

Meeting Agenda

Senior Advisory Commission

Monday, August 22, 2022

10:00 AM

Virtual Meeting

Pursuant to California Government Code Section 54953(e) and City of Santa Clara Resolution 22-9124, the Senior Advisory Commission meeting will be held by teleconference only. No physical location will be available for this meeting; however, the City of Santa Clara continues to have methods for the public to participate remotely:

Join from a PC, Mac, iPad, iPhone or Android device:

Please click this URL to join: https://santaclaraca.zoom.us/j/97590069803

Or join by phone: Dial 1-669-900-6833

Webinar ID: 975 9006 9803

International numbers available: https://santaclaraca.zoom.us/u/abuhH0eDsx

CALL TO ORDER AND ROLL CALL

CONSENT CALENDAR

1.A 22-1024 Action on the Senior Advisory Commission Minutes of July 25, 2022

Recommendation: Approve the Senior Advisory Commission Minutes of July 25, 2022

PUBLIC PRESENTATIONS

[This item is reserved for persons to address the body on any matter not on the agenda that is within the subject matter jurisdiction of the body. The law does not permit action on, or extended discussion of, any item not on the agenda except under special circumstances. The governing body, or staff, may briefly respond to statements made or questions posed, and appropriate body may request staff to report back at a subsequent meeting.]

GENERAL BUSINESS

2. 22-1032 <u>Consideration of the Senior Advisory Commission Work Plan</u>
<u>Goals and Objectives FY2022/23</u>

STAFF REPORT

COMMISSIONERS REPORT

<u>ADJOURNMENT</u>

The next meeting will be held on Monday, September 26, 2022.

MEETING DISCLOSURES

The time limit within which to commence any lawsuit or legal challenge to any quasi-adjudicative decision made by the City is governed by Section 1094.6 of the Code of Civil Procedure, unless a shorter limitation period is specified by any other provision. Under Section 1094.6, any lawsuit or legal challenge to any quasi-adjudicative decision made by the City must be filed no later than the 90th day following the date on which such decision becomes final. Any lawsuit or legal challenge, which is not filed within that 90-day period, will be barred. If a person wishes to challenge the nature of the above section in court, they may be limited to raising only those issues they or someone else raised at the meeting described in this notice, or in written correspondence delivered to the City of Santa Clara, at or prior to the meeting. In addition, judicial challenge may be limited or barred where the interested party has not sought and exhausted all available administrative remedies.

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1500 Warburton Avenue Santa Clara, CA 95050 santaclaraca.gov @SantaClaraCity

Agenda Report

22-1024 Agenda Date: 8/22/2022

REPORT TO SENIOR ADVISORY COMMISSION

SUBJECT

Action on the Senior Advisory Commission Minutes of July 25, 2022

RECOMMENDATION

Approve the Senior Advisory Commission Minutes of July 25, 2022

Prepared by: Jennifer Herb, Recreation Supervisor Reviewed by: Kimberly Castro, Recreation Manager

Approved by: James Teixeira, Director of Parks and Recreation

ATTACHMENTS

1. Draft Minutes of the Senior Advisory Commission July 25, 2022



Meeting Minutes

Senior Advisory Commission

07/25/2022 10:00 AM **Virtual Meeting**

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CALL TO ORDER AND ROLL CALL

The regular meeting was called to order by Chair Toledo at 10:05 a.m.

Present 7 - Commissioner Edmund Drozek, Commissioner Tom Freitas, Commissioner James Hohenshelt, Commissioner Judy Hubbard, Vice Chair Grant L. McCauley, Commissioner Veena Sterling, and Chair Nancy Toledo

CONSENT CALENDAR

22-934 Senior Advisory Commission Minutes of June 27, 2022 **1.A**

Recommendation: Approve the Senior Advisory Commission Minutes of June 27, 2022

Changes to the minutes were:

- Commissioner Freitas made a comment under Public Presentations that he'd like the Commission to postpone the vote for Chair and Vice-Chair until the July meeting.

A motion was made by Commissioner Hubbard, seconded by Commissioner Hohenshelt to approve the amended minutes of June 25, 2022.

Aye: 7 - Commissioner Drozek, Commissioner Freitas, Commissioner Hohenshelt, Commissioner Hubbard, Vice Chair McCauley, Commissioner Sterling, and Chair Toledo

PUBLIC PRESENTATIONS

None

GENERAL BUSINESS

 22-935 Consideration of the Senior Advisory Commission Work Plan Goals and Objectives FY2022/23

The Commission continued brainstorming the 2022-23 Work Plan based on the eight (8) domains of the Age-Friendly City guidelines, and identified sub-committee members.

