



City of Santa Clara

Meeting Agenda

Senior Advisory Commission

Monday, July 25, 2022

10:00 AM

Virtual Meeting

Pursuant to California Government Code Section 54953(e) and City of Santa Clara Resolution 22-9124, the Senior Advisory Commission meeting will be held by teleconference only. No physical location will be available for this meeting; however, the City of Santa Clara continues to have methods for the public to participate remotely:

Join from a PC, Mac, iPad, iPhone or Android device:

Please click this URL to join: <https://santaclaraca.zoom.us/j/97590069803>

Or join by phone: Dial 1-669-900-6833

Webinar ID: 975 9006 9803

International numbers available: <https://santaclaraca.zoom.us/u/abuhH0eDsx>

CALL TO ORDER AND ROLL CALL

CONSENT CALENDAR

1.A 22-934 [Senior Advisory Commission Minutes of June 27, 2022](#)

Recommendation: Approve the Senior Advisory Commission Minutes of June 27, 2022

PUBLIC PRESENTATIONS

[This item is reserved for persons to address the body on any matter not on the agenda that is within the subject matter jurisdiction of the body. The law does not permit action on, or extended discussion of, any item not on the agenda except under special circumstances. The governing body, or staff, may briefly respond to statements made or questions posed, and appropriate body may request staff to report back at a subsequent meeting.]

GENERAL BUSINESS

2. 22-935 [Consideration of the Senior Advisory Commission Work Plan Goals and Objectives FY2022/23](#)

STAFF REPORT

COMMISSIONERS REPORT

ADJOURNMENT

The next meeting is scheduled on Monday, August 22, 2022.

MEETING DISCLOSURES

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City of Santa Clara

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Santa Clara, CA 95050
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Agenda Report

22-934

Agenda Date: 7/25/2022

REPORT TO SENIOR ADVISORY COMMISSION

SUBJECT

Senior Advisory Commission Minutes of June 27, 2022

RECOMMENDATION

Approve the Senior Advisory Commission Minutes of June 27, 2022

Prepared by: Jennifer Herb, Recreation Supervisor
Reviewed by: Kimberly Castro, Recreation Manager
Approved by: James Teixeira, Director of Parks and Recreation

ATTACHMENTS

1. Draft Minutes of the Senior Advisory Commission June 27, 2022



City of Santa Clara

Meeting Minutes

Senior Advisory Commission

06/27/2022

10:00 AM

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CALL TO ORDER AND ROLL CALL

A regular meeting was called to order by Chair McCauley at 10:10 a.m

Present 5 - Commissioner Wanda Buck, Commissioner Judy Hubbard, Chair Grant L. McCauley, Vice Chair Nancy Toledo, and Commissioner James Hohenshelt

CONSENT CALENDAR

1.A [22-805](#) Senior Advisory Commission Minutes of May 23, 2022

Recommendation: Approve the Senior Advisory Commission Minutes of May 23, 2022

A motion was made by Commissioner Buck, seconded by Commissioner Hubbard to approve the minutes of May 23, 2022.

Aye: 5 - Commissioner Buck, Commissioner Hubbard, Chair McCauley, Vice Chair Toledo, and Commissioner Hohenshelt

PUBLIC PRESENTATIONS

Tom Freitas commented that the Health & Wellness Fair was a huge success.

Vice Mayor Jain spoke in favor of the Senior Advisory Commission and the Senior Center regarding the Health & Wellness Fair.

GENERAL BUSINESS Senior Advisory Commission Work Plan & Goals Update for FY2021/22**2.** [22-806](#)

Goal 1 - Advocate for Affordable and Convenient Housing:

1.a. & b. **Recreation Supervisor Herb** inquired if there were any comments regarding the Housing Element updates provided by the Community Development Department on May 23. The Committee had nothing more to add.

1. c. - No report since the Housing Commission is on hold until further notice.;

Relating to Goal 2 - Develop Opportunities to Promote Health, Wellness, and Nutrition:

2.a. - The Health, Wellness, and Nutrition sub-committee had no report;

2.b. - **Health & Wellness Coordinator Von Kugelgen** provided a brief wrap-up of the Health & Wellness Fair. Exhibitors submitted their evaluations and the event received four and five stars, with mostly fives. Words used to describe the event were: informative, important, valuable, diverse, spacious, fun, and inclusive. 400 people attended with over 50 exhibitors.

2.c - No report since there was no ADA Committee Meeting.

3. [22-693](#) Senior Advisory Commission FY2022/23 Work Plan & Goals Discussion

Based on the eight (8) domains of the Age-Friendly City guidelines, the Commission brainstormed topics they'd like to consider for the 2022-23 Work Plan.

