



City of Santa Clara

Meeting Agenda

Senior Advisory Commission

Monday, February 22, 2021

10:00 AM

Virtual Meeting

Pursuant to the provisions of California Governor's Executive Order N-29-20, issued on March 17, 2020, to prevent the spread of COVID-19, the City of Santa Clara has implemented methods for the public to participate remotely.

Join from a PC, Mac, iPad, iPhone or Android device:

Please click this URL to join: <https://santaclaraca.zoom.us/j/97590069803>

Or join by phone: Dial 1-669-900-6833

Webinar ID: 975 9006 9803

International numbers available: <https://santaclaraca.zoom.us/u/abuhH0eDsx>

The meeting set-up is in line with the recommendations of the COVID-19 White House Task Force, which notes no more than ten (10) people gathering. The Chair will be present for the meeting with the staff liaison and commissioners participating remotely.

CALL TO ORDER AND ROLL CALL

CONSENT CALENDAR

1.A 21-222 [Senior Advisory Commission Minutes of January 25, 2021](#)

Recommendation: Approve the Senior Advisory Commission Minutes of January 25, 2021.

PUBLIC PRESENTATIONS

GENERAL BUSINESS

2. 21-224 [Senior Advisory Commission FY2020/21 Work Plan and Goals Discussion and Update](#)

STAFF REPORT

COMMISSIONERS REPORT

ADJOURNMENT

The next meeting will be held on Monday, March 22, 2021.

The time limit within which to commence any lawsuit or legal challenge to any quasi-adjudicative decision made by the City is governed by Section 1094.6 of the Code of Civil Procedure, unless a shorter limitation period is specified by any other provision. Under Section 1094.6, any lawsuit or legal challenge to any quasi-adjudicative decision made by the City must be filed no later than the 90th day following the date on which such decision becomes final. Any lawsuit or legal challenge, which is not filed within that 90-day period, will be barred. If a person wishes to challenge the nature of the above section in court, they may be limited to raising only those issues they or someone else raised at the meeting described in this notice, or in written correspondence delivered to the City of Santa Clara, at or prior to the meeting. In addition, judicial challenge may be limited or barred where the interested party has not sought and exhausted all available administrative remedies.

If a member of the public submits a speaker card for any agenda items, their name will appear in the Minutes. If no speaker card is submitted, the Minutes will reflect "Public Speaker."

In accordance with the requirements of Title II of the Americans with Disabilities Act of 1990 ("ADA"), the City of Santa Clara will not discriminate against qualified individuals with disabilities on the basis of disability in its services, programs, or activities, and will ensure that all existing facilities will be made accessible to the maximum extent feasible. The City of Santa Clara will generally, upon request, provide appropriate aids and services leading to effective communication for qualified persons with disabilities including those with speech, hearing, or vision impairments so they can participate equally in the City's programs, services, and activities. The City of Santa Clara will make all reasonable modifications to policies and programs to ensure that people with disabilities have an equal opportunity to enjoy all of its programs, services, and activities.

Agendas and other written materials distributed during a public meeting that are public record will be made available by the City in an appropriate alternative format. Contact the City Clerk's Office at 1 408-615-2220 with your request for an alternative format copy of the agenda or other written materials.

Individuals who require an auxiliary aid or service for effective communication, or any other disability-related modification of policies or procedures, or other accommodation, in order to participate in a program, service, or activity of the City of Santa Clara, should contact the City's ADA Coordinator at 408-615-3000 as soon as possible but no later than 48 hours before the scheduled event.



City of Santa Clara

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Santa Clara, CA 95050
santaclaraca.gov
@SantaClaraCity

Agenda Report

21-222

Agenda Date: 2/22/2021

REPORT TO SENIOR ADVISORY COMMISSION

SUBJECT

Senior Advisory Commission Minutes of January 25, 2021

RECOMMENDATION

Approve the Senior Advisory Commission Minutes of January 25, 2021.

