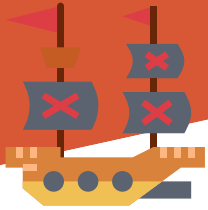


Santa Clara City Library

The Page Turner



DIET, GENES AND YOUR HEALTH

**Tuesday, May 26th
4 PM**

We tend to think that good genes make us thin and healthy, whereas bad genes make us fat and sick. But what if we could turn our “good” genes on and our “bad” genes off, and improve our overall health by making the right dietary and lifestyle choices? This workshop will provide an introduction to epigenetics, how food is a powerful signal to our genes that can have a positive impact on our metabolism, longevity, and mental well-being. Eventbrite Registration is required.

PIRATE STORYTIME WITH CAPTAIN JACK SPARROW

**Tuesday, May 26th
10:30 AM**

Ahoy, mateys! This storytime will have ye hooked on pirate songs and books with the one and only Captain Jack Sparrow! Then, you will have a chance to ask questions to everyone’s favorite pirrrate. The storytime is 30 minutes so arrive on time, savvy?

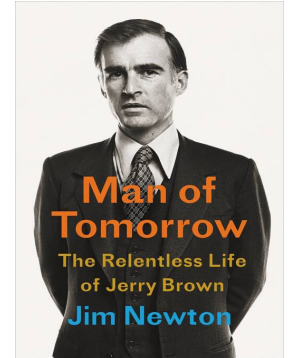
YOUR FAVORITE (ONLINE) TRIVIA

Tuesday, May 26th at 7 PM

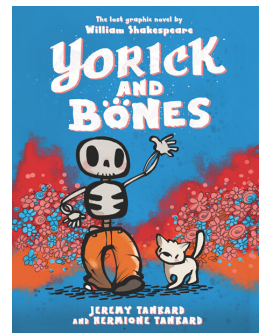
Your Favorite Trivia night is going ONLINE! We are going back through our vault of questions to present to you an online version of trivia. The winner gets to celebrate at home, however they see fit! Those who wish to attend this online program must register through Eventbrite to receive a link to the event.



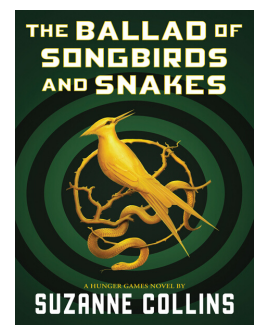
New eBooks Available Now!



Man of Tomorrow
by Jim Newton



Yorick and Bones
by Jeremy Tankard



The Ballad of Songbirds and Snakes
by Suzanne Collins



A TALK WITH THE ED OF CHOPSTICKS ALLEY, TRAMI CRON

**Wednesday, May 27th
12 PM**

Trami Cron is the Executive Director of Chopsticks Alley Art, a Southeast Asian cultural heritage hub in San Jose and is the author of the book VietnamEazy.



PUBLIC SPEAKING SEMINAR (FOR GRADES 4-9)

**Wednesday, May 27th
4:30 PM**

Can you tell me a little about yourself? A common question when meeting someone the first time. In this seminar, the focus is about telling a story about oneself while instilling the foundational 5 B's of public speaking: be loud, be clear, be connected, be expressive, and be confident. Eventbrite registration is required.

INTRODUCTION TO INVESTING (FOR GRADES 6-12 + PARENTS)

Wednesday, May 27th at 7 PM

Introduction to investing will teach tweens and teens how to invest wisely for adulthood. It is important that tween/teen and parents are working together to have a prosperous financial future.

Eventbrite Registration is required.

INTRODUCTION TO SEEDS

Thursday, May 28th at 7 PM

This presentation focuses on the most fundamental portions of gardening: what is a seed, what does it take for a seed to germinate, the various forms of pollination and flowers, why people should save seed (and why they don't), and the basic things a gardener needs to consider if they wish to steward seeds. A fun, information packed talk in which participants learn the basics of seed stewardship and sustainable gardening. Registration Required.



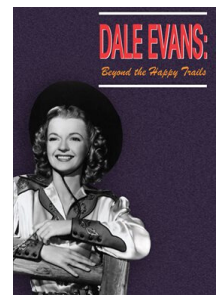
Hoopla Highlights



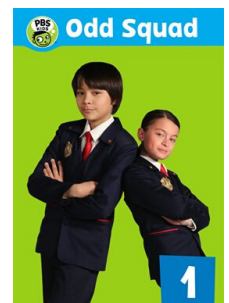
*Movie
Recommendation:
Samurai Marathon*



*TV Show
Recommendation:
Gunpowder*

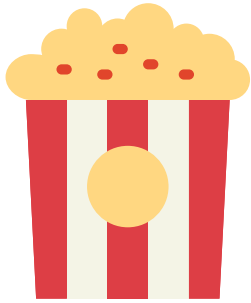


*Documentary
Recommendation:
Dale Evans*



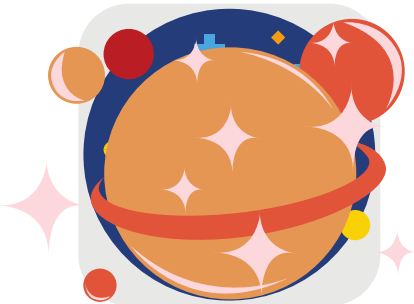
*Kid Recommendation:
Odd Squad*

Featured Storytime Online



Popcorn Flannel Board Storytime with Ms. Jackie allows you to practice your counting as we turn corn kernals into popcorn.
[Check it out here!](#)

Featured Sing Along



Who else likes space? We sure do and we love to sing songs about space too!
[Check out this Sing Along Here!](#)

Creative Writing Workshop: Reading Recommendations

Hello everyone! We'll return next week with another Creative Writing Web Series video but, in the meantime, we've been adding digital copies of some really cool creative writing books! Here are a couple that I would recommend checking out if you have a chance:

"Save the Cat! Writes a Novel" by Jessica Brody - A quick and easy read that outlines the 15 essential plot points of any great novel!

"Creating Characters: The Complete Guide to Populating Your Fiction" - A comprehensive reference to character development!

"Story Genius" - If you are curious about the cognitive process that goes into storytelling strategies, check this one out!

DIY CORNER

HUNGER GAMES T-SHIRT

DECORATING

On May 19th, author Suzanne Collins will be releasing her prequel book, "The Ballad of Songbirds and Snakes". While it's hard to celebrate stuck at home, you can do something simple and easy to express your love for the Hunger Games series. Here's a tutorial for creating your own t-shirt decal right at home! We hope everyone will be wearing their homemade merch during the release day or whenever you binge-watch the movies -- Enjoy and may the odds be ever in your favor!



Questions? We Are Here to Answer!

Have a question for the Library?

Call us Monday - Friday from 10am - 2pm at (408) 615-2900

Email us at librarians@santaclaraca.gov