- 1. **Housing** it was suggested that the Commission help advocate in support of allowing older adults to age comfortably and safely in a quality neighborhood, regardless of circumstance by:
 - a. Appointing representative(s) to attend Housing Commission meeting. - Commissioners Hubbard
 & Freitas
- 2. Outdoor Spaces and Buildings it was suggested that the Commission advocate for green spaces, sidewalks, safe streets, outdoor seating and accessible buildings by:
 - Participating in design phase discussions of new park buildings & spaces, and improvement projects, and monitor Parks and Recreation Commission for older adult spaces coming online. - Commissioners Freitas & Sterling
- **3. Transportation and Streets** it was suggested that the Commission continue to advocate for affordable, convenient, and safe transportation and streets by:
 - a. Monitoring public conversations regarding City Santa Clara transportation needs and council's proposed solutions. - Commissioners Toledo & Hubbard
 - Reviewing and providing feedback to the Pedestrian and Bicycle Master Plan for potential access improvements, and provisions for general safety and to address excessive speeding on bike paths. Commissioners Drozek, Hohenshelt & Freitas

- **4. Health, Wellness, and Nutrition** it was suggested that the Commission provide health and supports services essential to maintaining the health and independence of older adults by:
 - a. Providing resources on the topic of Alzheimer's/Dementia, including programming to reduce isolation. - Commissioners Hohenshelt & Hubbard
 - b. Developing opportunities to address Mental Health concerns such as:
 - i. Hoarding Disorder Commissioners Hubbard& McCauley
- 5. Access to Community Resources and Information it was suggested that the Commission provide access to information about community activities and needed services by:
 - a. Appointing representative to attend ADA Committee meetings
 - Commissioner Hubbard
 - b. Hosting the "Be Strong, Live Long" Health & Wellness Fair
 - Commissioners McCauley, Toledo & Hubbard

STAFF REPORT

Recreation Supervisor Herb provided Senior Center updates regarding:

- August classes are open for registration. The Senior Center offers range of older adult opportunities.

Summer classes at the Senior Center are open to Santa Clara residents and non-residents and include

options such as: mind & body, fitness, creative arts, and individuals with limited motilities.

- The Ceramics Studio is open to adults (ages 50+) who are interested in completing hand-building projects with minimal supervision. The Ceramics Studio is open on Thursdays from 12-2 pm. No formal instruction is given, but an attendant is available to provide basic information and assistance as needed.
- The Senior Center is offering many free workshops and trainings during the month of August:
 - SOGIE (Sexual Orientation Gender Identity Expression) Workshop: August 4, from 10 11 am.

- Clear Captions Table Talk on Tuesday, August 9 from 10:30 am 12 pm.
- California Phones for iPhones and Androids:
- August 15 iPhone, 10 am 12 pm
- August 25 Android, 10 am 12 pm
- Mosquito's, Ticks, & Other Vectors: Tuesday, August 16, from 10 11 am.
- Stop the Bleed: Tuesday, August 23 from 9:45 11:15 am.
- The Lending Closet continues to operate through the Health & Wellness Program. Individuals can contact the H&W Program for questions or to utilize the resources.
- The Ice Cream Social will return to the Senior Center on August 24. The Open House event will be held on the patio from 11 am 1 pm. \$3.00 Santa Clara Residents age 50+ and \$4.00 for all other ice cream enthusiasts.

Recreation Manager Castro shared the following updates:

- Fall registration begins Tuesday, July 26 for residents and July 28 for non-residents.
- The Street Dance will be held on August 5, from 6 9:30 pm.
- Concerts in the Park continue with the next event held on July 29.
- The Parks & Recreation Department continues to plan for the Art & Wine Festival, which will be held on September 17 and 18.

Commissioner Sterling left the meeting at noon.

COMMISSIONERS REPORT

Commissioner Toledo invited the new Commissioners to introduce themselves to the group

Commissioner Drozek shared that he and his wife are frequent users of the Senior Center and was hoping to get involved in general, with older adults. He shared that he is retired, served in the military for four years, and now owns a recumbent trike that he rides on the trails out to the bay, which are wider and less crowded.

Commissioner Freitas shared that he's proud to be on the Commission and happy to join the team. He shared his background in aviation, and his long-standing patronage of the Senior Center. He also enjoys riding his bicycle and walking his dog. During COVID he enjoyed spending time with is family and his lovely wife.