Prepared by: Jennifer Herb, Recreation Supervisor
Reviewed by: Kimberly Castro, Recreation Manager
Approved by: James Teixeira, Director of Parks & Recreation

ATTACHMENTS

1. Senior Advisory Commission Minutes - January 25, 2021



City of Santa Clara

Meeting Minutes

Senior Advisory Commission

01/25/2021

10:00 AM

Virtual Meeting

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CALL TO ORDER AND ROLL CALL

The regular meeting was called to order by Chair Grant McCauley at 10:05 a.m.

Present 6 - Commissioner Wanda Buck, Commissioner Judy Hubbard, Chair Grant L. McCauley, Vice Chair Nancy Toledo, Commissioner Helen Narciso, and Commissioner Ana Segovia

CONSENT CALENDAR

1.A [21-89](#) Senior Advisory Commission Minutes of November 23, 2020

Recommendation: Approve the Senior Advisory Commission Minutes of November 23, 2020.

A motion was made by Commissioner Buck, seconded by Commissioner Toledo, to approve the Senior Advisory Commission minutes of November 23, 2020.

Aye: 6 - Commissioner Buck, Commissioner Hubbard, Chair McCauley, Vice Chair Toledo, Commissioner Narciso, and Commissioner Segovia

PUBLIC PRESENTATIONS

None

GENERAL BUSINESS

2. [21-90](#) Senior Advisory Commission FY2020/21 Work Plan and Goals Discussion and Update

Relating to goal 1.a. - The Commission is interested in educating the community on how to subscribe to the City's email notification system. Supervisor Herb will include the "how-to" steps in the March Newsletter.

Relating to goal 1.b. - Supervisor Herb informed the Commission that the Senior Center Health & Wellness Program was offering Zoom classes through the Health Trust, with their first class of each series spent helping individuals get settled in on Zoom, before covering content.

Relating to goal 2.a. - The Commission would like to add air quality information to the study.

Relating to goal 3.a. - Supervisor Herb informed the Commission about the upcoming educational Zoom sessions, "Meet-up with Mallory," presented by Health & Wellness Coordinator Mallory von Kugelgen. Each month the session will consist of an informative discussion on current events related to health, wellness, resources, and trying to get by in our 2021 world. The February meeting will address COVID19 vaccinations: who, what, when, and where. Meetings will be from 11:30am - 12:30pm on the 3rd Tuesday of each month starting February 16 through June 15, 2021. There will be a different topic each month. Meetings are free, and pre-registration is required. Zoom link will be provided upon registration either through the Senior Center Front Desk (408) 615-3170.

Relating to goal 4.a. - The Commission brainstormed topics of interest for the Health & Wellness Fair scheduled for Thursday, May 21. Ideas for the Fair consist of:

- How not to isolate
- Travel experiences
- Mindfulness
- Art
- Spiritual aspect

Relating to goal 4. b. - The Commission is interested in partnering with the City's IT Department again to offer a fraud workshop. This time offering it virtually. Supervisor Herb will reach out to the IT Department regarding availability. The Commission is interested in educating the community about different types of fraud and how to avoid becoming a victim. Supervisor Herb suggested that the Commission reach out to Senior Adult Legal Assistance.

Relating to goal 4.c. - The Commission asked Council Member Watanabe about the status of the ADA Committee. Supervisor Herb was recommended to reach out to the Mayor and Council's Office.

STAFF REPORT

Supervisor Herb informed the Commission about: the new "Howdy Packets" that were being mailed out to clients of the Care Management Program and other homebound older adults; the Valentines that will be distributed to older adults through the Senior Nutrition Program; the new Zoom classes being offered through the Senior Center such as Tai-Chi and Small Group Fitness; and, the Food for Families Program in collaboration with the City of Santa Clara and the Salvation Army.

COMMISSIONERS REPORT

Commissioner Toledo - Thanked the guests who attended the meeting and encouraged them to apply when the Senior Advisory Commission vacancy was publicized.

Commissioner Buck - Shared that she added a new kitten to her family.

Council Member Watanabe - Shared her condolences for Commissioner Seeger who passed away last October.

ADJOURNMENT

A motion was made by Commissioner Toledo, seconded by Commissioner Narciso, that the meeting be adjourned at 11:50 a.m.

