

Meeting Agenda Senior Advisory Commission

Special Meeting

Monday, September 23, 2024

5:00 PM

Hybrid Meeting Santa Clara Senior Center Room 205 1303 Fremont Street Santa Clara, CA 95050

The City of Santa Clara is conducting the Senior Advisory Commission meeting in a hybrid manner (in-person and a method for the public to participate remotely).

Via Zoom:

https://santaclaraca.zoom.us/j/97590069803

Meeting ID: 975 9006 9803

Or join by phone: 669-900-6833

CALL TO ORDER AND ROLL CALL

CONSENT CALENDAR

1. 24-846 Review and Approve the Senior Advisory Commission Minutes of August 19, 2024

Recommendation: Approve the Senior Advisory Commission Minutes of August 19, 2024

PUBLIC PRESENTATIONS

[This item is reserved for persons to address the body on any matter not on the agenda that is within the subject matter jurisdiction of the body. The law does not permit action on, or extended discussion of, any item not on the agenda except under special circumstances. The governing body, or staff, may briefly respond to statements made or questions posed, and appropriate body may request staff to report back at a subsequent meeting.]

GENERAL BUSINESS

2. 24-847 Provide Input on the Draft Senior Needs Assessment Survey and on the Elements to be Included in an Outreach Plan to Conduct a New Senior Needs Assessment in 2024

Review the Senior Needs Assessment and provide feedback on content and outreach efforts to be

incorporated into the development of a 2024 survey.

3. 24-848 <u>Senior Advisory Commission FY 2024/25 Work Plan & Goals Discussion</u>

STAFF REPORT

COMMISSIONERS REPORT

ADJOURNMENT

The next scheduled meeting is on Monday, October 21, 2024 at 5:00 P.M.

MEETING DISCLOSURES

The time limit within which to commence any lawsuit or legal challenge to any quasi-adjudicative decision made by the City is governed by Section 1094.6 of the Code of Civil Procedure, unless a shorter limitation period is specified by any other provision. Under Section 1094.6, any lawsuit or legal challenge to any quasi-adjudicative decision made by the City must be filed no later than the 90th day following the date on which such decision becomes final. Any lawsuit or legal challenge, which is not filed within that 90-day period, will be barred. If a person wishes to challenge the nature of the above section in court, they may be limited to raising only those issues they or someone else raised at the meeting described in this notice, or in written correspondence delivered to the City of Santa Clara, at or prior to the meeting. In addition, judicial challenge may be limited or barred where the interested party has not sought and exhausted all available administrative remedies.

If a member of the public submits a speaker card for any agenda items, their name will appear in the Minutes. If no speaker card is submitted, the Minutes will reflect "Public Speaker."

In accordance with the requirements of Title II of the Americans with Disabilities Act of 1990 ("ADA"), the City of Santa Clara will not discriminate against qualified individuals with disabilities on the basis of disability in its services, programs, or activities, and will ensure that all existing facilities will be made accessible to the maximum extent feasible. The City of Santa Clara will generally, upon request, provide appropriate aids and services leading to effective communication for qualified persons with disabilities including those with speech, hearing, or vision impairments so they can participate equally in the City's programs, services, and activities. The City of Santa Clara will make all reasonable modifications to policies and programs to ensure that people with disabilities have an equal opportunity to enjoy all of its programs, services, and activities.

Agendas and other written materials distributed during a public meeting that are public record will be made available by the City in an appropriate alternative format. Contact the City Clerk's Office at 1 408-615-2220 with your request for an alternative format copy of the agenda or other written materials.

Individuals who require an auxiliary aid or service for effective communication, or any other disability-related modification of policies or procedures, or other accommodation, in order to participate in a program, service, or activity of the City of Santa Clara, should contact the City's ADA Coordinator at 408-615-3000 as soon as possible but no later than 48 hours before the scheduled event.



1500 Warburton Avenue Santa Clara, CA 95050 santaclaraca.gov @SantaClaraCity

Agenda Report

24-846 Agenda Date: 9/23/2024

REPORT TO SENIOR ADVISORY COMMISSION

SUBJECT

Review and Approve the Senior Advisory Commission Minutes of August 19, 2024

RECOMMENDATION

Approve the Senior Advisory Commission Minutes of August 19, 2024

Prepared by: Jennifer Herb, Recreation Supervisor Reviewed by: Kimberly Castro, Recreation Manager

Approved by: Cynthia Bojorquez, Assistant City Manager/Acting Director of Parks & Recreation

ATTACHMENTS

1. Draft Senior Advisory Commission Meeting Minutes August 19, 2024



Meeting Minutes Senior Advisory Commission

08/19/2024 5:00 PM

Hybrid Meeting Santa Clara Senior Center Room 205 1303 Fremont Street Santa Clara, CA 95050

The City of Santa Clara is conducting the Senior Advisory Commission meeting in a hybrid manner (in-person and a method for the public to participate remotely).