Housing - it was suggested that the Commission advocate for efforts to allow older adults to age comfortably and safely in a quality neighborhood, regardless of circumstance by:

A. Educating the group on the homeless individuals in Santa Clara.

Outdoor Spaces and Buildings - it was suggested that the Commission advocate for green spaces, sidewalks, safe streets, outdoor seating and accessible buildings by:

A. Providing more outdoor recreation activities.

B. Participating in design phase discussions of new park buildings & spaces.

Transportation and Streets - it was suggested that the Commission advocate for affordable, convenient, and safe transportation and streets by:

A. Continuing to monitor the progress of the Transportation Letter through the Council Goal Setting Session.

B. Evaluating (strengths, weakness, opportunities and challenges) various street crossings in Santa Clara.

1. Monroe at the Community Garden

2. General safety for all ages

C. Evaluating bike paths and excessive speeding

Health, Wellness, and Nutrition - the Commission wished to support health and supports services essential to maintaining the health and independence of older adults by:

A. Providing resources on the topic of Alzheimer's/Dementia.

B. Develop opportunities to address mental health concerns such as:

1. Hoarding Disorder

Social and Civic Engagement - it was suggested that the Commission promote opportunities for social participation and social support by:

A. Exploring opportunities for Hybrid meetings/recreation opportunities.

B. Providing programming and or resources to reduce isolation.

4. [22-692](#) Senior Advisory Commission Election of Chair and Vice Chair for FY2022/23

Recommendation: Elect a Chairperson and Vice Chairperson to serve the Senior Advisory Commission for the FY2022/23 term.

Commissioner Hubbard nominated Commissioner Toledo for the position of Chair for the 2022-23 fiscal year. **Commissioner Toledo** accepted the nomination.

A motion was made b Commissioner Hubbard, seconded by Commissioner Buck, to elect Commissioner Toledo as Chair for the 2022-23 fiscal year.

Aye: 5 - Commissioner Buck, Commissioner Hubbard, Chair McCauley, Vice Chair Toledo, and Commissioner Hohenshelt

Commissioner Toledo nominated Commissioner McCauley for the position of Vice-Chair for the 2022-23 fiscal year. **Commissioner McCauley** accepted the nomination.

A motion was made by Commissioner Toledo, seconded by Commissioner Buck, to elect Commissioner McCauley as Vice-Chair for 2022-23 fiscal year.

Aye: 5 - Commissioner Buck, Commissioner Hubbard, Chair McCauley, Vice Chair Toledo, and Commissioner Hohenshelt

STAFF REPORT

Recreation Supervisor Herb provided Senior Center updates regarding:

- Senior Center BBQ & A event returned to the Senior Center. The event was well attended with many new faces. Special thanks to Commissioner McCauley and Toledo for volunteering and working the food line. Stay tuned for the next BBQ & A on July 21.
- There will be a Seniors Council Presentation - Foster Grandparent & Senior Companion Programs on Wednesday, July 6.
- Lending Closet is open at the Senior Center. Individuals can call the Health & Wellness Program for assistance.
- Free Emergency First Aid Training: Stop the Bleed Workshop event will be on July 12.
- Clear Captions Table Talk was held on June 17 and will be returning again in July.
- The Ceramics Studio is opening in July at the Senior Center, on Thursdays from 12 - 2 pm.
- Intro to Hand-Building starts in July on Tuesdays from 12 - 2 pm.
- Aquatic Classes are starting in July in the Natatorium on Mondays and Wednesdays mornings.
- The Senior Nutrition Program is returning to indoor dining on Friday, July 1.
- The Senior Center is servicing, cleaning, and organizing the Woodshop and the Lapidary. The Special Interest areas are looking for instructors and hope to open in the fall.

Health & Wellness Coordinator Von Kugelgen shared that the Health & Wellness Program has created Memories & Hugs in partnership with Kaiser Hospital. There was a kick-off meeting on June 20 for those interested in creating teddy bears or pillows created with items of clothing from loved ones.

Recreation Manager shared the following updates:

- The City is looking into ways for Commission meetings to be hybrid.
- The Parks & Recreation Department (Department) offered 4 Lifeguard Training Classes this spring, which yielded 12 new lifeguards. Typically the Department would have 60 during this season, and we currently have 25. Until more lifeguards are hired, the International Swim Center continues to offer lap swim.
- The Senior Center is aware of the public's desire for extended hours, and the Department is actively looking for additional staffing to extend the facility operational hours. The Department is open to hire encore professionals that might be looking for part-time work.
- Sunset Cinema was held on June 24 from 7 - 10 pm at Live Oak Park. Families enjoyed the movie, "Clifford the Big Red Dog."

