



MY BODY

storytime



Good Morning

Tune: Frere Jacques

Good morning, good morning,
How are you? How are you?
Very well, thank you,
Very well, thank you,
And you? And you?



My Two Hands

Tune: Twinkle, Twinkle, Little Star

My two hands go clap, clap, clap,
My two feet go tap, tap, tap,
My two hands go thump, thump
thump,
My two feet go jump, jump, jump,
My whole body turns around,
And it quietly sits down

Where is Thumbkin?

Tune: Frere Jacques

Where is Thumbkin?
Where is Thumbkin?
Here I am! Here I am!
How are you today, sir?
Very well, thank you,
And you? And you?



My Thumbs Are Starting to Wiggle

Tune: The Bear Went Over the Mountain

My thumbs are starting to wiggle,
My thumbs are starting to wiggle,
My thumbs are starting to wiggle,
And now so are my hands.

Alternate verses:
arms, legs, head, body

Head. Shoulders.

Knees & Toes

Head, shoulders, knees and toes,
Knees and toes,
Head, shoulders, knees and toes,
Knees and toes,
And eyes, and ears, and mouth,
and nose,
Head, shoulders, knees and toes,
Knees and toes!



We Read:

Butts Are Everywhere

By Jonathan Stutzman
Illustrated by Heather Fox



Dem Bones

Chorus:

Dem bones, dem bones, dem dry bones,
Dem bones, dem bones, dem dry bones,
Dem bones, dem bones, dem dry bones,
Now shake dem skeleton bones!

The toe bone's connected
to the foot bone,



The foot bone's connected
to the ankle bone,
The ankle bone's connected
to the leg bone,
Now shake dem skeleton bones!

The leg bone's connected
to the knee bone,
The knee bone's connected
to the thigh bone,
The thigh bone's connected
to the hip bone,
Now shake dem skeleton bones!



The hip bone's connected
to the back bone
The back bone's connected
to the neck bone,
The neck bone's connected
to the head bone,
Now shake dem skeleton bones!



[repeat chorus, then sing backwards]

Ten Little Fingers

Tune: *Twinkle, Twinkle, Little Star*



One little, two little,
Three little fingers,
Four little, five little,
Six little fingers,
Seven little, eight little,
Nine little fingers,
Ten little fingers I have!



Put Your Hands Up High


Tune: *Do Your Ears Hang Low?*

Put your hands up high,
Put your hands down low,
Put your hands in the middle,
and wiggle like so,
Put your elbows to the front,
Put your elbows to the back,
Put your elbows to the side,
And QUACK, QUACK, QUACK!

Goodbye Friends

Tune: *Frere Jacques*

Goodbye friends, goodbye
friends,
See you soon, see you soon,
It was so much fun to be at
storytime,
Goodbye, goodbye

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 Storytime, anytime!

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