Via Zoom:

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Meeting ID: 975 9006 9803

Or join by phone: 669-900-6833

CALL TO ORDER AND ROLL CALL

The regular meeting was called to order by Chair Drozek at 5:03 p.m.

Present 7 - Chair Edmund Drozek, Vice Chair Tom Freitas, Commissioner Judy Hubbard, Commissioner Veena Sterling, Commissioner Rick Andrews, Commissioner Maria Vaz, and Commissioner Srinivasan Manivannan

CONSENT CALENDAR

24-675 Review and Approve the Senior Advisory Commission Minutes of June 24, 2024

Recommendation: Approve the Senior Advisory Commission Minutes of June 24, 2024

A motion was made by Commissioner Hubbard, seconded by Commissioner Andrews, to approve the minutes of June 24, 2024. The motion carries with the following vote.

Aye: 6 - Chair Drozek, Vice Chair Freitas, Commissioner Sterling, Commissioner Andrews, Commissioner Manivannan, and Commissioner Hubbard

Abstained: 1 - Commissioner Vaz

PUBLIC PRESENTATIONS

None

GENERAL BUSINESS

2. 24-677 Senior Advisory Commission FY 2024/25 Work Plan & Goals Discussion

The Commission began brainstorming possible goals and various activities for the Commission Work Plan FY2024/25. They will continue their discussion at the September 23, 2024 meeting.

Brainstorming session topics:

Economics and Employment

- Encourage older adults to apply for employment opportunities at the Senior Center
- Promote employment for older adults

Community

- Accessibility for older adults in or at City activities or events

Housing

- Learn what is the difference between low income and affordable housing
 - Provide a presentation for community (resources)
- Learn what criteria are required when building an older adult living facility?

Outdoor Spaces and Buildings

- Publicize activities for older adult
 - Croquet
 - Cornhole
 - Bocce Ball
 - Local museums
 - Senior Center happenings
 - Game tables at parks

Transportation and Streets

- Learn about:
 - Bicycle lane
 - Crosswalk
 - Signal light timing
 - Signage
 - BPA
 - Curb-cut

Health, Wellness, and Nutrition

- Publicize food distribution point
- Free meals

Social and Civic Engagement

- Publicize computer classes
 - Presentations about social engagement
 - Engage with Santa Clara Women's League
 - Music opportunities

Access to Community Resources and Information

- Be involved in screening Exhibitors at the Health & Wellness Fair
- Educational presentations about resources

3. 24-676

Review the 2017 Senior Needs Assessment, Provide Input on Survey Content and Develop an Outreach Plan to Conduct a New Community Survey in 2024

Recommendation: Review the Senior Needs Assessment and provide feedback on content and outreach efforts to be incorporated into the development of a 2024 survey.

> The Commission reviewed the changes to the draft survey and provided additional changes for staff. Staff will make recommended changes and provide an updated survey at the September 23, 2024 meeting.

STAFF REPORT

Recreation Manager Kimberly Castro informed the Commission that the Parks & Recreation Master Plan outreach has begun and there will be a booth at the Art and Wine Festival on Saturday, September 14.

Recreation Supervisor Herb shared the following:

- The Senior Center BBQ will be on Thursday, August 22 from 12 1 p.m
- The Senior Center Ice Cream Social will be on Wednesday, August 2 from 11 a.m. - 1 p.m.

COMMISSIONERS REPORT

Commissioner Vaz inquired about resources for un-housed individuals looking for showers and restrooms.

ADJOURNMENT

A motion was made by Commissioner Vaz, seconded by Vice Chair Freitas that the meeting be adjourned at 7:02 p.m.

Aye: 7 - Chair Drozek, Vice Chair Freitas, Commissioner Sterling, Commissioner Andrews, Commissioner Vaz, Commissioner Manivannan, and Commissioner Hubbard

MEETING DISCLOSURES

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1500 Warburton Avenue Santa Clara, CA 95050 santaclaraca.gov @SantaClaraCity

Agenda Report

24-847 Agenda Date: 9/23/2024

SUBJECT

Provide Input on the Draft Senior Needs Assessment Survey and on the Elements to be Included in an Outreach Plan to Conduct a New Senior Needs Assessment in 2024

COUNCIL PILLAR

Enhance Community Engagement and Transparency Enhance Community Sports, Recreational and Arts Assets

BACKGROUND

At the October 23, 2023 meeting, Commissioners asked to work on one of their goals from the FY 2023/24 Work Plan during each Commission meeting. At the June 24, 2024 meeting, the Commission reviewed the draft Senior Needs Assessment Survey (Attachment 1) and provided minor feedback for the survey questions and sections.