Commissioner Toledo expressed that she would like to get the Commission together in August for lunch, as a way to get to know each other. She suggested that the group meet outdoors and asked **Supervisor Herb** to help coordinate the lunch.

Commissioner Hohenshelt expressed how much he'd like to meet in person in the near future.

ADJOURNMENT

Commissioner Hubbard made a motion, seconded by Commissioner Freitas that the meeting be adjourned at 12:11 p.m.

Aye: 6 - Commissioner Drozek, Commissioner Freitas, Commissioner Hohenshelt, Commissioner Hubbard, Vice Chair McCauley, and Chair Toledo

Absent: 1 - Commissioner Sterling

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Agenda Report

22-1032 Agenda Date: 8/22/2022

SUBJECT

Consideration of the Senior Advisory Commission Work Plan Goals and Objectives FY2022/23

BACKGROUND

At the beginning of each fiscal year, the Senior Advisory Commission develops a Work Plan (Plan) to set goals and focus Commission discussion and efforts throughout the year. The Plan is created by using the Santa Clara Senior Needs Assessment (2017) and taking into consideration the eight (8) domains of the World Health Organization's Age-Friendly City guidelines. The eight (8) domains of the Age-Friendly City include Economics and Employment; Community; Housing; Outdoor Spaces and Buildings; Transportation and Streets; Health, Wellness, and Nutrition; Social and Civic Engagement; and, Access to Community Resources and Information.

DISCUSSION

At the July 25, 2022 meeting, the Commission continued brainstorming current trends relating to the senior population, prioritized community needs given the limitations of available City resources and suggested potential goals and activities for the 2022/23 Plan. The July 25, 2022 brainstorming discussion included prioritizing projects in the following topic areas with sub-items indicating suggested objectives and activities within the particular topic area, and identified sub-committee members:

- 1. **Economics and Employment** (no activities suggested)
- **2. Community** (no activities suggested)
- 3. Housing
 - a) Appoint representative(s) to attend the Housing Commission meeting Commissioners Hubbard & Freitas.

4. Outdoor Spaces and Buildings

a) Participate in public design phase discussions of new park facilities and spaces, including park improvement projects. Monitor the Parks & Recreation Commission for outdoor spaces in development that may enhance outdoor recreation for older adults. - Commissioners Freitas & Sterling.

5. Transportation and Streets

- a) Monitor public conversations regarding City of Santa Clara's transportation needs and the Council's proposed solutions. *Commissioners Hubbard & Toledo*.
- b) Review and provide feedback to the Pedestrian and Bicycle Master Plans for potential access improvements, and provisions for general safety and develop strategies to address excessive speeding on bike paths. - Commissioners Drozek, Hohenshelt & Freitas.

6. Health, Wellness, and Nutrition

- a) Provide resources to the community on the topic of Alzheimer's and Dementia, including programming to reduce isolation. *Commissioners Hohenshelt & Hubbard*.
- a) Develop opportunities to address Mental Health concerns such as: Hoarding

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Disorder. - Commissioners Hubbard & McCauley.

7. Access to Community Resources and Information

- a) Appoint representative(s) to attend the ADA Committee Meetings. Commissioner Hubbard.
- b) Host the "Be Strong, Live Long" Health & Wellness Fair. Commissioners McCauley, Toledo, & Hubbard.

At the August 22, 2022 regular Senior Advisory Commission meeting, the Commission will review the list of ideas, and may approve the objectives for the Work Plan Goals for FY2022/23.

ENVIRONMENTAL REVIEW

The action being considered does not constitute a "project" within the meaning of the California Environmental Quality Act ("CEQA") pursuant to CEQA Guidelines section 15378(b)(5) in that it is a governmental organizational or administrative activity that will not result in direct or indirect changes in the environment.

PUBLIC CONTACT

Public contact was made by posting the Senior Advisory Commission's agenda on the City's official -notice bulletin board outside City Hall Council Chambers. A complete agenda packet is available on the City's website and in the City Clerk's Office at least 72 hours prior to a Regular Meeting and 24 hours prior to a Special Meeting. A hard copy of any agenda report may be requested by contacting the City Clerk's Office at (408) 615-2220, email clerk@santaclaraca.gov clerk@santaclaraca.gov.

Reviewed by: Jennifer Herb, Recreation Supervisor

Approved by: James Teixeira, Director of Parks & Recreation