair Toledo, and Commissioner Narciso

Excused: 1 - Commissioner Segovia

PUBLIC PRESENTATIONS

None

GENERAL BUSINESS

2. [20-1160](#) Informational Presentation on the El Camino Real Specific Plan

During the presentation, **Commissioners** voiced the following concerns about the project:
 - Increased traffic along El Camino Real.
 - Potential alternate transportation possibilities to limit or reduce traffic caused by the increase in housing.
 - Availability of Senior or low income housing within the project.

3. [20-1396](#) Presentation by the Magical Bridge Foundation

4. [20-50](#) Senior Advisory Commission FY2019/20 Work Plan and Goals

Relating to goal 2.a - **Council Member Chahal** provided information on existing programs in the Bay Area such as the Mountain View free Community Shuttle, Mountain View - MVGo, and Via - Cupertino.

Relating to goal 3.a - **Supervisor Herb** informed the Commissioners that there will be an article sharing information on the Front Desk Staff becoming a Dementia Friend, on the front page of the Senior Center February Newsletter.

Relating to goal 3.b - **Commissioner Narciso** will be interviewing **Commissioner Buck** for an article in the Senior Center March Newsletter titled, "How I Thrive in Older Age."

Relating to goal 4.a - **Commissioner McCauley and Toledo** provided the Commission with the following updates:
 - There are 35 RSVP's currently for the Health & Wellness Fair.
 - The Committee is considering shifting the layout of the fair to utilize more of the pathways.
 - Kaiser increased their donation this year and will also have a booth at the event.
 - There will be a Tea Meditation booth added this year.
 - Due to lack of volunteers, there will be no Lion's Trailer this year.
Relating to goal 4.b - **Supervisor Herb** informed the Commissioners that the Elder Fraud Prevention workshop has been moved to March 4.

STAFF REPORT

Supervisor Herb informed the Commission that the Parks & Recreation Department is creating a report of Age-Friendly updates that will be submitted to the World Health Organization website.

COMMISSIONERS REPORT

Commissioner Toledo shared an advertisement from the Bay Area News Group regarding a free App from the Stroke Awareness Foundation, that helps to identify signs of a Stroke, locates Stroke Centers, notify's emergency contacts, and accelerates 911 calls.

Commissioner Buck summarized an article from AARP magazine on the topic of Isolation, sharing that the article stated, "social isolation and loneliness are as bad for our health as obesity and smoking."

ADJOURNMENT

A motion was made by Commisioner McCauley, seconded by Commssioner Hubbard, that the meeting be adjourned.

Aye: 6 - Commissioner Buck, Commissioner Hubbard, Vice Chair McCauley, Commissioner Seeger, Chair Toledo, and Commissioner Narciso

Excused: 1 - Commissioner Segovia

The next scheduled meeting is on February 24, 2020 at the Santa Clara Mission Library.



Agenda Report

20-209

Agenda Date: 2/24/2020

Senior Advisory Commission FY2019/20 Work Plan and Goals

BACKGROUND

Using the results from the City of Santa Clara 2017 Senior Needs Assessment and building upon the strategies that were suggested by focus group participants and partners, the Senior Advisory Commission adopted the FY2019/20 Work Plan at the August 26, 2019 meeting. The Plan was created using the eight (8) domains found in the World Health Organization's Age-Friendly City program, current trends relating to the older adult population, and priority community needs for persons aged 50 and over. The following goals were selected under the eight (8) domains:

1. Foster an Age-Friendly Community
 - a) Hold four (4) regular Senior Advisory Commission meetings at the three (3) Santa Clara Library sites and one (1) at City Hall.
2. Advocate for Affordable, Convenient, and Safe Transportation and Streets
 - a) Evaluate the feasibility (strengths, weakness, opportunities and challenges) of various transportation options including a shuttle service in Santa Clara.
 - b) Delegate one (1) Commission member to attend City's Pedestrian Master Plan Committee meetings.
3. Develop Opportunities to Promote Health, Wellness, and Nutrition
 - a) Develop information and offer education to community and staff on how to become a Dementia Friend through DementiafriendsUSA.org.
 - b) Educate older adults on trending health topics through quarterly Senior Center Newsletter articles and bi-annual education presentations.
4. Provide Access to Community Resources and Information
 - a) Host "Be Strong, Live Long" Health & Wellness Fair - May 29, 2020
 - b) Increase Elder Fraud Prevention awareness through educational workshops three (3) times a year.
 - c) Delegate one (1) representative to attend the City's ADA Committee meeting.

DISCUSSION

The Senior Advisory Commission will discuss efforts and progress on goals. The sub-committee working on goal 2.a. will be meeting to discuss the 5 W's (who, what, when, where, why) regarding transportation feasibility. The sub-committee working on goal 3.a. will share the article placed in the Senior Center February Newsletter on becoming a Dementia Friend, as well as provide an update on the status of Senior Center Staff. The sub-committee working on goal 3.b. will provide a copy of the article that will be in the Senior Center March Newsletter. The sub-committee working on goal 4.a. will provide an update on the Health & Wellness Fair, as well as share new information from planning meetings. The sub-committee working on goal 4.b. will provide an update on an Elder Fraud Prevention workshop to be held in March.

ENVIRONMENTAL REVIEW

The action being considered does not constitute a "project" within the meaning of the California

Environmental Quality Act ("CEQA") pursuant to CEQA Guidelines section 15378(b)(5) in that it is a governmental organizational or administrative activity that will not result in direct or indirect changes in the environment.

PUBLIC CONTACT

Public contact was made by posting the Senior Advisory Commission's agenda on the City's official -notice bulletin board outside City Hall Council Chambers. A complete agenda packet is available on the City's website and in the City Clerk's Office at least 72 hours prior to a Regular Meeting and 24 hours prior to a Special Meeting. A hard copy of any agenda report may be requested by contacting the City Clerk's Office at (408) 615-2220, e-mail clerk@santaclaraca.gov [<mailto:clerk@santaclaraca.gov>](mailto:clerk@santaclaraca.gov) or at the public information desk at any City of Santa Clara public library.

Reviewed by: Jennifer Herb, Recreation Supervisor

Approved by: James Teixeira, Director, Parks & Recreation