At the June 24, 2024 meeting, the Commission continued the review and discussion of the Senior Needs Assessment Survey. The Senior Needs Assessment will continue to be a work plan item for the Commission for FY 2024/25.

DISCUSSION

At the September 23, 2024 meeting, the Commission will continue the review of the draft survey (Attachment 1) and begin discussion of the Senior Needs Assessment outreach plan and survey dissemination (Attachment 2).

ENVIRONMENTAL REVIEW

The action being considered does not constitute a "project" within the meaning of the California Environmental Quality Act ("CEQA") pursuant to CEQA Guidelines section 15378(b)(5) in that it is a governmental organizational or administrative activity that will not result in direct or indirect changes in the environment.

PUBLIC CONTACT

Public contact was made by posting the Senior Advisory Commission's agenda on the City's official -notice bulletin board outside City Hall Council Chambers. A complete agenda packet is available on the City's website and in the City Clerk's Office at least 72 hours prior to a Regular Meeting and 24 hours prior to a Special Meeting. A hard copy of any agenda report may be requested by contacting the City Clerk's Office at (408) 615-2220, email clerk@santaclaraca.gov mailto:clerk@santaclaraca.gov<

RECOMMENDATION

Review the Senior Needs Assessment and provide feedback on content and outreach efforts to be incorporated into the development of a 2024 survey.

24-847 Agenda Date: 9/23/2024

Prepared by: Jennifer Herb, Recreation Supervisor Reviewed by: Kimberly Castro, Recreation Manager

Approved by: Cynthia Bojorquez, Assistant City Manager and Acting Director - Parks & Recreation

ATTACHMENTS

- 1. Appendix A Survey Questions Draft 2024
- 2. Senior Needs Assessment Outreach and Engagement Process



Appendix A: Senior Needs Assessment Survey

The City of Santa Clara has launched an important effort to assess resident needs age 50 and over. The results from this survey will inform future program and service delivery to older adults in the City of Santa Clara. Please take a few minutes and complete the survey.

ABO	UT YOU
D1.	Please identify your gender identity.
	☐ Male
	☐ Female
	Other:
	Please Self Identify
D2.	What age group did you fall into on your last birthday?
	☐ 50 – 59 years old
	☐ 60 – 69 years old
	☐ 70 – 79 years old
	☐ 80+ years old
D3.	What is your current relationship status?
	☐ Married
	☐ Not married – living with partner
	☐ Separated
	☐ Divorced
	☐ Widowed
	☐ Never married



D4. Besides yourself, do you have any of the following people living in your household?

Child/children under 18		☐ Yes	☐ No
Child/children 18 or older		☐ Yes	☐ No
Child/children away at college	☐ Yes	☐ No	
Parents		☐ Yes	☐ No
Other adult or friend 18 or older		☐ Yes	☐ No
Renter/Boarder		☐ Yes	☐ No
Do you have any of the following kinds of	health care co	overage?	
Insurance through a current or former employer of yours or your spouse	☐ Yes	□ No	☐ Not Sure
Insurance purchased directly from an insurance company (not through an employer)	☐ Yes	□ No	☐ Not Sure
Medicare (for people 65 and older or people with certain health disabilities	☐ Yes	□ No	☐ Not Sure
Medi-Cal (Medicaid) or any kind of government assistance plan for those with low incomes or a disability	☐ Yes	□ No	☐ Not Sure
Veterans Administration or other military health care	☐ Yes	□ No	☐ Not Sure
Any other insurance coverage	☐ Yes	□ No	☐ Not Sure
No insurance			



D8. With which tasks are you currently receiving help?

☐ Housing
☐ Paying Bills
☐ Cooking
☐ Cleaning
☐ Transportation
☐ Personal Care
☐ Legal Services
☐ Other: Other, please specify
a. Who is helping you?
☐ Self
☐ County
☐ City
☐ Religious Community
☐ Social Service Agency
☐ Spouse/partner
☐ Relative
☐ Friend/Neighbor
☐ Other: Other, please specify
b. Where would help be most valuable?
☐ Housing
☐ Paying Bills
☐ Cooking



		Cleaning
		Transportation
		Personal Care
		Legal Services
		Other: Other, please specify
D9. V	Vha	t best represents the language you speak at home? Check all that apply.
		English
		Spanish
		Mandarin
		Cantonese
		Vietnamese
		Portuguese
		Hindi
		Other, please specify
D10.	Wł	nat is your race and/or ethnicity? [CHECK ALL THAT APPLY]
		American Indian or Alaska Native
		Asian
		Black or African American
		Hispanic or Latino
		Native Hawaiian or other Pacific Islander
		White
		Other, please specify



D11. What is the highest level of education you have completed?

