

ESL Conversation Club: Resolutions

Warm-up:

Old MacDonald had a farm, ee-eye, ee-eye-oh
And on that farm he had a cow, ee-eye, ee-eye-oh
With a moo, moo here and a moo, moo there
Here a moo, there a moo, everywhere a moo, moo

Warm-up:

A big black bug bit a big black bear.

Conversation Questions in Groups of 2 People:

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| <ul style="list-style-type: none">• Do you make resolutions? Why or why not?• What is the difference between a "resolution" and a "goal"?• What is the hardest part about keeping resolutions?• What are some good tips for sticking to your resolutions?• Can you think of a famous resolution from a story or movie from your culture?• Do you make New Year's resolutions?• What is your favorite New Year's tradition?• What is the most common New Year's resolution?• What is the most unusual New Year's resolution you've heard?• Have you ever kept a New Year's resolution for the whole year? | <ul style="list-style-type: none">• What is one thing you want to learn in the new year?• What is one skill you want to improve?• What is one habit you want to break?• What is one good deed you want to do more often?• What is one way you want to be healthier in the new year?• Do you share your resolutions with others? Why or why not?• How can you support someone who is trying to keep a resolution?• What are some positive words you can say to someone who is struggling?• What if you don't keep your resolutions perfectly? Is it still okay?• What are some ways to celebrate your accomplishments, even if they're small? |
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Vocabulary to Practice

- Resolutions: (noun, plural) Decisions you make about what you will do or achieve in the future, often made at the beginning of a new year.
- Goal: (noun) Something that you want to achieve or accomplish, especially something that is difficult to achieve.
- Tradition: (noun) A custom or practice that is passed down from one generation to another.
- Common: (adjective) Frequently occurring or found; usual.
- Unusual: (adjective) Not common or ordinary; strange or different.
- Improve: (verb) Make something better or more advanced.
- Skill: (noun) An ability to do something well; expertise.
- Habit: (noun) A regular practice or custom.
- Break: (verb) Stop doing something that you have been doing regularly.
- Deed: (noun) An action that is good or kind.
- Struggling: (verb) Having difficulty doing something; trying hard but not succeeding.