- The All-City Picnic will be held on July 4th from 12 - 5pm in Central Park.
- The Summer Concert Series continues on July 22 at 6:30 pm in Live Oak Park.
- The Street Dance will be held August 5 from 6 - 9:30 pm at Franklin Mall.
- The Art and Wine Festival September 17 and 18.

COMMISSIONERS REPORT

Commissioner Buck - expressed her gratitude for her years of service on the Commission and shared some of her favorite memories of her time on the Commission. She's not sure where she'll volunteer next, but she'll be in touch.

Commissioner Toledo - thanked Commissioner Buck for her service on the Commission and expressed that Wanda will be missed. She also shared that she really enjoyed participating in Coffee Talks with the Youth Commission, which was a casual discussion between some of the members of the Youth and Senior Advisory Commission. Nancy also expressed her enjoyment of volunteering at the Senior Center BBQ & A event. She and Commissioner McCauley helped on the food line along with a couple of Youth Commissioners

Commissioner McCauley - echoed Commissioner Toledo's comments about the Coffee Talks with the Youth Commission and volunteering at the BBQ & A event. He encouraged other Commissioners to volunteer at upcoming BBQ events. **Commissioner McCauley** also shared his thanks to Commissioner Buck for her service.

ADJOURNMENT

Commissioner Buck made a motion, seconded by Commissioner Hubbard that the meeting be adjourned at 12:06 p.m.

Aye: 5 - Commissioner Buck, Commissioner Hubbard, Chair McCauley, Vice Chair Toledo, and Commissioner Hohenshelt

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Agenda Report

22-935

Agenda Date: 7/25/2022

SUBJECT

Consideration of the Senior Advisory Commission Work Plan Goals and Objectives FY2022/23

BACKGROUND

At the beginning of each fiscal year, the Senior Advisory Commission develops a Work Plan (Plan) to set goals and focus Commission discussion and efforts throughout the year. The Plan is created by using the Santa Clara Senior Needs Assessment (2017) and taking into consideration the eight (8) domains of the World Health Organization's Age-Friendly City guidelines. The eight (8) domains of the Age-Friendly City include Economics and Employment; Community; Housing; Outdoor Spaces and Buildings; Transportation and Streets; Health, Wellness, and Nutrition; Social and Civic Engagement; and, Access to Community Resources and Information.

DISCUSSION

At the June 27, 2022 meeting, the Commission discussed current trends relating to the senior population, prioritized community needs given the limitations of available City resources and suggested potential goals and activities for the 2022/23 Plan. The June 27, 2022 brainstorming discussion included the following topic areas with sub-items indicating the suggested objectives and activities within the particular topic area:

- 1. Economics and Employment**
- 2. Community**
- 3. Housing**
 - a) Obtain information and training regarding the homeless in Santa Clara.
- 4. Outdoor Spaces and Buildings**
 - a) Develop outdoor recreation activities for older adults
 - b) Participate in public design phase discussions of new park facilities and spaces.
- 5. Transportation and Streets**
 - a) Monitor public conversations regarding City of Santa Clara transportation needs and Council's proposed solutions.
 - b) Review Pedestrian and Bicycle Master Plans for potential access improvements at San Tomas and Monroe, and provisions for general safety and to address excessive speeding on bike paths.
- 6. Health, Wellness, and Nutrition**
 - a) Provide resources to the community on the topic of Alzheimer's and Dementia.
 - b) Develop opportunities to address Mental Health concerns such as: Hoarding Disorder.
- 7. Social and Civic Engagement**
 - a) Exploring opportunities for hybrid meetings/recreation opportunities.
 - b) Develop programs and/or resources to reduce isolation.
- 8. Access to Community Resources and Information**

At the July 25, 2022 regular Senior Advisory Commission meeting, the Commission will review the list

of ideas, prioritize projects, identify sub-committee members, and finalize objectives for the Work Plan Goals for FY2022/23.

ENVIRONMENTAL REVIEW

The action being considered does not constitute a “project” within the meaning of the California Environmental Quality Act (“CEQA”) pursuant to CEQA Guidelines section 15378(b)(5) in that it is a governmental organizational or administrative activity that will not result in direct or indirect changes in the environment.

PUBLIC CONTACT

Public contact was made by posting the Senior Advisory Commission’s agenda on the City’s official -notice bulletin board outside City Hall Council Chambers. A complete agenda packet is available on the City’s website and in the City Clerk’s Office at least 72 hours prior to a Regular Meeting and 24 hours prior to a Special Meeting. A hard copy of any agenda report may be requested by contacting the City Clerk’s Office at (408) 615-2220, email clerk@santaclaraca.gov [<mailto:clerk@santaclaraca.gov>](mailto:clerk@santaclaraca.gov).

Reviewed by: Jennifer Herb, Recreation Supervisor

Approved by: James Teixeira, Director of Parks & Recreation