☐ K-12 th grade (no diploma)
☐ High school graduate, GED or equivalent
☐ Post-high school education/training (no degree)
☐ Trade School Certification
☐ 2-year college degree
☐ 4-year college degree
☐ Post-graduate study (no degree)
☐ Graduate or professional degree(s)

D12. What was your annual household income before taxes in the most recent tax year?

1-person house	2-person house	3-person house	4-person house
□ \$19,050 or less	□ \$21,750 or less	□ \$24,500 or less	□ \$27,200 or less
\$19,051 to	\$21,751 to	□ \$24,501 to	\$27,201 to
\$37,450	\$42,800	\$48,150	\$53,500
\$37,451 to	\$42,801 to	\$48,151 to	\$53,501 to
\$62,450	\$71,400	\$80,300	\$89,200
□ \$62,451 to	\$71,401 to	\$80,301 to	\$89,201 to
\$96,000	\$109,700	\$123,400	\$137,100
□ \$96,001 to	\$109,701 to	\$123,401 to	\$137,101 to
\$126,900	\$145,050	\$163,150	\$181,300
□ \$126,901 to	\$145,051 to	\$163,151 to	\$181,301 to
\$152,300	\$174,050	\$195,800	\$217,550
□ \$152,301 or more	□ \$174,051 or more	□ \$195,801 or more	□ \$217,551 or more

☐ There are more than four people in my household



	☐ Decline to answer
D13.	Please use the space below for any additional comments.
YOUR	R COMMUNITY
1.	How would you rate the City of Santa Clara as a place for people to live as they age?
	Excellent
	l Very good
	G ood
	1 Fair
	Poor
	What is your 5-digit ZIP code?
	☐ Less than 5 years
	☐ 5 years but less than 15
	☐ 15 years but less than 25 years
	☐ 25 years but less than 35
	☐ 35 years but less than 45
	☐ 45 years or more
	Thinking about finances in your retirement years, how likely is it that you will move to a different home <i>outside</i> the City of Santa Clara?
_	Extremely likely
	Very likely



 □ Not very likely □ Not at all likely 5. How important is it for you to remain in the City of Santa Clara as you age?
5. How important is it for you to remain in the City of Santa Clara as you age?
☐ Extremely important
☐ Very important
☐ Somewhat Important
☐ Not very important
☐ Not at all important
HOUSING
6. Do you own or rent your primary home — or do you have some other type of
living arrangement?
5. Do you own or rent your primary home — or do you have some other type of living arrangement? □ Own
5. Do you own or rent your primary home — or do you have some other type of living arrangement? □ Own □ Rent
Do you own or rent your primary home — or do you have some other type of living arrangement? Own Rent Living with family/friends Other, please specify
Do you own or rent your primary home — or do you have some other type of living arrangement? Own Rent Living with family/friends Other, please specify
Do you own or rent your primary home — or do you have some other type of living arrangement? Own Rent Living with family/friends Other, please specify What type of home is your primary home?
Do you own or rent your primary home — or do you have some other type of living arrangement? Own Rent Living with family/friends Other, please specify What type of home is your primary home? Single-family home
Do you own or rent your primary home — or do you have some other type of living arrangement? Own Rent Living with family/friends Other, please specify What type of home is your primary home? Single-family home Manufactured home
Do you own or rent your primary home — or do you have some other type of living arrangement? Own Rent Living with family/friends Other, please specify What type of home is your primary home? Single-family home Manufactured home Townhome or duplex
Do you own or rent your primary home — or do you have some other type of living arrangement? Own Rent Living with family/friends Other, please specify What type of home is your primary home? Single-family home Manufactured home Townhome or duplex Apartment
Do you own or rent your primary home — or do you have some other type of living arrangement? Own Rent Living with family/friends Other, please specify What type of home is your primary home? Single-family home Manufactured home Townhome or duplex Apartment Condominium or co-op
☐ Somewhat Important ☐ Not very important



ο.	as you age?								
	☐ Extremely important								
	☐ Very important								
	☐ Somewhat Important								
	■ Not very important								
	■ Not at all important								
9.	How important do you think it is to have the following in your community?								
		Extremely Important	Very Important	Somewhat Important	Not Very Important	Not at All Important			
	Well-maintained homes/properties								
	A home repair service for low- income and older adults								
	Landscaping services for low-income and older adults								
	Affordable housing options for adults of varying income levels such as older active adult communities, assisted living and communities with shared facilities and outdoor spaces								
	Homes that are equipped with								



features such as a no-step entry, wider doorways, first floor bedroom and bath, grab bars in bathrooms			
Safe low-income housing			

