

ESL Conversation Club: Exploring Adult Independence



Idiom of the Week:
Break the chains.

Tongue Twister:

Double bubble gum, bubbles double.



Conversation Questions in Groups of 2 People:

1. What do you think are the biggest differences between being a child and being an adult in terms of freedom and responsibility?
2. Making Your Own Choices: Do you enjoy the feeling of being able to make your own decisions as an adult? S
3. Do you think it's important for adults to be able to learn from their mistakes and become more independent?
4. What does financial independence mean to you? Is it important to be able to support yourself financially as an adult? Why?
5. Have you ever lived by yourself away from family? What were some challenges and rewards of this experience?
6. As an adult, what are some new responsibilities you have for taking care of yourself (e.g., cooking, cleaning, managing bills)?
7. What are some important life skills you think you need to be independent as an adult? (e.g., communication, budgeting)
8. Do you think it's important for adults to continue learning and growing throughout their lives? Why or why not?
9. Do you feel more comfortable expressing your opinions and ideas as an adult? Why or why not?
10. Even though you're more independent, do you think it's still important to have a strong support system of friends and family? Why or why not?
11. Can being too independent be lonely sometimes?
12. Do you think there are differences in how different cultures view independence for adults? Share your thoughts.
13. Do you think some aspects of being independent, like managing money and bills, are learned through experience?
14. Is it okay for adults to ask for help from others sometimes, even when they're trying to be independent?
15. Do you think setting personal goals is an important part of becoming an independent adult?
16. Can adults have strong, independent relationships with friends and family? Why or why not?
17. Do you think feeling comfortable saying "yes" or "no" to things is an important part of being an adult?