Aye: 6 - Commissioner Buck, Commissioner Hubbard, Chair McCauley, Vice Chair Toledo, Commissioner Narciso, and Commissioner Segovia

The next scheduled meeting is on February 22, 2020 and will be a virtual meeting.

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Agenda Report

21-224

Agenda Date: 2/22/2021

REPORT TO SENIOR ADVISORY COMMISSION

SUBJECT

Senior Advisory Commission FY2020/21 Work Plan and Goals Discussion and Update

BACKGROUND

At the beginning of each fiscal year, the Senior Advisory Commission develops a Work Plan and Goals to focus discussion and Commission effort throughout the year. The City of Santa Clara completed a Senior Needs Assessment in 2017. The Assessment considers the eight (8) domains of the World Health Organization's Age-Friendly City, discussing current trends relating to the senior population, and prioritizing community needs given limitations of available resources. The eight (8) domains include: Economics and Employment; Community; Housing; Outdoor spaces and Buildings; Transportation and Streets; Health, Wellness, and Nutrition; Social and Civic Engagement; and, Access to Community resources and information. Due to the COVID-19 pandemic, the Commission did not meet in the months of March through August 2020.

The Commission made minor adjustments and adopted the FY2020/21 Work Plan goals and activities below.

1. Foster an Age-Friendly Community -
 - A. Increase monthly communication about virtual Senior Advisory Commission meetings the monthly Senior Center Newsletter, Nextdoor, and Parks & Recreation Facebook.
 - B. Educate the Older Adult community about "How to Zoom" and provide two (2) workshops and two (2) Senior Center Newsletter articles before May.
2. Advocate for Affordable Convenient, and Safe Transportation and Streets -
 - A. Evaluate the feasibility (strengths, weakness, opportunities and challenges) of various transportation options including a shuttle service in Santa Clara.
3. Develop Opportunities to Promote Health, Wellness, and Nutrition
 - A. Educate older adults on Trending health topics through bi-annual Senior Center Newsletter articles and bi-monthly Zoom Education Presentations.
4. Access to Community Resources and Information
 - A. Host virtual "Be Strong, Live Long" Health & Wellness Fair - May 2021
 - B. Provide Elder Fraud Prevention awareness through virtual educational workshops three (3) times a year.
 - C. Send one (1) representatives to attend the City's ADA Committee meeting.

DISCUSSION

Each sub-committee will provide an update to the Senior Advisory Commission for discussion on the efforts and progress toward accomplishing the 2020/21 Work Plan & Goals. The sub-committees will verbally present their status reports as follows:

- Goal 1.a. report on strategies used for the February Senior Advisory Commission meeting;

- Goal 1.b. report on the upcoming Zoom workshop for Older Adults as well as future Senior Center Newsletter articles on “How to Zoom”;
- Goal 2.a. update on progress and challenges with data collection;
- Goal 3.a. update on the topic for the Senior Center Newsletter, as well as recommend potential dates, times, and topics for the first Zoom education presentation;
- Goal 4.a. update on the progress and plans for the Health & Wellness Fair;
- Goal 4.b. update on the progress for upcoming Elder Fraud Prevention virtual workshops; and,
- Goal 4.c. report from the last City ADA Committee meeting.

ENVIRONMENTAL REVIEW

The action being considered does not constitute a “project” within the meaning of the California Environmental Quality Act (“CEQA”) pursuant to CEQA Guidelines section 15378(b)(5) in that it is a governmental organizational or administrative activity that will not result in direct or indirect changes in the environment.

PUBLIC CONTACT

Public contact was made by posting the Senior Advisory Commission’s agenda on the City’s official -notice bulletin board outside City Hall Council Chambers. A complete agenda packet is available on the City’s website and in the City Clerk’s Office at least 72 hours prior to a Regular Meeting and 24 hours prior to a Special Meeting. A hard copy of any agenda report may be requested by contacting the City Clerk’s Office at (408) 615-2220, email clerk@santaclaraca.gov

Reviewed by: Jennifer Herb, Recreation Supervisor

Approved by: James Teixeira, Director of Parks & Recreation