OUTDOOR SPACES AND BUILDINGS

10. How important do you think it is to have the following in the City of Santa Clara?

	Extremely	Very	Somewhat	Not Very	Not at All
	Important	Important	Important	Important	Important
Well-maintained and safe parks that are within a 10- minute walking distance of your home					
Public parks with active features such as walking paths, outdoor sport courts, community gathering areas, comfortable benches, and shade					
Sidewalks that are in good condition, free from obstruction and are safe for pedestrian use and accessible					



for wheelchairs or other assistive mobility devices				
Well-maintained public buildings and facilities that are accessible to people of different physical abilities				
Separate pathways for bicyclists and pedestrians				
Well-maintained public restrooms that are accessible to people of different abilities				
Neighborhood watch program				
NSPORTATION AND S' How do you get arour errands, or going to o following ways:	nd for thing		apply fron	n the
Drive yourself			☐ Yes	
Have others drive you			☐ Yes	
Walk			☐ Yes	
Ride a bike			☐ Yes	
Use public transportation			☐ Yes	
Take a taxi/cab/Uber/L			☐ Yes	
Use a special transpor seniors or persons with		one for	☐ Yes	s 🔲 No
Rely on a friend/relativ	е		☐ Yes	□ No

Other, please specify



□ Safety	Physically too difficult
☐ Schedule is hard to read	☐ Proximity to route
☐ Language barrier	☐ Cost
☐Weather	☐ Lack of restroom facilities
☐ Routes are not convenient	☐Time consuming
Other	☐ Use of smart phone

14. How important do you think it is to have the following in your community/neighborhood?

	Extremely	Very	Somewhat	Not Very	Not at All
	Important	Important	Important	Important	Important
Accessible and convenient public transportation					
Affordable public transportation					
Well-maintained public transportation					
Safe public transportation stops, or areas					
Special transportation services for people					



older adults				
Well-maintained streets				
Well-maintained sidewalks				
Easy to read traffic signs				
Enforced speed limits				
Public parking lots, spaces, and areas to park				
Well-lit safe streets and intersections for all users (pedestrians, bicyclists, drivers)				
Audio/visual pedestrian crossings				
Ability to walk to basic services				
Have sense of personal safety				
personal safety MUNITY SUPPORT & F In general, when comp your health?	_	 our age, ho	w would yo	u rai
☐ Excellent				
☐ Very good				



	Fair	
	Poor	
16. On a	average, how often do you see a doc	tor?
U \	Weekly	
	Monthly	
	Several times/year	
	Once a year	
a.	If less than once a year, why haven't	you seen a doctor?
	☐ Too expensive	☐ No insurance
	☐ Don't have a doctor	■ No transportation
	☐ Fear	☐ Other
	Everyday Several times a week, but not everyday	
	About once a week	
	About once every other week	
	About once a month	
ا 🗖 ا	ess than once a month	
1	Never	
a.	Where do you exercise?	
	☐ Santa Clara Senior Center	☐ Private Club
	☐ Local YMCA	☐ Home
	☐ Local Gym/Club	☐ Other, please specify
18. Ho	ow often are you missing a balanced	meal?
	 Daily	
	Weekly	



	☐ Monthly
	☐ I'm not missing any balanced meals
19.	Why are you missing balanced meals?
	☐ Cost
	☐ Not aware of food assistance programs/free meals
	☐ Too much effort
	☐ Transportation
	☐ Other
	☐ Not applicable
20.	Have you used any of these meal services? (Check all that apply.)
	☐ Meals at the Senior Center or other congregate meal sites
	☐ Meals on Wheels or other home delivered meals
	☐ Religious community programs
	☐ Food Banks or Brown Bag programs
	☐ Other
	☐ None
21.	In case of natural disaster, do you have a plan to survive in your home for the first three days without electric power, water, food, or emergency assistance?
2	2. How important is it to you to remain physically active for as long as possible?
	☐ Extremely important
	☐ Very important
	☐ Somewhat important
	☐ Not very important
	■ Not at all important



23. How important do you think it is to have the following in the City of Santa Clara?

	Extremely	Very	Somewhat	Not Very	Not at All
	Important	Important	Important	Important	Important
Health and wellness programs and classes in areas such as nutrition, weight control, diabetes management or heart disease					
Fitness activities specifically geared to older adults					
Conveniently located health and social services					
A referral service that helps seniors find and access health and supportive services					
Conveniently located emergency care centers					
In Home support services including personal care and housekeeping					
Well-trained, certified home					



health care providers								
Affordable I health care providers	nome]					
Health care professiona speak differ languages	ls who		3					
Other]					
SOCIAL PARTIC	SOCIAL PARTICIPATION							
24. About how fin your comi social media	nunity?	This in	terac	tion could	be by phon			
☐ More than	once/d	ay						
☐ About one	e/day							
Several til	mes/wee	ek						
☐ Once/wee	k							
Once eve		weeks						
Once/mor								
Less than	monthly	/						
☐ Never								
25. On average, a. Attend s				ous service	es, or meet	ings?		
☐ Daily	☐ Daily ☐ Weekly ☐ Monthly ☐ Several times/year ☐ Never						Never	
b. Have co	ntact wi	th friend	s and	d family?				
☐ Da	ily	☐ Week	ly	☐ Monthl	·	everal nes/year	☐ Never	



