

These days it can be easy to lose focus while driving. A drink with friends can turn into two and a prescription can be stronger than you think. With the recent marijuana laws in California, it's difficult to know what to do. Just remember, even the slightest impairment can hinder your ability to drive safely. It doesn't matter if your impairment is due to prescribed medications, illicit drugs, over-the-counter medications or marijuana – medical or recreational. They can all get you a DUI. The good news is that you have a lot of options these days:

- Before drinking, choose a non-drinking friend as a designated driver.
- Don't let your friends drive impaired.
- If you have been drinking, call a taxi or ride service.
- If you're hosting a party where alcohol will be served, make sure all guests leave with a sober driver.
- Always wear your seat belt—it's your best defense against impaired drivers.





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