26. Over the past two weeks, how often have you felt:

	Always	Often	Sometimes	Rarely	Never
Sad, depressed, or helpless					
Little interest or pleasure in doing normal enjoyable activities					
Anxious					
Relaxed					
Isolated					

RESPECT & SOCIAL INCLUSION

27. How important do you think it is to have the following in Santa Clara?

	Extremely	Very	Somewhat	Not Very	Not at All
	Important	Important	Important	Important	Important
Conveniently located entertainment venues					
Activities specifically geared to older adults					
Activities that offer senior discounts					
Intergenerational activities					
Accurate and widely publicized					



information about social activities			
A variety of cultural activities for diverse populations			
Local schools that involve older adults in events and activities			
Continuing education classes			
Social clubs such as for books, gardening, crafts, or hobbies			

CIVIC PARTICIPATION AND EMPLOYMENT

28. How important do you think it is to have the following in your community?

	Extremely	Very	Somewhat	Not Very	Not at All
	Important	Important	Important	Important	Important
A choice of volunteer activities					
Volunteer training opportunities to help you perform better in your volunteer roles					
Opportunities for you to participate in decision making bodies such as community councils or committees					



Easy to find information about local volunteer opportunities					
Transportation to and from volunteer activities					
. Which of the follow	ing best desc	ribes your cu	ırrent emplo	yment sta	tus?
☐ Self-employed,	part-time				
☐ Self-employed,	full-time				
☐ Employed, part-	-time				
☐ Employed, full-t	ime				
☐ Unemployed, bu	ut looking for v	vork			
☐ Retired, not wor	rking at all				
☐ Not in labor force	ce for other rea	asons			
How likely is it that than choosing to re Extremely likely Very likely Somewhat likely	tire and no lo		_	•	
■ Not very likely					
☐ Not sure					
31. Rate your ability	to pay for the	following:			
	Very Difficult	Somewhat Difficult	Somewhat Easy	Easy	Very Easy
Mortgage/Rent					
Utilities			П	П	
The state of the s	_	_	_		



Insurance			
Transportation			
Prescription Medications			
Home Maintenance/repairs			
Classes/recreation activities			
Other			

COMMUNICATION & INFORMATION

32. Would you turn to the following resources if you, a family member, or friend needed information about services for older adults, such as caregiving services, home delivered meals, home repair, medical transport, or social activities?

Santa Clara Senior Center	☐ Yes	☐ No
Local Area Agency on Aging (AAA)	☐ Yes	☐ No
Family or Friends	☐ Yes	☐ No
Local nonprofit organization	☐ Yes	☐ No
please specify		
Faith-based organizations such as churches, mosques,	☐ Yes	☐ No
temples, or synagogues		
Internet	☐ Yes	☐ No
Phone book or 211	☐ Yes	☐ No
Doctor or other health care professional	☐ Yes	☐ No
County government offices such as the Department of Health	☐ Yes	☐ No
Library	☐ Yes	☐ No
City website	☐ Yes	☐ No
Other, please specify -	'	



33. How important do you think it is to have the following in the City of Santa Clara?

	Extremely	Very	Somewhat	Not Very	Not at All
	Important	Important	Important	Important	Important
Access to community information in one central source					
Clearly displayed printed community information with large lettering					
An automated community information source that is easy to understand, like a toll-free telephone number					
Free access to computers and the Internet in public places such as senior center, library, or government buildings					
Community information that is delivered in person to people who may not be able to leave their home					



34.	In general, how and information services?	•			·		
	☐ Several time	es a day		☐ Once	e every few week	(S	
	☐ About once/	day		☐ Once	e a month/less		
	☐ 3-6 days/we	ek		☐ Neve	er go online		
	☐ 1-2 days/we	ek					
35	. How do you pr	efer to receive i	nformat	tion?			
	☐ Newspaper			☐ Tele	vision		
	☐ Internet/ema	iil		☐ Adu	It Education Cata	alog	
	☐ City Hall Nev	ws (City newslett	er)	☐ Utilit	y Bill Insert		
	☐ Community	Channel 15		☐ Park	s & Recreation A	Activit	y Guide
SAN	TA CLARA SENI	OR CENTER					
36.	Do you utilize th	e Santa Clara S	enior C	enter?			
					☐ Y	es	☐ No
37.	If yes, how often	n?	-				
	1 -2	2 -3	3 -4		4 -5	U 5	5-6
	times/week	times/week	time	es/week	times/week	t	imes/week
	If no, what preve apply.)	ents you from us	sing the	Senior (Center? (Please	ched	ck all that
	☐ Don't know w	hat is offered					
	☐ Activities/pro	grams don't mee	t my nee	eds			
	☐ Hours of ope	ration don't meet	my nee	ds			
	☐ Transportation	n					



		Cost
		I don't identify with the name "Senior Center"
		Not Interested
		Other
		ou were to enroll/sign-up for a class/activity at the Senior Center, what ics appeal to you?
		Fitness/Exercise (weight training, aquatics, tai chi, yoga, Pilates, dance, cardio)
		Computers (Internet basics, email, graphic arts, research, cyber security)
		Crafts/Art (woodworking, jewelry making, photography, ceramics, painting)
		Lifelong learning (politics, history, poetry, creative writing, current events, environmental sustainability)
		Finances (retirement planning, mortgages, healthcare, budgeting)
		Safety and Protection (identity theft, personal safety, neighborhood watch, elder fraud)
		Health Education and Nutrition (living with chronic disease, fall prevention, healthy eating, disabilities)
		Housing (assisted living options, home maintenance & repair, adaption my home as I age, rate assistance programs, how to fill out forms)
Pleas	se u	ise the space below for any additional comments.

Thank you very much for completing this survey.
Your assistance in providing this information is greatly appreciated.

City of Santa Clara – Parks & Recreation Department – Senior Center 1303 Fremont Street – Santa Clara, CA 95050 – (408) 615-3170

Outreach and Engagement

Three-month process. Focused on older adult residents of Santa Clara ages 50 and over.

- → Online and Paper Survey Available at different locations
- → Focus Groups
 Held in different languages
- → Partner Engagement Meet with partners to develop recommendations that address needs and gaps in services





1500 Warburton Avenue Santa Clara, CA 95050 santaclaraca.gov @SantaClaraCity

Agenda Report

24-848 Agenda Date: 9/23/2024

SUBJECT

Senior Advisory Commission FY 2024/25 Work Plan & Goals Discussion

BACKGROUND

At the beginning of each fiscal year, the Senior Advisory Commission develops a Work Plan and a set of activities to focus Commission discussions and efforts throughout the year. The Plan is created using the eight (8) domains of the World Health Organization's Age-Friendly City framework, along with current trends relating to the senior population. The Plan is used to develop and propose policies and resources to meet specific resident needs. At the August 19, 2024 meeting, the Commission continued the discussion on Item 2. (RTC #24-677, Attachment 1) to the September 23, 2024 meeting.

DISCUSSION

The Senior Advisory Commission will consider the priorities and interests of older adult residents of Santa Clara ages 50 and over, and brainstorm potential goals utilizing the eight (8) domains of the Age-Friendly City framework:

- A. Economics and Employment,
- B. Community,
- C. Housing,
- D. Outdoor Spaces and Buildings,
- E. Transportation and Streets,
- F. Health, Wellness, and Nutrition,
- G. Social and Civic Engagement, and
- H. Access to Community Resources and Information.

At the September 23, 2024 Senior Advisory Commission meeting, the Commission will continue to discuss possible goals and various activities for the Commission Work Plan FY 2024/25. To prioritize the Work Plan, the Commission may consider resources available, as well as the Commissioner's interests. A draft Work Plan has been provided (Attachment 2) that may be used as a guide for the discussion. The Commission may take action to adopt the Work Plan when it is finalized.

ENVIRONMENTAL REVIEW

The action being considered does not constitute a "project" within the meaning of the California Environmental Quality Act ("CEQA") pursuant to CEQA Guidelines section 15378(b)(5) in that it is a governmental organizational or administrative activity that will not result in direct or indirect changes in the environment.

PUBLIC CONTACT

Public contact was made by posting the Senior Advisory Commission's agenda on the City's official -notice bulletin board outside City Hall Council Chambers. A complete agenda packet is available

24-848 Agenda Date: 9/23/2024

on the City's website and in the City Clerk's Office at least 72 hours prior to a Regular Meeting and 24 hours prior to a Special Meeting. A hard copy of any agenda report may be requested by contacting the City Clerk's Office at (408) 615-2220, e-mail clerk@santaclaraca.gov.

Prepared by: Jennifer Herb, Recreation Supervisor Reviewed by: Kimberly Castro, Recreation Manager

Approved by: Cynthia Bojorquez, Assistant City Manager and Acting Director - Parks & Recreation

ATTACHMENTS

- 1. RTC #24-677
- 2. Senior Advisory Commission DRAFT Work Plan FY 2024/25



1500 Warburton Avenue Santa Clara, CA 95050 santaclaraca.gov @SantaClaraCity

Agenda Report

24-677 Agenda Date: 8/19/2024

SUBJECT

Senior Advisory Commission FY 2024/25 Work Plan & Goals Discussion

BACKGROUND

At the beginning of each fiscal year, the Senior Advisory Commission develops a Work Plan and a set of activities to focus Commission discussions and efforts throughout the year. The Plan is created using the eight (8) domains of the World Health Organization's Age-Friendly City framework, along with current trends relating to the senior population, and developing proposed policies and resources to meet specific resident needs. At the June 24 meeting, the Commission voted to continue discussion on Item 24-575 (Attachment 1) to the July 22, 2024 meeting.

DISCUSSION

The Senior Advisory Commission will consider the priorities and interests of older adult residents of Santa Clara ages 50 and over, and brainstorm potential goals utilizing the eight (8) domains of the Age-Friendly City framework:

- A. Economics and Employment,
- B. Community,
- C. Housing,
- D. Outdoor Spaces and Buildings,
- E. Transportation and Streets,
- F. Health, Wellness, and Nutrition,
- G. Social and Civic Engagement, and
- H. Access to Community Resources and Information.

At the August 19, 2024 Senior Advisory Commission meeting, the Commission will discuss possible goals and various activities for the Commission Work Plan FY 2024/25. To prioritize the Work Plan, the Commission may consider resources available, as well as the Commissioner's interests. A draft Work Plan has been provided (Attachment 2) that may be used as a guide for the discussion. The Commission may take action to adopt the Work Plan when it is finalized.

ENVIRONMENTAL REVIEW

The action being considered does not constitute a "project" within the meaning of the California Environmental Quality Act ("CEQA") pursuant to CEQA Guidelines section 15378(b)(5) in that it is a governmental organizational or administrative activity that will not result in direct or indirect changes in the environment.

PUBLIC CONTACT

Public contact was made by posting the Senior Advisory Commission's agenda on the City's official -notice bulletin board outside City Hall Council Chambers. A complete agenda packet is available on the City's website and in the City Clerk's Office at least 72 hours prior to a Regular Meeting and

24-677 Agenda Date: 8/19/2024

24 hours prior to a Special Meeting. A hard copy of any agenda report may be requested by contacting the City Clerk's Office at (408) 615-2220, e-mail clerk@santaclaraca.gov.

Prepared by: Jennifer Herb, Recreation Supervisor Reviewed by: Kimberly Castro, Recreation Manager

Approved by: Cynthia Bojorquez, Assistant City Manager and Acting Director - Parks & Recreation

ATTACHMENTS

- 1. RTC 24-575 06-24-24
- 2. Senior Advisory Commission DRAFT Work Plan FY2024-25

City of Santa Clara Senior Advisory Commission Work Plan FY 2024/25



		T	1
Objectives	Ad Hoc	Timeline	Current Status &
	Sub- Committee		Budget Allocation
	Commissioner:		
	Commissioner.		
GOAL #2: Encourage and Promot	te the Use of Outdo	oor Spaces and E	Buildings
Objectives	Ad Hoc	Timeline	Current Status &
•	Sub- Committee		Budget Allocation
	Commissioner:		
COAL #2: Advances for Affordable	- Convenient and	l Cofo Transporte	tion and Ctreate
GOAL #3: Advocate for Affordable	e, Convenient, and	i Safe Transporta	tion and Streets
Objectives	Ad Hoc Sub-	Timeline	Current Status &
	Committee		Budget Allocation
	Commissioner:		
A. Send representative(s) to	Commissioner:		
attend Bicycle & Pedestrian			
Advisory Committee meeting.		<u> </u>	
GOAL #4: Develop Opportunities	to Promote Health	, Wellness, and I	Nutrition
Objectives	Ad Hoc Sub-	Timeline	Current Status &
•	Committee		Budget Allocation
Review current Senior Needs	All	During monthly	
		meeting.	
	Commissioners	1	
Assessment and provide input on survey content and outreach plan	Commissioners	in coming.	
Assessment and provide input on	Commissioners	g.	
Assessment and provide input on survey content and outreach plan			
Assessment and provide input on survey content and outreach plan to conduct a new survey in 2024			Current Status &
Assessment and provide input on survey content and outreach plan to conduct a new survey in 2024 GOAL #5: Provide Access to Com	nmunity Resources	s and Information	
Assessment and provide input on survey content and outreach plan to conduct a new survey in 2024 GOAL #5: Provide Access to Com	nmunity Resources	s and Information	Current Status &
Assessment and provide input on survey content and outreach plan to conduct a new survey in 2024 GOAL #5: Provide Access to Com Objectives	Ad Hoc Sub- Committee	s and Information	Current Status &

City of Santa Clara Senior Advisory Commission Work Plan FY 2024/25

